West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

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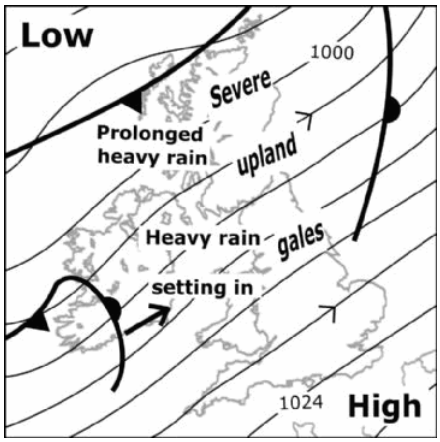
General Summary for Monday, 30 November, 2026



British Mountain Summary:
Based on forecast chart for noon 30 November, 2026

Storm-force winds on high mountains, plus powerful gusts to lower heights. Sustained heavy rain for western areas, all day in Scotland, setting in increasingly for England & Wales; less rain easternmost hills. Rapid thaw of previous snow. Flooding expected.

Headline for West Highlands

Severe gales on mountains; heavy rain all day.

Detailed Forecast for Monday, 30 November, 2026

How windy? (On the Munros)	Southwesterly 60 to 80mph; marked rise of wind speed with increasing height, but some powerful gusts reaching low slopes; top speeds lessening a little in the afternoon, but rising again into the night.
Effect of wind on you?	**Severe conditions all day on high terrain, any mobility very difficult on exposed tops, gusts could blow you over on eastern downslopes; challenging walking in places on lower hills with significant wind chill.**
How wet? (Precipitation and its impact)	**Prolonged heavy rain; flooding** Raining all day widely across the region, incessant heavy falls, may rarely cease, easing a little only into evening. Very wet underfoot as snow also melts, streams in spate and flooding develops.
Cloud on the hills?	**Extensive** Shrouding the mountains widely above 600 to 800m, sometimes lower coasts and near sea lochs. Highest breaks toward Creag Meagaidh and east of Rannoch Moor.
Chance of cloud free Munros?	**10%**
Sunshine? Air clarity (below cloud)	Overcast and murky. Hazy at best, but generally poor visibility.
How Cold? (at 900m)	Rising from before dawn up to 6C, tending to lift slightly further by late in the day. Feeling like -10C in the wind.
Freezing Level	Well above freezing to highest summits; rapid thawing of previously frozen terrain and snow cover on mountains.

West Highlands - Looking Ahead

	Tuesday 1 December	Wednesday 2 December
How windy? (On the Munros)	Southwesterly 50-70mph early in the day, but likely to drop markedly to 25mph or less by afternoon at least.	Westerly 25 to 35mph.
Effect of wind on you?	**Beware risk of severe conditions into the morning, but likely improving during the day to become fairly small.**	**Blustery, affecting ease of walking and balance on exposed higher terrain; considerable wind chill.**
How wet? (Precipitation and its impact)	**Rain persistent, starting to clear later** Frequent or persistent rain from overnight into the morning, likely continuing onward well into the day, tending to ease later afternoon, leaving showers, of snow above 800m. Streams in spate, flooding likely.	**Showers west Lochaber** Occasional showers most common west of Loch Linnhe, snow flurries on higher slopes above 800m, possible brief hail. Often dry well inland and southern areas.
Cloud on the hills?	**Extensive, but may lift and break** Shrouding the mountains widely from mid-elevations upward during rain, but bases may tend to rise and some breaks form with time, best inland across Lochaber.	**Varying over higher tops** Banks of cloud drifting over higher slopes mostly above 900-1000m, briefly lower toward Mull; more often clearing to higher slopes well inland.
Chance of cloud free Munros?	**20%**	**40%**
Sunshine? Air clarity (below cloud)	Largely cloudy, later a little sun may emerge. Visibility poor in rain, but becoming very good if this clears.	A little sun breaking through. Visibility mostly very good.
How Cold? (at 900m)	8C from dawn possibly until middle of day, then falling quickly toward 0C. Wind chill feeling -5 to -8C, but may vary.	0 or 1C. Feeling like -10C in the wind.
Freezing Level	Starting well above the summits, but during the day a rapid drop to 900-1000m, soonest in Lochaber - likely afternoon.	900-1000m, slightly higher nearest the coast and on islands.

Planning Outlook

All mountain areas of Britain from Tuesday, 1 December, 2026

High rainfall totals and a rapid thaw at the start of this week leads to flooding; expect some routes to be impassable. Dropping back sub-zero on Scottish tops by Tuesday into Wednesday, with a showery mix of rain, snow and hail. High pressure then builds later in the week bringing commonly dry conditions over a run of days into the weekend and beyond for some places; temperatures varying, some overnight frost, also fog. A mixed southwesterly may return to Scotland for a time with some rain mainly in the west. Onward into mid-December shows signs of colder weather patterns returning.

Forecast issued at 15:00 on Sunday, 29 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.