

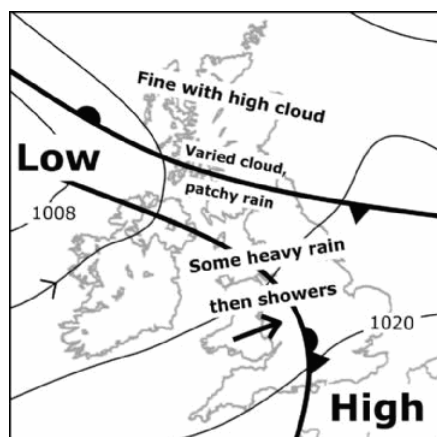
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 2 September, 2026



British Mountain Summary:

Based on forecast chart for noon 2 September, 2026

Much of the Highlands sees a fine day with fairly light winds; a veil of high cloud tends to thicken, risk of some rain later.

S Scotland & N England has more cloud, some rain. Heavier rain moves across Wales into Peak District, followed by showers on a strong southwesterly wind, quite humid.

Headline for West Highlands

Dry for many hours; risk rain, lowering cloud and windier later.

Detailed Forecast for Wednesday, 2 September, 2026

How windy? (On the Munros)	Variable or southerly, 10mph or less inland, 10-20mph southernmost areas, tending to rise during morning. Becoming south-southeasterly widely 15-25mph afternoon, 30-35mph by evening and switching southwesterly, soonest near to coast. Rising
Effect of wind on you?	Mostly small in morning, becoming more noticeably breezy with some gusty spots especially western areas, later in the day increasingly affecting ease of walking where exposed, deteriorating further into night.
How wet? (Precipitation and its impact)	Largely dry, then some rain develops from south Many hours substantially dry, but a little rain at times areas near Arran. An increasing risk during the afternoon of this patchy rain developing further over southwest coastal areas and then encroaching further inland and later northward, more persistent up to dusk.
Cloud on the hills?	Generally best north, risk of low cloud in south, more extensive later Varied patches early in day, but largely clearing many Lochaber hills, odd patches higher slopes. Further south, though some uncertainty, a greater risk of cloud banks persisting over hills, for periods may lift and break, but filling in increasingly if rain develops afternoon, later lowering cloud extending north.
Chance of cloud free Munros?	70% Lochaber, to 40% south, later falling to 10% increasingly widely.
Sunshine? Air clarity (below cloud)	Some glimpses of sun mainly through a thick veil of high cloud. Visibility mostly very good, some early patchy mist into glens; reducing later from southwest as rain occurs.
How Cold? (at 900m)	6C rising to 10C; starting warmer south, and temperature stays elevated into night; becoming humid. Feeling near freezing in direct wind later in the day.
Freezing Level	Above the summits. Some sheltered glens mainly inland may start with slight grass frost at dawn.

All mountain areas of Britain from Thursday, 3 September, 2026

A series of weather systems moves in from the Atlantic this week and next to bring spells of rain and showers, accompanied by frequently strong to gale force mountain winds. A window of better weather is likely this Saturday for Scotland and northern England, but further rain is expected to move into Wales, which then extends north by Saturday night and Sunday, possibly widely heavy rain and a risk of more powerful upland gales developing over Scotland into Sunday. Temperatures will vary, mildest toward the south, but some cooler air moves in from the north at times bringing higher Scottish tops close to freezing point.

Forecast issued at 16:30 on Tuesday, 1 September, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.