

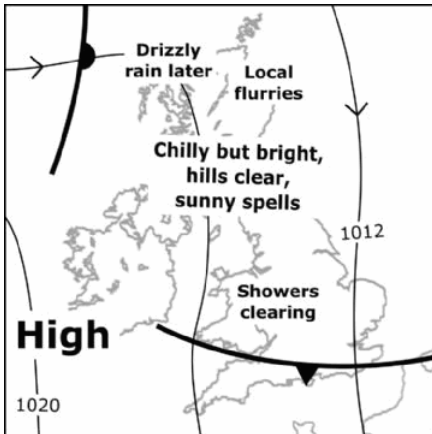
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 11 May, 2026



British Mountain Summary:

Based on forecast chart for noon 11 May, 2026

Cold northerly breezes, but a bright day with broken cloud lifting above the mountains and some sun. Scattered showers with snow flurries on hills. A band of showers moves south over Wales in the morning. Later in the day, westerly winds increase and cloud thickens in western Scotland with drizzly rain arriving.

Headline for West Highlands

Cold, but largely dry, then rain from dusk. Windier later.

Detailed Forecast for Monday, 11 May, 2026

How windy? (On the Munros)	North-northwesterly 15-20mph, occasionally less; turning westerly, tending to increase to 25-30mph during evening hours, stronger by dusk in Lochaber, reaching 40mph with stronger gusts into night.
Effect of wind on you?	Fairly small much of day, but distinctly chilly over the mountains. Becoming more blustery toward evening, deteriorating further after sunset.
How wet? (Precipitation and its impact)	Rare flurries; later drizzly rain northwest Isolated snow flurries over the hills early in day, fading to be largely dry for much of day. Into evening, drizzly rain arrives west of Loch Linnhe, preceded by snow flurries on tops, more persistent dusk onward in Lochaber; rain widely more persistent into night, some heavier.
Cloud on the hills?	Patches lifting, lowering by dusk west Patchy cloud banks over higher slopes in morning, but lifting above most tops. During evening, cloud banks lowering onto coastal hills near Mull, then up to dusk extending further inland.
Chance of cloud free Munros?	90%, dropping to 30% west evening.
Sunshine? Air clarity (below cloud)	Patchy sun mostly south in morning, then weakening as high cloud builds from west. Visibility excellent, then reducing later in day mainly west Lochaber.
How Cold? (at 900m)	0 to -3C at first, rising to +3C afternoon, or slightly milder into night. Feeling colder as wind increases.
Freezing Level	600 to 800m from dawn, nearer 1000m coast & islands; gradually rising widely to 1200m or above afternoon, then further above all tops dusk into night.

West Highlands - Looking Ahead

	Tuesday 12 May	Wednesday 13 May
How windy? (On the Munros) Effect of wind on you?	Westerly 30 to 45mph, squally gusts around showers. Frequent buffeting across the hills, challenging walking at times in exposure. Significant wind chill.	North to northwesterly 25 to 30mph, strongest toward coast, risk increasing all western hills later toward 40mph. Significant wind chill, very blustery, may become more challenging in exposure over coastal and island mountains.
How wet? (Precipitation and its impact)	Showery, hail and snow on tops A band of rain clears southeast at dawn, then a scattering of showers becoming more frequent, some heavy, snow falling at times to 800m, also hail to lower slopes. Chance of isolated thunder and lightning.	Showery, hail and hill snow Showers mostly coastal mountains early morning, then developing increasingly widely inland, heavy bursts with hail, risk isolated thunder; snow often falling on the Munros, at times down to 700m.
Cloud on the hills?	Varied on tops, lifting higher with breaks Cloud frequently changing, covering tops above 800m for periods, but tending to rise higher in afternoon, with time only occasionally capping tops.	Varying quickly over high tops Cloud frequently changing over the tops, around showers fairly extensive above 900-1000m, ragged patches to 600m, but periods where breaking to clear even highest slopes.
Chance of cloud free Munros?	40%	40%
Sunshine? Air clarity (below cloud)	Brief bursts of sun. Visibility often very good, but intermittently very poor during showers.	Brief bursts of sun and intermittently excellent visibility, but suddenly appalling where in cloud, snow or hail.
How Cold? (at 900m) Freezing Level	1 to 3C. Feeling like -10 to -15C directly in the wind on tops.. 1000 to 1200m, highest inland toward central highlands afternoon.	0C rising to 3C. Wind chill feeling like -10C, nearer -15C as speeds increase. 900m early morning, rising to 1200m or above into afternoon, but lowering slightly in showers.

Planning Outlook**All mountain areas of Britain from Tuesday, 12 May, 2026**

Notably chilly for mid-May across the hills this week as air from the north-northwest prevails. Frequently near or below freezing over Scottish Munros, and at times dropping to freezing on high tops in England and Wales. Wind speed will vary, but increasing at times to gale force on hills, giving significant chill factor. Broadly showery, heavy bursts with hail and thunder in places, also often falling as snow on higher mountains, at least in Scotland, intermittently elsewhere. Some more persistent precipitation especially northwest Scotland. Also some drier windows - varying locally day-to-day - away from showers cloud will lift above hills and visibility will be very good. Less windy and fewer showers suggested by next weekend into early next week.

Forecast issued at 16:28 on Sunday, 10 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.