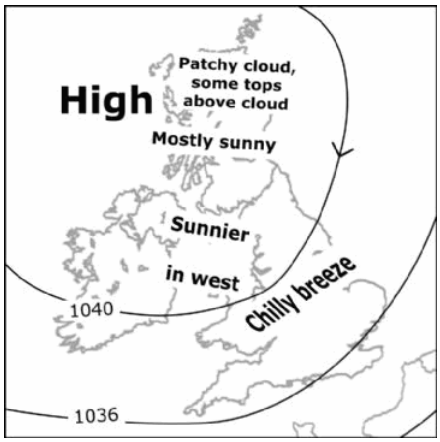
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

MWIS Mountain Skills and Weather - 24-25th October - Plas Y Brenin, Snowdonia
Indoor-outdoor skills course - introduction to mountaineering and understanding the weather

General Summary for Monday, 2 November, 2026



British Mountain Summary:
Based on forecast chart for noon 2 November, 2026

Light winds for much of the Highlands; a stronger northeasterly breeze for England & Wales, particularly toward the south, feeling chilly. Generally dry, sunshine best in southern Scotland and toward the Irish Sea coast. Some cloud banks in northern Scotland, but high mountains may poke out above this.

Headline for West Highlands

Mostly light wind, sunshine and patchy cloud north.

Detailed Forecast for Monday, 2 November, 2026

How windy? (On the Munros)	Northerly 10 to 15mph, occasional 20mph in morning Ben Nevis group eastward, but dropping often to 10mph or less as the day goes on; shifting northeasterly.
Effect of wind on you?	**Mostly small; locally more noticeable early in day.**
How wet? (Precipitation and its impact)	**Rain not expected**
Cloud on the hills?	**Patches on some slopes in north, largely clear south** Patchy cloud banks around some upper slopes mainly in Lochaber, but highest summits may poke out above cloud at times. Local mist possible in glens. Hills generally clearer southwards.
Chance of cloud free Munros?	**70% Lochaber-Mull, to above 90% Loch Lomond-Arran.**
Sunshine? Air clarity (below cloud)	Patchwork of sun Lochaber-Mull, best toward south; sunny much of day Loch Lomond-Arran. Visibility excellent, some haze lower down.
How Cold? (at 900m)	2 to 4C, little change higher up on Munros.
Freezing Level	Above the summits, but patchy frost inland glens at first, also some sheltered higher slopes and corries.

West Highlands - Looking Ahead

	Tuesday 3 November	Wednesday 4 November
How windy? (On the Munros)	Easterly 10 to 15mph, locally 20mph Arran and southernmost hills in Loch Lomond NP, some gustier slopes develop.	Southeasterly 15mph, local gustier 20mph around Arran and Loch Lomond.
Effect of wind on you?	**Mostly small, more noticeable over southern areas.**	**Mostly small.**
How wet? (Precipitation and its impact)	**Rain unlikely** Chance of a little drizzle near Loch Lomond to Arran.	**Rain not expected**
Cloud on the hills?	**Varied banks, clearer west** Patchy cloud banks clinging around some upper slopes, but highest tops may poke out just above the cloud. Western mountains in Lochaber often clear.	**Mostly little, patches some slopes** Patchy cloud drifting onto some slopes, mostly areas inland plus around Loch Lomond to Arran; some highest summits just above the patches. Very little cloud much of the west coast and Lochaber.
Chance of cloud free Munros?	**60%**	**70%**
Sunshine? Air clarity (below cloud)	Sunshine best near to western coasts, but southern areas may be cloudier. Visibility very good.	Sunniest toward west Lochaber, patchy cloud inland and south. Visibility very good.
How Cold? (at 900m)	4 or 5C, little change with added height; some lower terrain starts colder. Feeling sub-zero in wind tops near Arran.	2 or 3C.
Freezing Level	Above the summits, but pockets of frost both higher and lower slopes at dawn.	Above the summits, but frost in morning in some glens and upland hollows.

Planning Outlook

All mountain areas of Britain from Tuesday, 3 November, 2026

A settled week ahead as high pressure resides toward the north. Easterly winds will prevail, strongest for Wales and the southern Pennines. Largely dry weather, whilst variable cloud will be drawn in from the North Sea, at times some light showers in eastern areas. Best chance for inversion conditions will be on higher tops in Scotland, emerging above cloud at times. Sunshine typically best toward western coasts. Temperatures mostly above freezing on high terrain, but some frost overnight in glens and some upland hollows; then cooler toward the weekend on tops. Quiet weather also likely as next weekend begins, perhaps further ahead, though a mixed Atlantic influence may return to Scotland.

Forecast issued at 16:00 on Sunday, 1 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.