

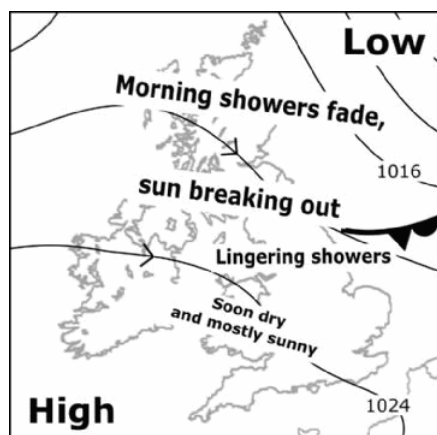
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 6 August, 2026



British Mountain Summary:

Based on forecast chart for noon 6 August, 2026

Blustery with showers into Scotland and northern England in the morning; wind and rain easing, sun breaking out with time, mild high temperatures. Risk more frequent showers and strong wind in the Peak District through morning, improving afternoon. Rare early showers in Wales, cloud clearing most hills.

Headline for West Highlands

Few early showers; clouds lifts, breaks forming

Detailed Forecast for Thursday, 6 August, 2026

How windy? (On the Munros)	Northwesterly 25-30mph early, soon easing and shifting westerly 10-20mph well into the day.
Effect of wind on you?	Fairly small, but feeling rather chilly in exposure to breeze on higher terrain early in the day.
How wet? (Precipitation and its impact)	Brief showers but most hills dry; rain returns late Well scattered light showers, often dry, showers most likely to come and go near the coast and islands during the day. Later, patchy rain returns from the west, increasingly frequent into and overnight.
Cloud on the hills?	Lifting with breaks to tops Most cloud soon above 700-800m in the morning, lifting higher. Patches likely to come and go above 1000-1100m, best breaks above summits inland towards Bridge of Orchy. Tending to lower over coastal tops later in day.
Chance of cloud free Munros?	Rising to 50%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun. Visibility very good.
How Cold? (at 900m)	5C rising to 7C afternoon (a degree cooler Lochaber coast); staying elevated into night. Feeling below freezing if exposed to the wind on tops.
Freezing Level	Only just above freezing point on Ben Nevis summit early in the day.

All mountain areas of Britain from Friday, 7 August, 2026

Westerly winds prevail into the weekend and further weather fronts will come in off the Atlantic, bringing rain and low cloud to most mountains. Saturday into Sunday in particular will see extensive cloud and heavy rain across Scotland with strong wind, bands of rain passing to the south and east into England and Wales. A ridge of high pressure returns early next week for warmer temperatures and clearer hills, though western Scotland likely remains fairly cloudy with some drizzle on the high tops. Following this high pressure, west-southwesterly flow returns and a series of low pressure systems will pass west-to-east across the British Isles with periods of strong wind (sometimes gale-force), rain, and low cloud, western hill groups away most affected. Unsettled conditions likely persist into next weekend.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.