

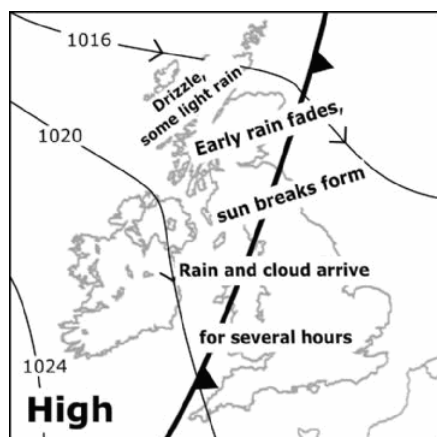
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 14 August, 2026



British Mountain Summary:

Based on forecast chart for noon 14 August, 2026

A band of rain over central Scotland in the morning sweeps into England and Wales; some heavy bursts with extensive cloud. Rain eases afternoon, to patches over Wales and the Peak District. Drizzle and light rain follows in west Scotland, little reaching eastward where high cloud breaks form.

Headline for West Highlands

Drizzly and some light rain north, breaks inland and south

Detailed Forecast for Friday, 14 August, 2026

How windy? (On the Munros)	West-southwesterly 15-25mph, slight northwesterly shift afternoon.
Effect of wind on you?	Fairly small, but some notable breezes over high tops at times.
How wet? (Precipitation and its impact)	Patchy rain, some drizzle Periods of rain affect the hills near and west of Loch Linnhe most of the day, generally light in nature, drizzly on high terrain here. Further south and east, rain patchier, increasingly dry windows. Just at dawn, a risk of heavier rain lingering from overnight.
Cloud on the hills?	Fairly extensive Near and west of Loch Linnhe will be shrouded from lower slopes up much of the day, to coastal cliffs in rain. To the south and east, some variability, may lift towards 700-800m during drier windows, perhaps higher later, but returning lower at times too.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	A few glimpses of sun here and there, but often overcast, dull along the coast. Generally poor visibility, but good if below cloud and rain.
How Cold? (at 900m)	10 to 12C at dawn, mildest inland where may briefly rise a degree; lowering towards 9 or 10C widely, coolest along the coast, further lowering overnight.
Freezing Level	Above the summits.

All mountain areas of Britain from Saturday, 15 August, 2026

Though the weekend, high pressure is never far away to the southwest, keeping conditions generally drier and brighter across England and Wales, though a northwesterly flow will bring some cloud to western hills. Scotland is more often cloudy with patchy rain, mostly north and west, and a rising risk of cloud and some bursts of rain more widely into Sunday with fresher air. Windier and wetter conditions are indicated next week, though day-by-day detail is currently uncertain. Monday sees a rising risk of strengthening wind and rain, at least in northern areas, then a blustery northwesterly wind draws fresher air and showers more widely through midweek; some drier, brighter windows to the east. Staying mixed into next weekend.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.