

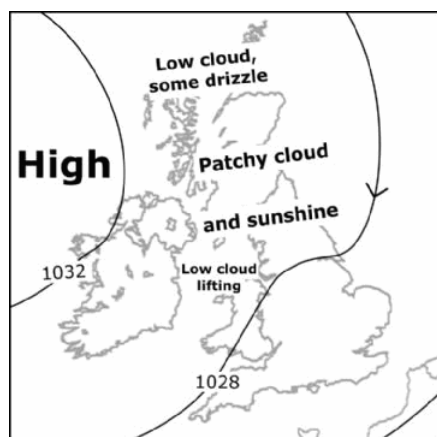
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 20 July, 2026



British Mountain Summary:

Based on forecast chart for noon 20 July, 2026

Some patchy drizzle and low cloud covering many northern mountains in the Highlands in the morning. Cloud persists on hills toward northwest coasts, tending to lift and break further inland. Hills in England & Wales mostly clear. Wind fairly light overall. Very dry ground and high fire risk remains.

Headline for West Highlands

Fairly light wind. Lowest cloud and damp near coasts, better inland.

Detailed Forecast for Monday, 20 July, 2026

How windy? (On the Munros)	North-northwesterly 10-15mph, occasionally 20mph over high tops and coastal Munros.
Effect of wind on you?	Fairly small.
How wet? (Precipitation and its impact)	Little or none A few spots of light rain drifting onto coastal Munros, mostly north of Mull, and more often entirely dry.
Cloud on the hills?	Lingering on high coastal terrain, good breaks forming inland and south Fairly extensive early near and north of Glencoe, and further south along the coast; some varied clear slopes, highest tops near the top of some cloud banks. Lifting to above 1000m inland and mostly breaking with time; banks cling at and above 800m Mull and northward.
Chance of cloud free Munros?	Rising to 50% coast, to 70% inland, 90% afternoon south.
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, increasingly sunny into later afternoon. Very good visibility.
How Cold? (at 900m)	7C rising to 10 to 13C, warmest well inland where locally reaching 15C; less rise along the coast.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Tuesday 21 July	Wednesday 22 July
How windy? (On the Munros) Effect of wind on you?	Northwesterly 15 to 25mph, strongest toward coast and islands, tending to strengthen, to 25-30mph by evening. Fairly small, but becoming more noticeable, may start to affect comfortable walking later with marked wind chill.	North to northwesterly 15 to 25mph, typically strongest on coastal mountains, more widely early in day, at times 30mph. Feeling breezy and rather cool on high terrain particularly morning, may start to affect balance on exposed ridges.
How wet? (Precipitation and its impact)	Drizzly showers mostly northwest Damp at times over coastal areas and islands, drizzle in the air most often near Mull to Ardnamurchan. Occasional drizzle inland, but often dry well inland and south.	A little rain mainly north Occasional patchy rain and drizzle mainly Lochaber to Mull. Largely dry further southwards, odd drizzly patches near to coasts.
Cloud on the hills?	Often covering higher western slopes Most persistent near/west of Loch Linnhe above 600-800m, lowest near Mull. Some higher breaks forming further inland above 1000m, well broken south. Above 1100-1200m may be near or above top of the cloud for periods.	Fairly extensive, rising and breaking Covering hills fairly widely above 700 to 900m in morning, lowest near coasts. Tending to lift above 1000m, breaks forming higher afternoon, best in south.
Chance of cloud free Munros?	30% W Lochaber, to 60% L.Lomond NP.	20% rising to 40% north, 60% south.
Sunshine? Air clarity (below cloud)	Fairly cloudy, sun breaking through mostly toward Loch Lomond NP. Visibility good below cloud, reduced locally if drizzly.	Fairly cloudy, some sun breaking through at times, better southwards. Visibility mostly very good below cloud.
How Cold? (at 900m) Freezing Level	8 to 12C, coolest where in cloud, all day west; warmest well inland afternoon. Feeling nearer 0C if exposed to wind. Above the summits.	8C rising to 10 to 13C, coolest coastal hills, warmest eastern Loch Lomond NP. Feeling near 0C in the wind early in day. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 21 July, 2026**

Largely dry weather prevails as high pressure remains nearby to the west. A northwesterly flow keeps temperatures nearer to average for the time of year, dawn temperatures in the middle single digits in Scotland; staying warm in England and Wales but maximum summit temperatures only to the high teens. Cloud and drizzle affects northwest Scotland more often, occasionally drifting further south. Despite this, ground remains very dry with high fire risk, with ongoing wildfire management limiting access in places. A more unsettled trend develops during next weekend, bringing wind, rain and showers first to Scotland and increasingly widely. England and Wales remain quite warm.

Forecast issued at 16:00 on Sunday, 19 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.