

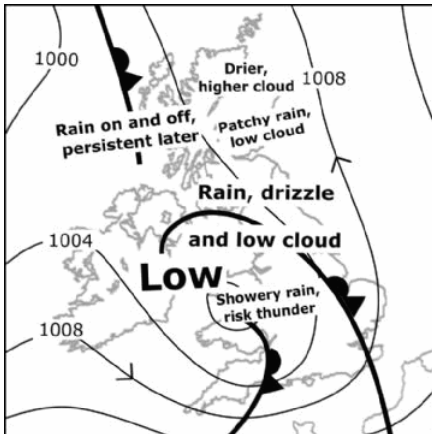
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 6 June, 2026



British Mountain Summary:

Based on forecast chart for noon 6 June, 2026

Patchy rain toward the south of the Highlands, and tends to become more persistent west coasts. Varied low cloud, higher breaks generally north. A swathe of rain and low cloud northern England and southern Scotland. Clusters of showery rain for Wales, heavy bursts with local thunder. Wind speeds varying.

Headline for West Highlands

Breezy, lessening. Patchy rain, drizzle, low cloud, poorest coasts.

Detailed Forecast for Saturday, 6 June, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>South-southeasterly, 25 to 30mph in the morning, gusty spots around high tops and particularly coasts, lessening to 15-20mph afternoon, locally less inland. Into night, south-southwesterly, tending to strengthen toward 30-40mph.</p> <p>Varying, most blustery in the morning, may start to affect balance on high tops and ridges, feeling rather chilly. Becoming fairly small with time.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Rain most persistent coastal hills, on and off widely</p> <p>A little patchy rain from dawn mainly southern hills. Coastal areas stay frequent damp with rain and drizzle, whilst inland Lochaber drier for periods in morning. Some steadier rain develops near coast, rain on and off extends widely inland afternoon, continuing rain on and off into evening, most in west.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Becoming extensive, lowest south/west</p> <p>Cloud banks covering coastal hills from early in day, varied patches inland, locally clearer near Glen Spean for a time. Cloud fills in and lowers more widely across hills, to low-mid slopes near coast and south.</p> <p>20%; 40% near Glen Spean early in day.</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Sun weak at best through high cloud early in day, widely overcast, increasingly dull. Visibility very good where dry, but reducing in rain, becoming poor.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>5C rising to 7C afternoon, or less rise near the coast. Feeling below freezing in the wind.</p> <p>Above the summits.</p>

West Highlands - Looking Ahead

	Sunday 7 June	Monday 8 June
How windy? (On the Munros) Effect of wind on you?	Southwesterly 25-35mph, may well strengthen to 40mph at times, though timing uncertain; greatest risk south. Walking often strenuous on high tops, some risk of more challenging conditions for periods with notable wind chill.	Southwesterly 20 to 30mph, at times 35mph high tops Lochaber to Mull. Feeling blustery, starting to affect comfortable walking and a noticeable chill on exposed high terrain.
How wet? (Precipitation and its impact)	Periods of rain, persistent for a time Broad areas of rain drifting from the southwest through much of the day, a few dry windows well-inland and north. Some chance of extended heavy falls, mostly south. A breaking tendency later in Lochaber.	Showery rain Broadly showery, frequent rain for periods, some heavier bursts, risk isolated thunder, greater risk well inland later afternoon.
Cloud on the hills? Chance of cloud free Munros?	High terrain probably stays shrouded Cloud fairly extensive from middle slopes up near the coast early, a few inland breaks, but lowering to at least middle coastal slopes from Mull southward, nearer 800-1000m inland. Some breaks forming Lochaber later. 20%	Fairly extensive tops Covering higher slopes frequently through the day, bases varying in and out of showers, some patches to 600m near coast, but lifting at times above 900m. 20%
Sunshine? Air clarity (below cloud)	Some glimpses of sun here and there. Variable visibility, good when out of cloud and rain, hazy to the south.	Brief bursts of sun. Visibility good away from showers and below cloud.
How Cold? (at 900m) Freezing Level	6 or 7C, rising to 8C well-inland; notably cooling from west into evening. Feeling as cold as -5C in strongest wind. Above the summits.	4C. Feeling like -5 to -8C directly in the wind. Just above highest summits.

Planning Outlook**All mountain areas of Britain from Sunday, 7 June, 2026**

Generally unsettled next week - showers affect most hills Monday and Tuesday, lowest cloud and most persistent rain along western slopes, but with some breaks as well with sunshine. Risk of a deeper area of lower pressure from Wednesday or later bringing widespread strong winds, probably gales over many summits, with prolonged heavy rain. Temperatures trending milder again into next weekend, pressure may begin to rise in the south to give drier weather more widely with time.

Forecast issued at 16:30 on Friday, 5 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.