

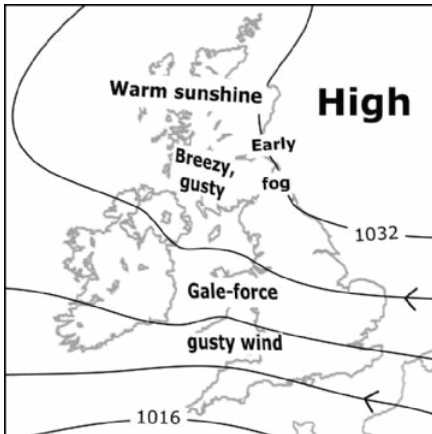
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 29 April, 2026



British Mountain Summary:

Based on forecast chart for noon 29 April, 2026

Dry with extensive strong sunshine all day, beware sunburn. Patchy low-level fog soon clearing early morning. Fairly light wind for much of the Highlands, but gustier further southwest. Strong and gusty easterlies for England and particularly Wales, powerful gale-force gusts downslope in places.

Headline for West Highlands

Locally gusty, strongest south. Warm sunshine.

Detailed Forecast for Wednesday, 29 April, 2026

How windy? (On the Munros)	East or southeasterly, 10 to 15mph many areas in morning, or less in Lochaber. In southern areas 20-25mph, gusty Arran and near Clyde. By later in the day more widely gusty 20mph, reaching 30mph in south.
Effect of wind on you?	Small much of day toward north, but noticeably gusty coastal areas toward south, increasingly blustery here during afternoon.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Hills clear Patchy fog from dawn mostly inland glens, brief fragments lift onto some slopes, but soon dissipating to be clear.
Chance of cloud free Munros?	Practically certain
Sunshine? Air clarity (below cloud)	Widely sunny. Excellent visibility.
How Cold? (at 900m)	7 or 8C, rising to 12C in Lochaber; smaller rise in south from Loch Lomond to Mull. (Rising above 20C in glens by afternoon)
Freezing Level	Above the summits. Slight frost at dawn in sheltered inland glens.

West Highlands - Looking Ahead

	Thursday 30 April	Friday 1 May
How windy? (On the Munros) Effect of wind on you?	Southeasterly 20 to 35mph, strongest gusts particularly coastal mountains, perhaps around high tops more widely. Varied but some noticeable gusty spots, more blustery affecting balance on some slopes, particularly on/near the islands.	South to southwesterly, 15 to 25mph, likely strongest near coast; becoming gusty in places, especially if showers occur. Fairly small, but starting to affect ease of walking on some exposed terrain at times. Feeling increasingly cool.
How wet? (Precipitation and its impact)	No rain expected	Risk a burst of rain High uncertainty - likely only spots from high cloud, but here and there local bursts of rain may form, possibly thundery.
Cloud on the hills?	None expected	Little if any Most or all cloud above the mountains, but locally if rain occurs, odd patches may form at various heights.
Chance of cloud free Munros?	Practically certain	90%
Sunshine? Air clarity (below cloud)	Extensive sunshine, some thin high cloud particularly toward west. Excellent visibility.	Sun mostly weak through a veil of high cloud, which may thicken to cover the sky. Visibility good or very good, some haze likely, particularly toward south.
How Cold? (at 900m) Freezing Level	6C rising to 11C afternoon. Feeling near or just below freezing directly in the wind, coldest in the morning. Above the summits. Slight frost inland glens at dawn.	9C, likely to drop from west to 6C during day. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 30 April, 2026

Dry and sunny through Thursday, but windy with powerful gusts particularly England and Wales. Then a change to more mixed conditions, with sporadic bursts of rain developing on Friday. In the short-term, very dry grass and moorland conditions over mountain terrain continues to present a very high fire risk. Lower pressure into the Bank Holiday weekend - cooler with a mix of sunny spells and showers in the extended forecast, but uncertain local details. Higher Scottish mountains particularly toward the north at least briefly dropping to around freezing over the weekend. Also expect slight frost more widely in sheltered valleys up to dawn through this week and the weekend where skies are clear.

Forecast issued at 16:25 on Tuesday, 28 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.