

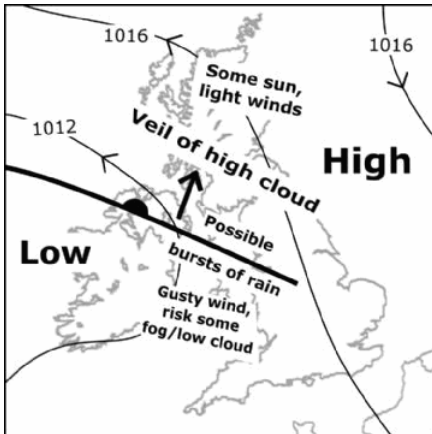
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 15 June, 2026



British Mountain Summary:

Based on forecast chart for noon 15 June, 2026

A largely dry day for the Highlands, light winds inland and north, some sun, but a layer of cloud increasingly covers the sky from the south, later some rain moving into coastal areas. A little rain for northern England and Wales, locally risk of a heavier burst of rain forming. Gusty southerly winds particularly Wales.

Headline for West Highlands

Breeze increasing coasts. Hazy sun, some rain develops later.

Detailed Forecast for Monday, 15 June, 2026

| | |
|---|--|
| <p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p> | <p>South-southeasterly 5-15mph, strongest coastal hills Arran to Mull and strengthening, 20-25mph south later; speed stays low inland north, though rising a little into evening, gustier 20mph by dusk onward more widely.</p> <p>Fairly small but increasingly blustery on southern hills near coasts.</p> |
| <p>How wet? (Precipitation and its impact)</p> | <p>Late patchy rain advancing north</p> <p>The morning is dry. Through afternoon, patchy rain approaches from the southwest, spreading northeast into evening, odd heavier bursts; Glen Spean largely dry until sunset, and then patchy rain more widely overnight.</p> |
| <p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p> | <p>Many summits clear until later</p> <p>Many slopes clear in the morning and onward into afternoon, but banks of cloud will form near the coast in the south as rain occurs from later afternoon onward, filling in over high terrain from the southwest into evening.</p> <p>80%, lowering late in the day</p> |
| <p>Sunshine? Air clarity (below cloud)</p> | <p>Often sunny through morning, high cloud gradually shrouds the sky afternoon. Very good visibility, a light coastal haze.</p> |
| <p>How Cold? (at 900m)</p> <p>Freezing Level</p> | <p>7 or 8C rising to 10C; only slightly cooling overnight.</p> <p>Above the summits.</p> |

West Highlands - Looking Ahead

| | Tuesday 16 June | Wednesday 17 June |
|--|---|---|
| How windy? (On the Munros) Effect of wind on you? | Southerly 15-25mph, strongest along the coast and at times rising to 30mph. Fairly small some inland slopes, but impeded in exposure, and more strenuous near the coast; notable wind chill. | South-southwesterly 25 to 35mph, strongest over Ben Nevis group and coastal areas, gusts 40mph in exposure. Strenuous walking over high terrain, in places more frequent buffeting affecting balance on ridges. |
| How wet? (Precipitation and its impact) | Patchy rain on and off, wetter later Bands of patchy rain come and go from the southwest, several dry hours possible after some early rain inland. Rain becomes more frequent through afternoon, may set in for several later hours, heaviest toward west. | Rain on and off Drizzle mixed with showery rain, more frequent rain for periods toward coast and islands, typically patchier further inland Lochaber toward Creag Meagaidh. |
| Cloud on the hills? Chance of cloud free Munros? | Fairly extensive Shrouding most Munros to middle slopes early, most extensive south and well-inland. Some improvement for a few afternoon hours, best Glen Spean where approaching 800m, some chance higher breaks, but returning extensively later in the day. 20% | Extensive, lowest coastal areas Covering many hills much of the day, to lower slopes in coastal areas for a time in rain, widely above 600-800m inland. Tending to rise afternoon, some breaks above 900m mostly well inland. 20% |
| Sunshine? Air clarity (below cloud) | Largely overcast, a few brighter moments possible north. Poor visibility on high terrain due to fog, better under cloud. | Rare brief sun, mostly inland Lochaber. Visibility good where dry and below cloud, mistier for periods western hills. |
| How Cold? (at 900m) Freezing Level | 7 to 9C, some variability, warmest where out of cloud. Feeling just above 0C in strongest wind. Above the summits. | 7C rising to 10C out of cloud in afternoon. Feeling just below freezing directly in wind. Above the summits. |

Planning Outlook**All mountain areas of Britain from Tuesday, 16 June, 2026**

A variable southwesterly will dominate through mid to late this week - windy at times with periods of rain, drizzle and low cloud most persistent in the west. Pressure generally trending higher from the south by the weekend, though into Saturday at least a damp westerly likely prevails into western Scotland. Warmest in England and Wales, but cooler in Scotland as low pressure to the northwest recycles air from the north Atlantic back onto the Munros. A window of drier and warmer weather is favoured into early the following week (22nd June), though a mixed Atlantic pattern may linger near to northwest Scotland in the longer range.

Forecast issued at 16:30 on Sunday, 14 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.