

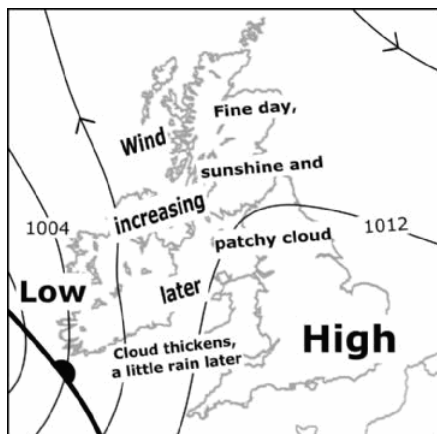
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 11 October, 2026



British Mountain Summary:

Based on forecast chart for noon 11 October, 2026

A fine day overall with light winds, sunshine and just patchy cloud around some mountain slopes. Isolated brief showers around coastal fringes at first will fade. Southerly winds tend to strengthen later in the day in western areas. Some patchy rain reaches southwest Wales.

Headline for West Highlands

Rare coastal showers otherwise dry, a lull in wind, plenty of sun.

Detailed Forecast for Sunday, 11 October, 2026

How windy? (On the Munros)	Northwesterly 20mph around dawn, local 25mph south, but soon easing to 10mph or less in morning. Turning southerly afternoon, starting to rise, to 20-25mph soonest coasts, then inland toward dusk; 40-45mph into night.
Effect of wind on you?	Mostly small though feeling chilly at first on tops. Later in day tending to become more blustery over coastal tops. Worsening conditions into night.
How wet? (Precipitation and its impact)	Early local light showers fade Brief scattered showers in morning, mostly near coasts west Lochaber to Mull of snow above 900m. Fading to be largely dry. Rain moves onto coast into night, later further inland.
Cloud on the hills?	Clearing most tops Patchy cloud around higher slopes mostly above 900m by mid morning, lifting and dispersing more with time to leave most mountains free of cloud in afternoon.
Chance of cloud free Munros?	80%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun; high cloud may start to build from west later. Visibility excellent; early mist some glens.
How Cold? (at 900m)	2C rising to 4 or 5C afternoon; little change from dusk, then rising slightly into night. Feeling like -5C if exposed to stronger breeze early and late.
Freezing Level	Slight frost inland glens at dawn. Around 1100-1200m in morning, rising higher, above all tops mid-afternoon onward.

All mountain areas of Britain from Monday, 12 October, 2026

Damp and mild southwesterly air moves across the country into Monday, winds strengthen again later to widely gale-force over the hills, heavier rain sweeps eastward overnight and into early Tuesday, followed by showers and a drop of temperature. Very unsettled west-southwesterlies continue into midweek - sustained mountain gales, possibly stormy at times and spells of heavy rain for all areas. A changeable westerly theme likely continues beyond mid-month - occasional windows of drier weather, but more often windy with rain or showers coming in from the Atlantic, sometimes cold enough to fall as snow on Scottish high tops.

Forecast issued at 16:30 on Saturday, 10 October, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.