

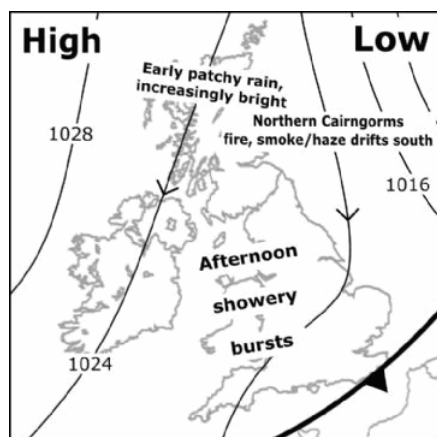
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 18 July, 2026



British Mountain Summary:

Based on forecast chart for noon 18 July, 2026

Fog and patchy light rain north Scottish highlands early, breaking for a dry bright afternoon; smokey views east Scotland. Warm and dry with widespread high fire risk. Sun and fair weather cloud England and Wales, afternoon scattered showery bursts from Yorks Dales NP southward to Wales.

Headline for West Highlands

Early cloud lifts above most or all summits; sunniest south

Detailed Forecast for Saturday, 18 July, 2026

How windy? (On the Munros)	Northerly 10-15mph, oriented northwesterly early hours. Strongest wind west and gusty over high tops and passes to 20-25mph.
Effect of wind on you?	Fairly small, though frequent nuisance gusts over high terrain.
How wet? (Precipitation and its impact)	Likely dry Occasional fine drizzle may drift around the high northern tops, notably Creag Meagaidh westward towards coastal Lochaber, but more often dry and elsewhere likely entirely dry.
Cloud on the hills?	Lifting above most summits Patchy cloud banks at dawn, mostly northern areas and near the coast; highest tops near the top of the cloud layer. Bases rise, shrouding high terrain for a time, but then likely above the tops afternoon; banks return to coastal tops at times. Southern Munros largely clear.
Chance of cloud free Munros?	Rising to 80%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun, more extensive sunshine south of Mull/Loch Linnhe in the morning. Very good visibility.
How Cold? (at 900m)	7 or 8C, rising to 11 to 13C, warmest Arran to Loch Lomond.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Sunday 19 July	Monday 20 July
How windy? (On the Munros)	Northerly 5-15mph, slightly northwesterly trend later and may rise slightly.	North-northwesterly 10-15mph, occasionally 20mph over high tops and coastal Munros.
Effect of wind on you?	Small.	Fairly small.
How wet? (Precipitation and its impact)	No rain expected	No rain expected
Cloud on the hills?	Little expected Patchy mist here and there west of Loch Linnhe early, little if any elsewhere. The hills clear most of the day, a few patches occasionally on high terrain from Mull northward (not necessarily tops), a more extensive layer returning here late in the day.	Lingering on high coastal terrain Fairly extensive early near and north of Glencoe, and further south along the coast; some varied clear slopes, highest tops may be near the top of the cloud. Lifting to above 1000m inland and mostly breaking with time; banks cling at and above 800m Mull and northward.
Chance of cloud free Munros?	80%	Rising to 50% coast, to 70% inland (higher south)
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sunshine. Excellent visibility.	A patchwork of cloud and sun, increasingly sunny into later afternoon. Very good visibility.
How Cold? (at 900m)	9C rising to 12 to 14C, warmest well inland. Less rise along the coast.	7C rising to 10 to 13C, warmest well inland where locally reaching 14C.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 19 July, 2026

Ground conditions remain very dry with wildfire risk; some areas in north Wales, the Peak District, and Cairngorms NP are currently inaccessible due to fire hazards. Weather remains settled late weekend into next week as high pressure persists west of Ireland. A northerly flow will cool temperatures slightly, dawn temperatures in the middle single digits in Scotland; staying warm in England and Wales but hill temperatures unlikely reaching the 20s. Cloud and drizzle starts to affect northwest Scotland more often, occasionally drifting further south, chance of an area of rain slipping south through the country Tuesday to Wednesday, though totals likely small. An unsettling trend is indicated for the following weekend, bringing wind, some rain, and cooler temperatures.

Forecast issued at 15:24 on Friday, 17 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.