

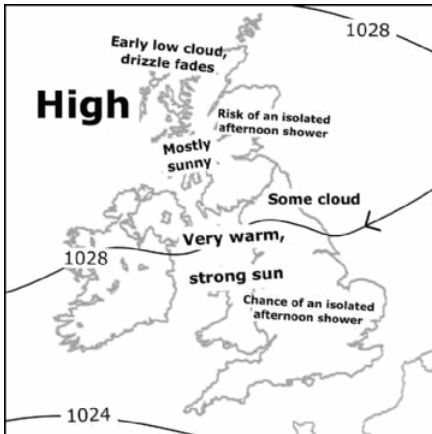
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 26 May, 2026



British Mountain Summary: Based on forecast chart for noon 26 May, 2026

Low cloud and early drizzle in northwest Scotland, improving with cloud thinning and breaking, but staying cool toward the far north. Very warm and sunny for England and Wales. Chance of isolated late heavy showers forming, but mostly dry.

Headline for West Highlands

Soon light winds. Early fog in west, then mostly sunny.

Detailed Forecast for Tuesday, 26 May, 2026

| | |
|---|---|
| How windy? (On the Munros) | Westerly 10 to 20mph at first, but soon easing down to become 5 to 10mph and often varying in direction by afternoon. |
| Effect of wind on you? | Blustery start, but soon becoming negligible as the winds drop out. |
| How wet? (Precipitation and its impact) | Any coastal drizzle fades Isolated spots or patches of drizzle from Mull northwards from dawn. Fading away by midday. Small chance an isolated shower well inland toward central highlands by evening. |
| Cloud on the hills? Chance of cloud free Munros? | Early low fog toward coast soon clears Fog from dawn covering lower coastal hills, mainly around the islands, also areas near Loch Linnhe at first, though much high terrain above fog. Will soon thin and all break up to leave the mountains clear. Above 90% (in places above early fog) |
| Sunshine? Air clarity (below cloud) | The mountains largely sunny, some patchy cloud forming above hills; early fog low down mainly coasts. Visibility mostly very good. |
| How Cold? (at 900m) Freezing Level | 7 to 10C rising toward 12 to 14C, warmest in south. Above the summits |

West Highlands - Looking Ahead

| | Wednesday 27 May | Thursday 28 May |
|--|---|--|
| How windy? (On the Munros) Effect of wind on you? | Little wind, variable or S-SE'ly 5-10mph, may even be flat calm inland. Lifting to 15mph later coastal hills and Isles. Negligible away from the coast and islands where breeze will pick up through the day. | South or southeasterly 15-25mph, may start less inland, but likely strengthening to gusty 30-40mph, or stronger into night. Increasingly blustery, affecting ease of walking and balance on exposed terrain. Sudden strong gusts ahead of rain. |
| How wet? (Precipitation and its impact) | No rain expected | Risk thundery rain mainly later Possibly an odd burst of rain forming during middle of day as high cloud thickens from south. Greater risk later in day of sporadic thundery showers forming. Then later evening into night, areas of rain likely more widely. |
| Cloud on the hills? | Mountains clear Some patchy mist or brief cloud possible around inland hills early morning, mainly Loch Lomond area, all dispersing. | Little if any until late The mountains largely clear all day. Later if showers form, ragged patchy cloud around some hills. May then fill in more widely evening onward if rain develops. |
| Chance of cloud free Munros? | 90% | 80% |
| Sunshine? Air clarity (below cloud) | Widespread sunshine, some areas of thin high cloud. Visibility very good. | Sun and high cloud, thin at first, but likely thickening from south to cover the sky. Visibility good, some haze. |
| How Cold? (at 900m) Freezing Level | 9 to 11C at first, lifting to 13 or 14C in afternoon, perhaps locally 15C. Well above the summits | 11C rising to 15C, locally warmer inland by afternoon. Feeling cooler in the wind nearer coasts. Well above the summits. |

Planning Outlook**All mountain areas of Britain from Wednesday, 27 May, 2026**

Very warm air extends into Scotland during midweek on southerly winds. Isolated bursts of rain form, greater risk toward Wales by Wednesday night, then drifting variably northward during Thursday daytime - some uncertain local detail and timing, but scattered thunderstorms are possible by this time. Winds also strengthening and becoming very gusty. Some rain in western Scotland by Thursday night which may linger into Friday here on westerly winds, but a fine end to the week for many places. Further rain and low cloud likely returns to western Scotland over the weekend, possible showers elsewhere. A more unsettled west-southwesterly pattern is likely into early June, cooler with rain and stronger winds for periods.

Forecast issued at 16:31 on Monday, 25 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.