

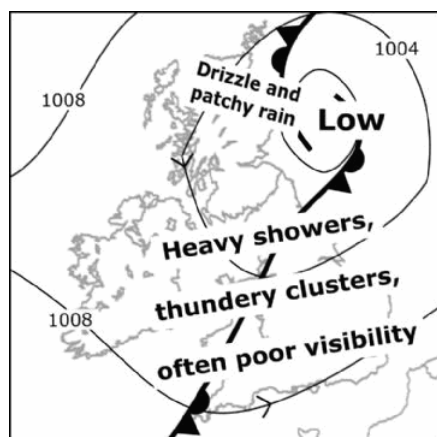
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 28 August, 2026



British Mountain Summary:

Based on forecast chart for noon 28 August, 2026

Frequent rain for England and Wales well into the day, clustering into heavy falls and local thunderstorms; poor visibility on many tops and some fast flowing streams. Easing to lighter showers later. Rain and drizzle over north and notably east Scotland, best of clear hills west highlands. Widely warm and humid.

Headline for West Highlands

Some drizzle and varied hill cloud, tending to break up

Detailed Forecast for Friday, 28 August, 2026

How windy? (On the Munros)	Northerly, trending northwesterly with time, 10-15mph and likely lower in places. A little gustiness beginning to form along the coast towards southern islands and Ben Lomond.
Effect of wind on you?	Small.
How wet? (Precipitation and its impact)	Some drizzle and patchy rain Some drizzle over well-inland high terrain, most persistent towards Craig Meagaidh. Some scattered patches will form here and there afternoon. Driest conditions towards the coast from Mull southward.
Cloud on the hills?	Most extensive inland and north, tending to break up Central highlands hills shrouded fairly extensively from dawn, few breaks above 700m. Starting well-broken towards the west coast, and some southern areas seeing cloud lift and break up as cloud begins to fill in from the north for a time (this also breaking up afternoon).
Chance of cloud free Munros?	50%
Sunshine? Air clarity (below cloud)	Patchy sunshine particularly along the coast and for a time in the south; visibility will vary considerably, but very good where out of cloud.
How Cold? (at 900m)	11 or 12C, rising slightly, perhaps towards 14C southern hills.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Saturday 29 August	Sunday 30 August
How windy? (On the Munros) Effect of wind on you?	Variable 10mph, sometimes less. Later, may shift easterly, speeds locally to 20mph. Negligible.	Generally southerly, 5 to 15mph, though variable in both speed and direction. Small.
How wet? (Precipitation and its impact)	Some drizzle and patchy rain Drizzly on high terrain early, fading, but odd patches of rain form here and there too; rainfall totals small. A rising risk of heavier showery bursts forming later.	Patchy rain, heavier falls forming Patchy rain here and there much of the day, generally local in nature, with early drizzle on coastal high terrain. Heavier falls will form as well, more widely later.
Cloud on the hills? Chance of cloud free Munros?	Fairly extensive, breaking up for a time Cloud shrouds many hills from 400-500m up early, lower patches here and there. Bases lifting, breaking up somewhat, some hill groups substantially clearing cloud for a time but banks cover the tops where rain occurs. Later, filling in more widely. 40%	Lifting for a time Shrouding most terrain from middle slopes upward, locally into the glens where rain occurs. A lifting trend, may break up somewhat for a few fleeting breaks above 1000-1100m, but increasingly extensive again over high terrain as rain increases, and lowering. Rising to 40% for a time
Sunshine? Air clarity (below cloud)	Patchy sun early in the day, locally more extensive but trending overcast with time. Visibility quite good but will deteriorate where rain occurs.	A few sunny glimpses, may break more for a time, but then trending overcast with visibility deteriorating.
How Cold? (at 900m) Freezing Level	9 or 10C, rising a degree, locally to 12C well-inland. Above the summits.	7 or 8C, rising a degree, or locally to 10C. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 29 August, 2026

A generally damp weekend ahead, particularly in England and Wales: several bands of rain will pass west-to-east, cloud often shrouding hills, particularly west where only slightly improving away from the main areas of rain. Some stronger wind will affect Wales at times, notably south. Less rain over Scotland, though a little drizzly rain here and there will become local showery bursts through afternoon; variable cloud, tending to lift during the day but returning where rain forms. Also minimal wind in Scotland, mild temperatures.

Westerly flow is expected next week, drawing cloud and showers into western areas, particularly in Scotland, with periods of strong wind and broader areas of rain more widely across the country. Best of bright breaks to the east.

Forecast issued at 16:26 on Thursday, 27 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.