

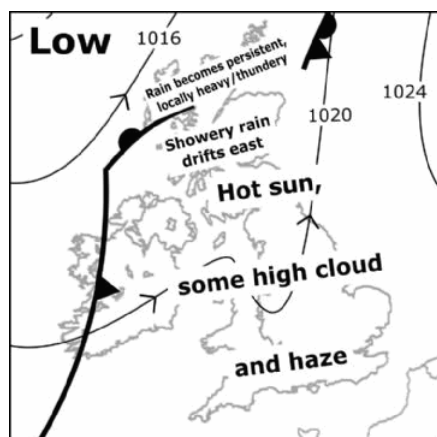
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 13 August, 2026



British Mountain Summary:

Based on forecast chart for noon 13 August, 2026

Exceptionally hot in England and Wales, fire risk remains high. Despite haze and high cloud, beware sunburn and dehydration. Warm too in Scotland. Hill cloud and showery rain affects west Scotland from morning, patches spreading east; rain becomes frequent west Scotland later with heavy bursts.

Headline for West Highlands

Periods of rain, frequent later north, heavy bursts

Detailed Forecast for Thursday, 13 August, 2026

How windy? (On the Munros)	Southwesterly between 15 and 25mph, strongest near and west of Loch Linnhe, where sustained speeds will approach 30-35mph through afternoon.
Effect of wind on you?	Mostly fairly small, though walking becomes strenuous on high Lochaber summits later in the day.
How wet? (Precipitation and its impact)	Patchy rain, becoming frequent with heavy falls Pulses of rain drift from the southwest through morning, most common Jura and northward; generally light and patchy eastward. Becoming more frequent as afternoon goes with extended heavy falls, risk of thunder in the north.
Cloud on the hills?	Fairly extensive Conditions will vary, with breaks above 900m north from Rannoch Moor. But elsewhere, particularly in and after rain, cloud filling in at or below 500m, forming below 300m west of Loch Linnhe. As afternoon goes, cloud will fill in more extensively to middle slopes.
Chance of cloud free Munros?	20%, reducing with time
Sunshine? Air clarity (below cloud)	Glimpses of sun well inland through morning, overcast along the coast and more widely overcast with time. Visibility poor in cloud and rain, hazy south.
How Cold? (at 900m)	13 or 14C, warmest around the southern islands and Ben Lomond where rising a degree.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Friday 14 August	Saturday 15 August
How windy? (On the Munros)	West-southwesterly 15-25mph, slight northwesterly shift afternoon.	West-northwesterly 20-30mph, strong gusts over high tops approaching 40-45mph early. An easing tendency.
Effect of wind on you?	Fairly small, but some notable breezes over high tops at times.	Blustery in exposure, strongest gusts challenging stability with a wind chill; effects easing.
How wet? (Precipitation and its impact)	Patchy rain, some drizzle Periods of rain affect the hills near and west of Loch Linnhe most of the day, generally light in nature, drizzly on high terrain here. Further south and east, rain patchier, drier windows later.	Showery rain Frequently raining on coastal slopes from Mull northward, showery patches drifting further south and east. Best chance of dry windows towards Loch Lomond, but clusters of heavier rain will pass eastward as well.
Cloud on the hills?	Fairly extensive Near and west of Loch Linnhe will be shrouded from lower slopes up much of the day, to coastal cliffs in rain. To the south and east, some variability, may lift towards 700-800m during drier windows but returning lower.	Fairly extensive Hills near and west of Loch Linnhe shrouded from middle slopes up most of the day, to lower slopes at times towards the coast. To the south, cloud more variable, some breaks towards high terrain early, but filling in extensively at times too.
Chance of cloud free Munros?	20%	20% (40% southernmost hills early)
Sunshine? Air clarity (below cloud)	Little or no sun, often dull near the coast. Poor visibility.	Bursts of sunshine, mostly south, trending cloudier. Varied visibility, sometimes good out of cloud and rain but a light coastal haze.
How Cold? (at 900m) Freezing Level	10 to 12C at dawn, mildest inland, lowering towards 9 or 10C widely, coolest along the coast, further lowering overnight. Above the summits.	7C, rising a degree well-inland. Feeling near freezing in early strongest wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 14 August, 2026

Some rain and a fresh northwesterly breeze slips into England and Wales on Friday . Though weekend, high pressure is never far away to the southwest, keeping conditions generally drier and brighter across England and Wales , though a northwesterly flow will bring some cloud to western hills. Scotland is more often cloudy with patchy rain, mostly north and west.

Mixed conditions early next week with periods of rain and sunny bursts. High pressure remains present to the southwest of the British Isles, maintaining the possibility of drier brighter days; detail remains uncertain regarding risk of more unsettled weather. Temperatures likely nearer average.

Forecast issued at 16:18 on Wednesday, 12 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.