

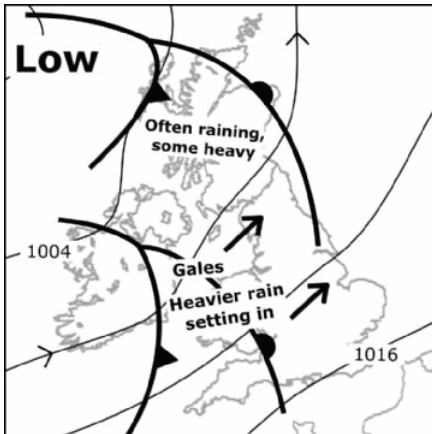
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 1 June, 2026



British Mountain Summary:

Based on forecast chart for noon 1 June, 2026

Rain affects all areas during the day, some heavy falls widely, most constant in Wales. Low cloud across the hills, blanketing to lower slopes in west coastal areas. South-southwest winds, varied in Scotland, but stronger England and particularly Wales, here gales over tops. Fairly mild air, but feeling cooler in wind.

Headline for West Highlands

Breezy over tops. Often raining, heavier at times, low cloud.

Detailed Forecast for Monday, 1 June, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>Southerly, or southeasterly for a time some slopes inland; 15 to 25mph, strongest coastal areas in morning, local 30mph, may increase inland for a time, then tending to lessen a little into afternoon.</p> <p>Some variation during day, at times fairly small, but gustier spots affecting comfortable walking for a few hours on exposed high ridges and tops.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Raining most of day, some heavy</p> <p>Light patchy rain drifting from the southwest from dawn, becoming fairly persistent, some heavier falls develop in morning especially southern areas. Rain frequent or persistent widely into afternoon-evening, heavy bursts at times extending north across the region.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Increasingly extensive, lowest south and coasts</p> <p>Terrain above 900-1000m mostly covered at dawn, variable lower banks, local breaks for a time toward Creag Meagaidh; more extensive towards coast to 500m. Cloud generally lowering across the hills in rain, varying bases onward through afternoon, typically lowest in southern coastal areas, fog toward lower slopes.</p> <p>50% in north at first, dropping to 10%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Overcast and dull, local brighter moments mainly inland Lochaber. Visibility mostly poor over the hills, especially in rain, but at times good below cloud mainly north Lochaber.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>5 or 6C, rising to 9C. Feeling near -5C directly in the stronger wind over high tops in morning.</p> <p>Above the summits.</p>

West Highlands - Looking Ahead

	Tuesday 2 June	Wednesday 3 June
How windy? (On the Munros) Effect of wind on you?	Southwesterly 10 to 20mph, but may be variable low speeds at times. Later westerly 20-25mph. Mostly small, but feeling breezier with time, especially more southern hills.	South-southwesterly 25 to 40mph, chance of increasing for a few hours, possible 50mph higher Ben Nevis group at least. Very blustery, strenuous walking in exposure, buffeting gusts on ridges and tops. Considerable wind chill.
How wet? (Precipitation and its impact)	Showers, locally heavy Showery rain, some heavy bursts possible, likely becoming concentrated inland into the afternoon and evening, small chance isolated thunder.	Rain becomes persistent Rain extends in from the southwest, becoming fairly persistent over most mountains, some heavier sustained falls, patchier northeast of Ben Nevis group.
Cloud on the hills?	Varied over tops, lifting higher Banks of cloud at varied heights becoming confined above 800m during the morning, lifting higher into afternoon with some breaks toward upper slopes.	Extensive, lowest southwest Covering many mountains all day, lowest persistent bases near coasts south from Mull, widely 600-800m inland, some higher breaks northeast near Glen Spean.
Chance of cloud free Munros?	50%	Below 10%, to 20% inland Lochaber
Sunshine? Air clarity (below cloud)	Glimpses of sun, coastal areas becoming sunnier afternoon. Visibility very good, reduced in showers.	Largely cloudy, dull. Visibility good below cloud inland, but hazy in west, misty coastal hills.
How Cold? (at 900m) Freezing Level	8 or 9C, slightly higher inland afternoon. Above the summits.	6C, slight rise inland afternoon. Wind chill feeling like -5 to -8C. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 2 June, 2026**

An unsettled spell through early June, possibly through the first two weeks, as low pressure over the north Atlantic and southwesterly winds dominate. Periods of rain mixed with showery days widely - the most constant rain over western mountains with low cloud often shrouding the hills. Wind speed will vary, but up to gale-force for periods over the hills, mostly in Scotland by later this week. Higher pressure to the south tends to expand across and just east of Britain later in the week, bringing some drier weather, but western hills even in England and Wales may remain often misty and drizzly. Temperatures near average, cooler at times. Mid June onward shows signs of drier and warmer weather.

Forecast issued at 16:00 on Sunday, 31 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.