

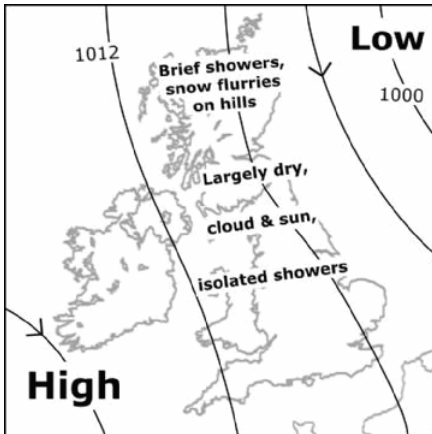
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 15 May, 2026



British Mountain Summary:

Based on forecast chart for noon 15 May, 2026

Remaining cold, near to freezing all day on higher tops. Strongest northwesterly winds in the morning and toward eastern Scotland giving significant chill factor. A scattering of mostly brief showers with snow and hail, less intense than recent days. Cloud lifting above many summits, occasional sun.

Headline for West Highlands

Cold strong winds easing. Local showers with snow & hail.

Detailed Forecast for Friday, 15 May, 2026

How windy? (On the Munros)	Northwesterly 30mph from dawn, briefly 35-40mph at first well inland. Easing to 25mph into middle of day and afternoon, 20mph or less later.
Effect of wind on you?	Very blustery start with significant wind chill and buffeting, but hour by hour easing down, still blustery into afternoon, but becoming small later.
How wet? (Precipitation and its impact)	Isolated snow and hail showers Often dry, but local brief snow and hail showers, by afternoon mainly toward central highlands. Snow falling above 500m initially, rising to 900-1000m.
Cloud on the hills?	Patchy cloud rising, breaks form Patches tending to come and go over higher slopes in morning, most persistent over the tops of the Ben Nevis group, but bases rise and increasingly clearing many tops into afternoon.
Chance of cloud free Munros?	50% rising to 80%
Sunshine? Air clarity (below cloud)	Patchy sun, best early morning inland, then improving west coast afternoon. Visibility excellent, briefly lowering in showers.
How Cold? (at 900m)	-1 or -2C at dawn, but lifting to +1 to 3C into afternoon. Feeling like -10C in early wind.
Freezing Level	700-800m at dawn, will lift to 1000-1200m, lowest toward north Lochaber.

West Highlands - Looking Ahead

	Saturday 16 May	Sunday 17 May
How windy? (On the Munros) Effect of wind on you?	Variable below 10mph at first. Becoming S-SW'ly 15 to 25mph, soonest coasts; by evening westerly 25mph. Small early in day, becoming breezier, feeling noticeable and rather chilly on exposed higher terrain.	Southwesterly 25 to 35mph, may reach 40mph at times higher tops, particularly toward coasts. Making walking uncomfortable on exposed high terrain, affecting balance at times. Considerable wind chill.
How wet? (Precipitation and its impact)	Rain develops from west Likely dry morning inland, though patchy rain may push onto islands and coastal areas, becoming more persistent afternoon and gradually extending inland, heavier in places; starting as snow flurries above 1100m.	Rain, showery bursts, snow high tops Rain on and off all day, but well inland may be drier for a few hours in morning. Increasing risk of heavier showery bursts forming, becoming concentrated further inland later. Snow on highest tops. Risk of hail & thunder.
Cloud on the hills?	Little if any, then arrives from west Patchy cloud around some slopes in morning, lifting and clearing. During afternoon, some cloud banks forming onto higher coastal slopes, extending inland and lowering later.	Lifting toward high tops, some breaks Often capping many hills above 600 to 900m in morning, lowest near coast. Bases tending to rise, then varying in and out of showers, some breaks to higher slopes, though often cap tops above 1100m.
Chance of cloud free Munros?	80%, dropping to 30% later coasts	30%
Sunshine? Air clarity (below cloud)	Early sun weakens as high cloud thickens, more overcast afternoon. Visibility excellent, reducing later near coast as rain develops.	Largely cloudy, a little sun well inland in morning. Visibility very good, but reduced in showers.
How Cold? (at 900m) Freezing Level	-1C rising to +3C afternoon. Feeling nearer -5C if exposed to wind. 700-800m plus frost inland glens at dawn. Rising toward 1300m or just above during afternoon.	1C rising to 3 or 4C afternoon. Wind chill feeling near -10C on high tops. 1000-1100m early morning, rising just above freezing to highest summits into afternoon.

Planning Outlook**All mountain areas of Britain from Saturday, 16 May, 2026**

A shift toward west-southwesterly over the weekend brings a gradual rise of temperature. A mixed weather story with some rain and lowering cloud moving in from the west into Saturday afternoon. By Sunday and Monday, some showery rain, passing eastwards during the daytimes, generally improving afternoons in western areas. Risk by later Monday of rain moving into Wales from the southwest. Damp south-southwesterlies then prevail for a few days next week, with rain at times Tuesday and Wednesday, most on western hills, particularly Scotland. A drier and warmer theme later in the week as higher pressure builds.

Forecast issued at 16:16 on Thursday, 14 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.