

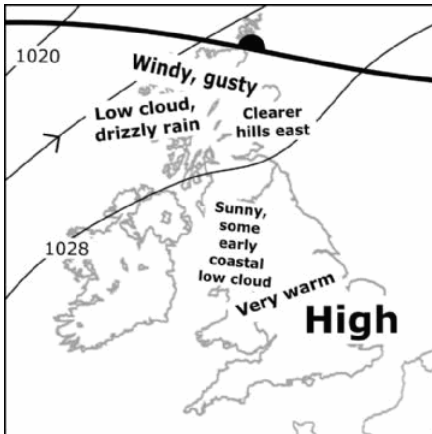
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 24 May, 2026



British Mountain Summary:

Based on forecast chart for noon 24 May, 2026

High pressure bringing dry and warm conditions to England and Wales and southern and eastern Scotland with early patchy hill fog in the west dispersing. Warm or very warm in valleys, beware of sunburn and dehydration. Blustery south-westerly will feed of low cloud and patchy drizzle will persist across northwest Scotland.

Headline for West Highlands

Blustery. Low cloud and drizzle in the north. Dry in the south, hills clearer.

Detailed Forecast for Sunday, 24 May, 2026

How windy? (On the Munros)	South to south-westerly 15 to 30mph, perhaps reaching 35mph some cols and summits at times.
Effect of wind on you?	Be prepared for blustery conditions, perhaps fairly arduous at times some cols and summits with marked buffeting.
How wet? (Precipitation and its impact)	Drizzly rain, little in the south The humid south-westerly will continue to feed in drizzly rain in across hills, mainly near and west of Loch Linnhe. Very little if any south of Glencoe.
Cloud on the hills?	Extensive, clearer to the south An extensive feed of low cloud will feed in to the hills, mainly near and north of Oban and Mull. Higher bases toward Loch Treig. Arran to Loch Lomond may be clearer.
Chance of cloud free Munros?	20% north, 60% south.
Sunshine? Air clarity (below cloud)	Mostly overcast, but some sunny breaks, mainly in the south. Visibility poor in drizzly rain, but away from this, mostly very good.
How Cold? (at 900m)	8 to 10C, lowest west coast.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Monday 25 May	Tuesday 26 May
How windy? (On the Munros) Effect of wind on you?	South-westerly 20 to 35mph, strongest across Lochaber in the morning. Blustery and gusty, especially across northern hills in the morning with considerable buffeting.	Westerly 10 to 20mph at first, but soon easing down to become 5 to 10mph and often varying in direction by afternoon. Blustery start, but soon becoming negligible as the winds drop out.
How wet? (Precipitation and its impact)	Drizzly Lochaber, but fizzling out. Drizzly conditions into Lochaber and perhaps north Argyll in the morning, but tending to fizzle out to leave all areas dry during the afternoon.	Isolated drizzly showers fading Isolated spots or patches of drizzle from Mull northwards. Fading away by midday.
Cloud on the hills? Chance of cloud free Munros?	Extensive morning, then breaking off hills May be fairly extensive in the morning, focused on Lochaber, and capping tops elsewhere. By afternoon, mostly lifting to become confined to western tops. 20% lifting to 60%	Most hills clearing come the afternoon Low cloud covering hills from Mull northwards into Lochaber morning. Will break up and lift to clear mostly in afternoon. Elsewhere, clear most of day. 20% lifting to 70% north. 80% south.
Sunshine? Air clarity (below cloud)	Mostly cloudy, but thinning and breaking in places, especially in the central highlands. Visibility poor at times in drizzle, but away from drizzle, very good.	Cloudy north Argyll into Lochaber, but brightening up through day. Elsewhere, patchwork of sun. Visibility mostly very good.
How Cold? (at 900m) Freezing Level	7 to 10C, lowest toward west coast of Lochaber. Above the summits	Ranging from 4 to 6C, near and west of Loch Linnhe, to across Arran to Loch Lomond 7 to 10C. Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 25 May, 2026

High pressure dominates this week with early patchy low cloud, mainly coastal hills dispersing to give widespread warm or very warm sunshine, highest temperatures valleys of England and Wales; where into the high 20s Monday and Tuesday Peak District into Wales with high humidity. Chance of well scattered shower development from midweek as a gusty south-easterly develops for western hills. Pressure lowering next weekend into next week.

Forecast issued at 16:32 on Saturday, 23 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.