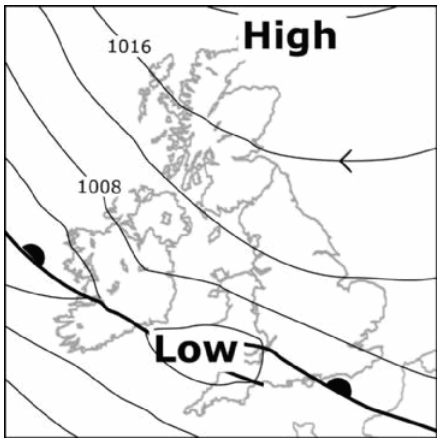
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

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General Summary for Sunday, 22 November, 2026



British Mountain Summary:
Based on forecast chart for noon 22 November, 2026

Windy across upland Britain, gales some higher areas, particularly Snowdonia. Extensively dry and cold and much terrain will be at least partially frozen. However, cloud progressively thicker southward across Wales, with an almost stationary area of rain South Wales.

Headline for West Highlands

Upland wind near gale. Fine; sunshine - extensive toward coast.

Detailed Forecast for Sunday, 22 November, 2026

How windy? (On the Munros)	Easterly, quickly increasing with height to 35 to 45mph. Very gusty in places, and particularly near the coast sudden powerful gusts penetrating to some lower slopes and valleys.
Effect of wind on you?	**Considerable wind chill and sometimes abruptly gusty winds will make walking and particularly balance difficult; sometimes on lower slopes.**
How wet? (Precipitation and its impact)	**Precipitation very unlikely** Isolated very light showers, giving snow flurries Loch Lomond NP and central highlands.
Cloud on the hills?	**Most or perhaps all mountains cloud free** Risk cloud forming on some higher slopes, most likely across Loch Lomond NP above 750m.
Chance of cloud free Munros?	**70%, but 90% Lochaber**
Sunshine? Air clarity (below cloud)	Bright sunshine, though cloud coming and going, most extensive Loch Lomond NP. Visibility excellent or toward the coast superb.
How Cold? (at 900m)	-1C, locally just above freezing point coastal summits.. Will feel as cold as minus 12C directly in the wind.
Freezing Level	850m. After a frost, terrain largely frozen lower slopes, particularly those out of the sun.

West Highlands - Looking Ahead

	Monday 23 November	Tuesday 24 November
How windy? (On the Munros)	Southeasterly 20 to 30mph, strongest western mountains.	South to southeasterly, strengthening quickly with height a very gusty 40-60mph. Ferocious gusts; some reaching valleys.
Effect of wind on you?	**Fairly small, particularly eastern summits, but higher up marked wind chill and significant buffeting elsewhere.**	**Severe wind chill and very difficult walking where exposed. Gusts may well knock you over - even on some lower slopes.**
How wet? (Precipitation and its impact)	**Precipitation unlikely** Possibly the odd very light shower or higher up snow flurry - most likely only Loch Lomond NP and island summits.	**Rain and snow increasingly** An area of rain, or away from coastal mountains, snow above 400 to 800m, will extend eastwards. Total precipitation smallest near and north of Glen Spean and Lochs Ossian and Treig, rarely ceasing elsewhere.
Cloud on the hills?	**May shroud higher areas toward Loch Lomond NP** Banks of cloud, base 700 to 900m, may be extensive Loch Lomond NP, but will probably break up northwards toward Lochaber.	**Extensive, or becoming very extensive. Lowest cloud generally toward south.** Some, perhaps most hills starting cloud free. Will deteriorate: In precipitation, cloud base will drop to 300-500m Loch Lomond NP and widely to 600-800m. However, most cloud above 1000m near and north of Glen Spean
Chance of cloud free Munros?	**60%**	**20%**
Sunshine? Air clarity (below cloud)	Bright sunshine, most widely Lochaber and very good or toward Lochaber excellent visibility.	Widely increasingly dull and misty with very poor in precipitation. However, there may be a little sun northern Lochaber where visibility very good.
How Cold? (at 900m)	-1C. Will feel as cold as minus 8C in the wind.	Varied: 2 to -2C, generally highest near the coast. Will feel as cold as minus 15C in the wind.
Freezing Level	800m. Lower areas partly frozen after a frost sheltered valleys.	Very varied: between 600m and mainly near the coast, above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 23 November, 2026

Colder than normal most mountain areas throughout next week. Precipitation and temporarily warmer conditions will occasionally penetrate across most southern and western mountains, but particularly later in the week, freezing level across Britain may drop to a few hundred metres - with much higher terrain persistently frozen. Most considerable snowfall is likely over the SE Highlands and perhaps Scottish Border hills.

Forecast issued at 12:20 on Saturday, 21 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.