

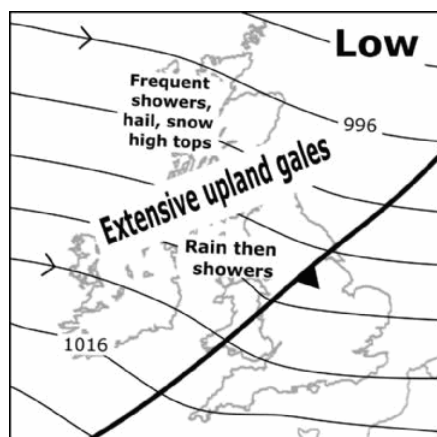
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 9 October, 2026



British Mountain Summary:

Based on forecast chart for noon 9 October, 2026

Gale-force winds across all mountains will make walking challenging and lower temperatures also adds to a significant chill factor. A front clears south over England & Wales with a spell of early rain. Then broadly showery, frequent in west, falling as snow on Scottish Munros, also hail.

Headline for West Highlands

Gales on tops, frequent showers with hail, and snow on tops.

Detailed Forecast for Friday, 9 October, 2026

How windy? (On the Munros)	Westerly sustained 35-45mph, very gusty, top speeds approaching 55mph.
Effect of wind on you?	Arduous walking, powerful gusts constantly challenging balance, sometimes requiring bracing. Significant wind chill.
How wet? (Precipitation and its impact)	Rain increasingly persistent, with hail Frequent showers stream in from the west, hail mixed in with snow above 900m. Rain becomes more persistent, some steady heavy falls near and west of Loch Linnhe. Chance of isolated lightning afternoon near coast.
Cloud on the hills?	Fairly extensive Tops above 1100m may rarely clear cloud, bases variable early between 700-1000m, or lower along the coast, and tending to fill in extensively, particularly Lochaber where bases reach as low as 400m in rain.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	A few glimpses of sun here and there. Visibility generally poor on high terrain, very poor in snow, hazy to the west.
How Cold? (at 900m)	3C. Feeling like -5 to -10C in direct wind.
Freezing Level	Just around the Ben Nevis summit.

All mountain areas of Britain from Saturday, 10 October, 2026

Next week sees continued mixed weather: bands of rain coming and going, temperatures similarly fluctuating: generally mild, briefly chilly in Scotland with freezing levels temporarily onto high Munros where rain turns to snow; any accumulating snow soon thaws. West-southwesterly winds will be dominant, often quite strong, gales at times, but this allows for drier, brighter windows on eastern hill groups between weather systems.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.