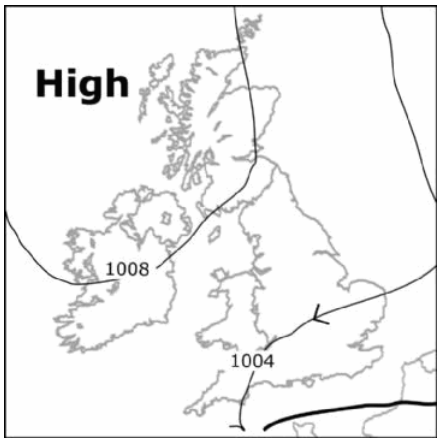
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

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General Summary for Friday, 20 November, 2026



British Mountain Summary:
Based on forecast chart for noon 20 November, 2026

Most of Britain fine and sunny but snow showers far north and cloud and a little rain will clear gradually southward from S Pennines and N Wales - persisting S Wales. Across Scotland, terrain extensively frozen, and partly frozen southward into N England.

Headline for West Highlands

Bright sunshine. Terrain mostly frozen. Little wind.

Detailed Forecast for Friday, 20 November, 2026

How windy? (On the Munros)	Northerly then variable, 10mph or less. Becoming almost calm on many summits.
Effect of wind on you?	**Negligible**
How wet? (Precipitation and its impact)	**Precipitation not expected**
Cloud on the hills?	**Very little: here and there patches lingering for some hours.** Mountains mostly cloud free, although here and there pockets of fog persisting for some hours higher slopes - mainly corries,
Chance of cloud free Munros?	**80%**
Sunshine? Air clarity (below cloud)	Bright sunshine. Visibility excellent.
How Cold? (at 900m)	-1C.
Freezing Level	800m. Lower terrain at least partly frozen, particularly valleys, after a frost.

West Highlands - Looking Ahead

	Saturday 21 November	Sunday 22 November
How windy? (On the Munros)	Variable direction below 10mph. Later easterly, rising toward 20mph, soonest Arran; may rise further into night.	Easterly 25 to 40mph, locally very gusty, sometimes on lower slopes. Strongest wind generally nearest coasts.
Effect of wind on you?	**Mostly negligible**	**Considerable wind chill and sometimes abruptly gusty winds will make walking and particularly balance difficult; sometimes on lower slopes.**
How wet? (Precipitation and its impact)	**No precipitation**	**Precipitation not expected**
Cloud on the hills?	**Little if any** Chance pockets of fog on.a few higher slopes, most likely in corries.	**Most or perhaps all mountains cloud free** Risk cloud forming on some higher slopes, most likely across Loch Lomond NP.
Chance of cloud free Munros?	**Almost certain**	**70%**
Sunshine? Air clarity (below cloud)	Extensive sunshine and superb visibility. Patchy fog in some glens.	Bright sunshine, though cloud may form in some areas. Visibility excellent or superb.
How Cold? (at 900m)	-2C, to nearer 0C coastal tops.	-2C. Will feel as cold as minus 12C directly in the wind.
Freezing Level	Much inland terrain frozen in morning, partial thawing sunlit slopes up to 700-800m, highest around coast & islands.	650m. Terrain frozen or partly frozen lower slopes, particularly those out of the sun.

Planning Outlook

All mountain areas of Britain from Saturday, 21 November, 2026

High pressure will bring a fine sunny weekend but extensively frozen terrain to most mountain areas. Bu Sunday, strengthening SE wind western Britain, and a band of rain will have edged into SW Wales - its exact penetration as yet uncertain.

Early next week, fronts and less cold conditions together with areas of upland gales will extend across Britain, turning to snow some higher areas. Nevertheless, total precipitation small N/NE Scotland.

Forecast issued at 8:07 on Friday, 20 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.