

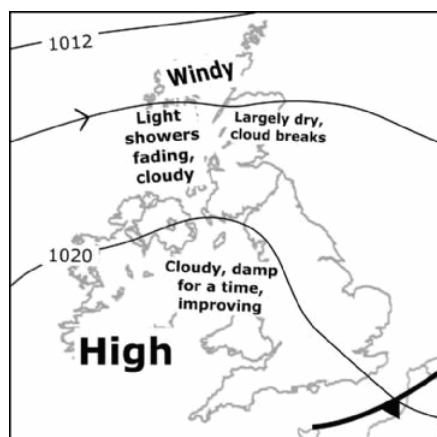
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



New SWIFT LT - Ultra-compact, featherweight lighting - USB-C rechargeable, rain resistant headlamp. 380 Lumens, perfect for lightweight adventures or as a reliable backup. Find out more at petzl.com

General Summary for Friday, 11 September, 2026



British Mountain Summary:

Based on forecast chart for noon 11 September, 2026

Fresh westerly winds will be strongest in northern Scotland, speeds lessening a little during the day, but feeling cool in exposure on tops. Light showers mainly in western Scotland tends to fade. Cloud often capping western tops, breaks forming higher with time; clearer hills toward east.

Headline for West Highlands

Breezy and cool on tops. Light showers and cloud.

Detailed Forecast for Friday, 11 September, 2026

How windy? (On the Munros)	Westerly later southwesterly 20 to 30mph, strongest in morning in Lochaber, lowest in south and slightly lessening more widely. Quite gusty over high tops. Rising rapidly onward into night to 70mph.
Effect of wind on you?	Ease of walking impacted on the high tops, feeling chilly; trending fairly small south. Deteriorating into night to severe gales on the mountains.
How wet? (Precipitation and its impact)	A little early rain and drizzle Spotty rain drifts from the west from dawn, a little drizzle over high western tops, easing, inland hills soon dry and gradually more widely dry, odd drizzly showers west. Rain develops into night, setting in heavy.
Cloud on the hills?	Lifting to high terrain, breaks inland Much terrain above 900m starts in cloud, ragged lower patches, to sheltered low slopes. Lifting, tending to break up with time, some summit breaks forming well-inland. Cloud continues to roll over high tops near the coast, only later breaking up.
Chance of cloud free Munros?	Rising to 40%, 60% well inland afternoon.
Sunshine? Air clarity (below cloud)	Patchy sun breaking out. Good visibility but a building haze west.
How Cold? (at 900m)	6C, rising a degree well inland. Feeling like -3 to -5C in direct wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Saturday, 12 September, 2026

Changeable west-southwesterlies prevail through mid September; often windy, gale-force winds for periods over higher terrain. An active frontal system sweeps southeastward on Saturday with a sustained fall of rain, accompanied by upland gales for most places. Improving for better weather on Sunday, then wind and rain returns into Monday, staying showery into Tuesday. A mixed outlook likely continues later next week with rain most frequent in western Scotland. Temperatures varying, some cooler days especially in Scotland, but often fairly mild further south, at times quite warm and humid.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.