

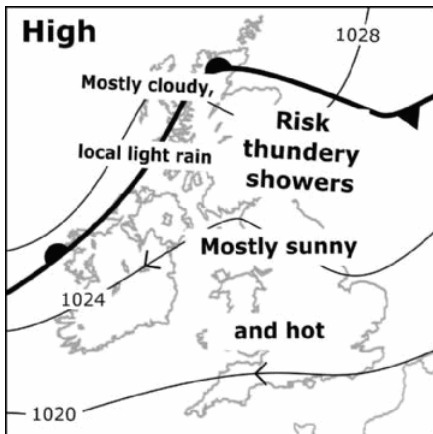
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 11 July, 2026



British Mountain Summary:

Based on forecast chart for noon 11 July, 2026

Fairly cloudy Scottish highlands, drizzly tops east where a risk of thundery showers; drier west, local bright breaks. A rising risk of heavy/thundery showers forming over Southern Uplands. Very warm and sunny in England, but high cloud and a risk of showers far north later. Extensive hot sunshine for Wales.

Headline for West Highlands

Warm, mostly cloudy, quite humid; local light rain

Detailed Forecast for Saturday, 11 July, 2026

How windy? (On the Munros)	Generally easterly but variable, 10-15mph, most notable breezes south of Glen Coe; locally lower speeds too.
Effect of wind on you?	Small.
How wet? (Precipitation and its impact)	Some patchy rain Patches of light rain here and there in the morning, most hills trending drier though a slight fine drizzle on high inland tops. Some patchy rain returns around Ben Nevis and Glencoe groups from time to time but probably amounting to little.
Cloud on the hills?	Fairly extensive Extensive from lower slopes upward at dawn; some varied broken cloud south of Loch Linnhe at first, but cloud arriving here too. Bases lift, unlikely rising above 800m well inland, lower in many places. Breaks approach 900m or higher towards the coast but some lower banks will form on slopes directly adjacent to the sea.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	Largely overcast, a few brighter moments towards the coast; poor visibility on high terrain, to very good below cloud.
How Cold? (at 900m)	12 to 14C, rising a degree; mildest to the south where also quite humid.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Sunday 12 July	Monday 13 July
How windy? (On the Munros) Effect of wind on you?	East-southeasterly 10mph, to 15mph far south; some variability, particularly north where speeds often below 10mph. Small to negligible.	Easterly 5-15mph, strongest south with notable gusts over tops and well downslope. Fairly small, but nuisance gusts common southern hill groups with some light buffeting.
How wet? (Precipitation and its impact)	Likely dry A small chance of a few spots of drizzly rain, but the Munros likely entirely dry.	No rain expected
Cloud on the hills? Chance of cloud free Munros?	Fairly extensive early, increasingly broken Fairly extensive at dawn, lowest bases well inland where fog in some glens; some clear windows between layers possible on higher terrain. Bases lifting and breaks forming, to banks above 1000-1100m inland, summits clear for periods. 20% rising to 50%, or 70% western hills	Mostly little Patchy banks of cloud on middle slopes well inland, thickest around Great Glen/Lochaber; tops will be above any cloud layer. After dawn, banks begin lifting to upper terrain, may approach 1100-1200m, but mostly dissipating; a few lingering banks near the Great Glen. 80% (summits above cloud at least early)
Sunshine? Air clarity (below cloud)	Overcast and misty inland at dawn, sun bursts increasingly common, particularly west where extensive on low slopes with excellent visibility.	Mostly sunny. Excellent visibility.
How Cold? (at 900m) Freezing Level	11 or 12C at dawn, lifting to 14C, or locally 15C north of Mull. Some glens approaching 20C. Above the summits.	10C rising to 14 or 15C; westernmost slopes warmest, locally to 16C. Western sunny glens approaching 25C. Above the summits.

Planning Outlook**All mountain areas of Britain from Sunday, 12 July, 2026**

Staying very warm late weekend into next week. High pressure north of the country keeps the skies mostly clear and facilitates an easterly flow, pushing the warmest temperatures to western hill groups. Northeastern areas will see early sea fog under the high pressure, this dissipating in the sun through morning. Scottish highlands seeing temperatures often rise into the mid-teens, valley temperatures to the 20s west; warmest Wales where hill temperatures often to 20C or higher. A fairly sustained breeze most of the week in England and Wales, at times stronger and quite gusty. Low pressure south of the country may push cloud and showers into Wales, though confidence remains low, and could remain largely dry. Detail uncertain later next week, but a milder northerly flow may begin to establish.

Forecast issued at 16:17 on Friday, 10 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.