

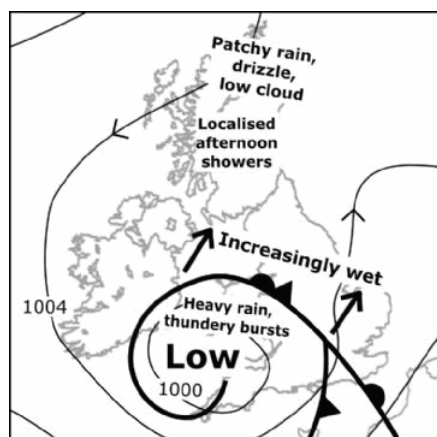
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 29 August, 2026



British Mountain Summary:

Based on forecast chart for noon 29 August, 2026

Northerly winds bring cloud and some light rain to northern Scotland, but winds fall light for much of the Highlands - varied low cloud banks tend to rise, isolated showers possible afternoon. Rain for Wales from early morning, extending further north over England during the day, often heavy, risk thunder.

Headline for West Highlands

Light wind. Varied cloud breaks; risk local showers.

Detailed Forecast for Saturday, 29 August, 2026

How windy? (On the Munros) Effect of wind on you?	North to northwesterly 10mph early morning, at times 15mph from dawn but soon easing. Dropping light and variable toward midday, rarely more than 5mph afternoon, odd gusts near showers. Feeling cool if on high tops at first, otherwise negligible.
How wet? (Precipitation and its impact)	Mostly dry, chance local showers later Fine drizzle if in cloud, perhaps a rare light shower otherwise largely dry over many hours, some places all day. Later afternoon onward, localised showery bursts possible, greatest risk in south.
Cloud on the hills? Chance of cloud free Munros?	Varied early cloud, lifting and breaking Cloud shrouds many hills from 400-500m up early, varied patches, some high slopes above or between cloud banks for a time. Bases lifting, breaking up somewhat, some hill groups substantially clearing cloud, but patches may drift around some tops into afternoon, filling in locally mainly if showers form. 40% rising to 70%
Sunshine? Air clarity (below cloud)	Patchy sun breaking through, locally more extensive sun for periods but trending overcast with time especially in south. Visibility mostly very good away from cloud banks.
How Cold? (at 900m) Freezing Level	9 or 10C, rising a degree, locally to 12C well-inland afternoon. Above the summits.

All mountain areas of Britain from Sunday, 30 August, 2026

A generally unsettled outlook through the extended weekend and into the start of September with frequent rain and strong winds. Areas of low pressure and frontal systems move in from the Atlantic . Dropping cooler, notably chilly over Scottish mountains into Tuesday, close to freezing point on highest summits with significant wind chill in strong westerlies. A brief window of better conditions into Wednesday soon deteriorates from the west as southwesterly winds strengthen , reaching gale force over the mountains frequently in the second half of the week. Heavy rain most prolonged in the west where increasingly wet underfoot. Likely staying unsettled into next weekend and the following week.

Forecast issued at 16:29 on Friday, 28 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.