

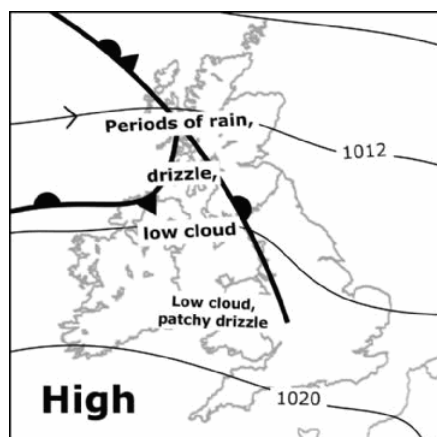
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 27 July, 2026



British Mountain Summary:

Based on forecast chart for noon 27 July, 2026

Fresh to strong west to southwesterly winds, rather cool on Scottish tops. Rain and drizzle frequent in western Scotland, patchier eastwards. Some drizzly rain for Lakes and north Wales. Low cloud affecting most western hills, higher bases eastwards.

Headline for West Highlands

Blustery, rain and drizzle, low cloud shrouds hills.

Detailed Forecast for Monday, 27 July, 2026

How windy? (On the Munros) Effect of wind on you?	West-southwesterly, often 30mph, to 35mph southern Munros, and tending to strengthen widely, to 40mph Arran and southern Loch Lomond NP in gusts, more sustained during afternoon. Ease of walking impacted in exposure, becoming strenuous, to arduous south with balance challenges. Considerable wind chill on high terrain.
How wet? (Precipitation and its impact)	Drizzly rain becomes steady rain for several hours Rain drifts from the west much of the day, generally light in nature early in the day with dry windows inland, but also often drizzly on the high tops in cloud. From late morning into afternoon, steadier rain setting in from the west, remaining drizzly later in day, then heavier rain again into night.
Cloud on the hills? Chance of cloud free Munros?	Becoming fairly extensive The hills generally in cloud from 900m up in the morning, higher bases inland, some breaks. Becoming extensive with bases lowering as midday approaches, widely below 600-800m afternoon, or lower west. A few odd late breaks possible. 20%, dropping below 10%
Sunshine? Air clarity (below cloud)	Early patchy sun becomes shrouded by cloud, dull through afternoon with poor visibility in cloud and rain; a few odd glimpses later.
How Cold? (at 900m) Freezing Level	7C rising to 10 or 11C, soonest in south, widely afternoon, little change into night. Feeling like 0 to -3C in wind on the Munros. Above the summits.

West Highlands - Looking Ahead

	Tuesday 28 July	Wednesday 29 July
How windy? (On the Munros) Effect of wind on you?	Southwesterly 40 to 55mph, gusts 70mph around higher mountains. Difficult walking conditions on exposed higher terrain, gusts could knock you over. Considerable wind chill.	Southwesterly 25 to 30mph, may be nearer 40mph around dawn. Tending to lessen a little through afternoon. Blustery in morning at least, considerable buffeting at first lessening, but likely to affect balance in exposure all day.
How wet? (Precipitation and its impact)	Persistent rain, some heavy Rain or drizzle much of the day across the region, some more prolonged heavier falls. Rarely fully easing off, but some drier moments for areas well inland.	Risk persistent rain Rain on and off possibly much of the day, a mix of drizzle and some showery bursts, may set in for a few hours locally.
Cloud on the hills? Chance of cloud free Munros?	Extensive Blanket low cloud across the mountains, shrouding coastal areas from lower elevations upward for periods. Some higher bases above 700m inland. 10%	Fairly extensive Shrouding most high terrain all day, lowest bases on south-facing slopes toward coasts, to some mid-elevations. Breaks above 1000m inland Lochaber, best north. 20%
Sunshine? Air clarity (below cloud)	Generally overcast and dull, poor visibility much of day coastal areas, widely in rain.	Largely cloudy. Visibility poor around rain, improving below cloud inland if dry.
How Cold? (at 900m) Freezing Level	9 or 10C, little variation all day, local 12C Loch Lomond NP, quite humid. Feeling below freezing directly in wind. Above the summits.	9C, mostly little change, but some inland areas may reach 12C. Feeling near/below freezing in the wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 28 July, 2026**

Southwesterly winds will bring rain to most places early this week, some more prolonged heavier falls for western Scotland into Tuesday, accompanied by gales over high terrain, severe on Scottish tops, but rather humid for all, warm for England and Wales. Cooler air toward northwest Scotland moves across all of Scotland by Wednesday. Showery rain through mid-late week, some heavy and possibly thundery bursts, mainly Scotland. Likely drier for Wales and southern Pennines. Remaining very uncertain detail toward next weekend and early the following week, but indications favour a broad zone of low pressure bringing areas of rain and heavy showers through early August.

Forecast issued at 16:19 on Sunday, 26 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.