

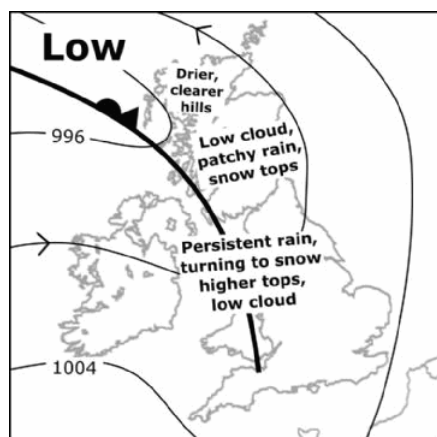
# Yorkshire Dales & North Pennines

The entire Yorkshire Dales National Park and North Pennines AONB, including the Three Peaks and Cross Fell, plus Howgills, also south to Forest of Bowland.



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## General Summary for Sunday, 1 February, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 1 February, 2026

Extensive low cloud and patchy areas of rain, or snow on higher mountains, merging into more constant precipitation from the west over England, Wales and southwest Scotland. Driest conditions for the coastal northwest Highlands. Improving afternoon for Wales. Variable winds, dropping fairly light Highlands.

### Headline for Yorkshire Dales & North Pennines

Rain most frequent western Dales, moderate wind.

## Detailed Forecast for Sunday, 1 February, 2026

<b>How windy? (On the summits)</b>	South-southwesterly 10-20mph, toward dusk shifting westerly and may become slightly stronger and gustier.
<b>Effect of wind on you?</b>	Fairly small, risk more noticeably blustery later in day and after sunset.
<b>How wet?</b> (Precipitation and its impact)	<b>Rain on-and-off, becoming more frequent at times heavy in west</b> Patches of rain will come and go throughout the day, but eastern areas drier in the morning. Becoming more frequent rain from west, heavier showery bursts mixed in with time, wettest western Yorks Dales. Late in day turning to snow on tops above 700-800m.
<b>Cloud on the hills?</b>	<b>Fairly extensive though variable</b> Cloud often shrouds high terrain above 600-700m, a few odd higher breaks may occur but also cloud filling in to lower slopes for periods where rain develops.
<b>Chance of cloud free summits?</b>	<b>40%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, visibility variable, at times good but turning poor in rain.
<b>How Cold? (at 700m)</b>	2C.
<b>And in the valleys</b>	4C from dawn, rising to 6C.

**All mountain areas of Britain from Monday, 2 February, 2026**

Southeast then easterly winds will prevail during the week ahead, strong to gale force over many hills for sustained periods. From Monday into Tuesday onward, colder air temperature and lower freezing level again, leaving mountain terrain widely frozen from mid-elevations upward, or to lower slopes in eastern Scotland. Further snow will affect eastern mountains, with additional accumulations and drifting. Some periods of hill snow for England and Wales into midweek. Cold easterly patterns are expected to continue onward into mid February, though higher pressure to the north may see reduced precipitation amounts, always driest with highest cloud in west.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.