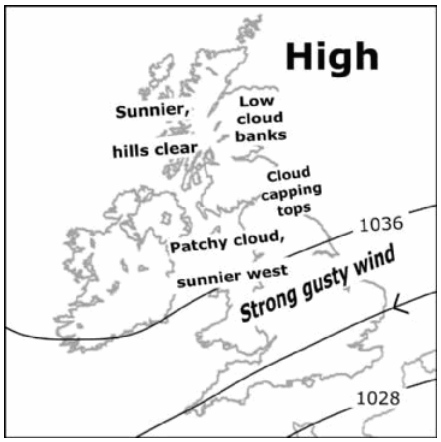
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

MWIS Mountain Skills and Weather - 24-25th October - Plas Y Brenin, Snowdonia
Indoor-outdoor skills course - introduction to mountaineering and understanding the weather

General Summary for Tuesday, 3 November, 2026



British Mountain Summary:
Based on forecast chart for noon 3 November, 2026

Cloud drifts across most eastern mountains, more broken westwards; some highest summits in Scotland close to the top of a cloud sheet at times. Local spots of light rain. Light wind northern Scotland, easterly winds elsewhere, stronger over England & Wales. Sunniest toward all western coasts.

Headline for West Highlands

Sunshine best west, patchy cloud;
mostly light wind.

Detailed Forecast for Tuesday, 3 November, 2026

How windy? (On the Munros)	Southeasterly 10mph or less much of Lochaber, to more often 10-15mph coastal areas, at times 20mph on and near Arran.
Effect of wind on you?	**Mostly small.**
How wet? (Precipitation and its impact)	**Rain unlikely** Chance of a little drizzle near Loch Lomond to Arran.
Cloud on the hills?	**Varied banks, clearer west** Patchy cloud banks clinging around some upper slopes, but highest tops may occasionally poke out just above the cloud or between banks. Western mountains in Lochaber often clear.
Chance of cloud free Munros?	**60%, to 80% west of Loch Linnhe**
Sunshine? Air clarity (below cloud)	Sunshine best near to western coasts, but southern areas may be cloudier. Visibility very good; patchy fog in glens in morning.
How Cold? (at 900m)	4 or 5C, little change with added height; some lower terrain starts colder.
Freezing Level	Above the summits, but pockets of frost both higher and lower slopes at dawn.

West Highlands - Looking Ahead

	Wednesday 4 November	Thursday 5 November
How windy? (On the Munros)	Southeasterly 10 to 15mph, or less in Lochaber; local gustier 20mph around Arran and Loch Lomond.	East to southeasterly 15 to 25mph, strongest toward south, perhaps 30mph around Arran and Clyde sea lochs.
Effect of wind on you?	**Mostly small.**	**Fairly small in Lochaber, but may start to affect comfortable walking over more southern mountains.**
How wet? (Precipitation and its impact)	**Rain not expected most places** Odd spots in the wind may occur around cloud near Loch Lomond and Arran.	**Rain unlikely most places** Chance of odd spots of light rain Loch Lomond NP.
Cloud on the hills?	**Little west, local patches, fog south** Low level fog most widely near the central lowlands in morning. Patchy cloud drifting onto some slopes, mostly areas inland plus around Loch Lomond to Arran; some highest summits just above the patches. Very little cloud much of the west coast and Lochaber.	**Some cloud banks, clearer west** Mountains west of Loch Linnhe and Glen Etive often free of cloud. Patchy cloud around some slopes inland and mainly southern areas, base around 800m, whilst highest tops poke just above the cloud.
Chance of cloud free Munros?	**70%**	**70%**
Sunshine? Air clarity (below cloud)	Sunniest toward west Lochaber, patchy cloud inland and south. Visibility very good west, but some glens and especially southern areas foggy.	Sunshine best around toward and west of Loch Linnhe. Visibility excellent out of cloud.
How Cold? (at 900m)	2 or 3C.	2C, up to 4C more western tops.
Freezing Level	Above the summits, but frost in morning in some glens and upland hollows.	Close to freezing point on higher tops; frost early in day in sheltered spots both higher and lower slopes.

Planning Outlook

All mountain areas of Britain from Wednesday, 4 November, 2026

High pressure persists toward the north this week, maintaining quiet weather conditions. Easterly winds prevail, strongest during midweek over England & Wales, tending to lessen toward the weekend; wind often lighter and variable toward northern Scotland. Largely dry, local light showers or drizzle mostly in the east. Variable amounts of cloud covering hills, some higher Scottish tops emerging above an inversion at times. Sunnier and clearer near to western coasts. Generally just above freezing over the mountains, but local pockets of frost in shelter and in glens; toward the weekend, high Scottish tops dip just below freezing.

Forecast issued at 16:25 on Monday, 2 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.