

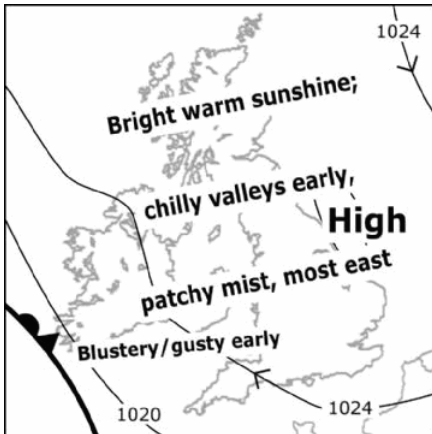
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Friday, 24 April, 2026



### British Mountain Summary:

**Based on forecast chart for noon 24 April, 2026**

Some valley fog/mist at dawn, notably east, local frosts as well. Soon after sunrise, cloud dissipates for widespread strong sunshine and warming temperatures, many valleys approaching 20C, including Scottish Highlands; high UV levels, beware sunburn risk. Negligible wind, though a blustery start in south Wales.

### Headline for West Highlands

Warm sunshine; chilly glens at dawn, patchy mist

## Detailed Forecast for Friday, 24 April, 2026

<b>How windy? (On the Munros)</b>	Variable 10mph or less, though generally southerly along the coast.
<b>Effect of wind on you?</b>	Negligible.
<b>How wet? (Precipitation and its impact)</b>	<b>No rain expected</b>
<b>Cloud on the hills?</b>	<b>Cloud not expected</b> Pockets of light mist in sheltered glens at dawn soon dissipates from sunrise for cloud-free hills.
<b>Chance of cloud free Munros?</b>	<b>Practically certain</b>
<b>Sunshine? Air clarity (below cloud)</b>	Extensive sunshine. Excellent visibility, slight low-level haze toward southern islands and Loch Lomond.
<b>How Cold? (at 900m)</b>	8C rising to 11 or 12C. Glens start much cooler, then approach 20C afternoon.
<b>Freezing Level</b>	Above the summits. At dawn, slight frost in some inland glens and possibly sheltered corries.

## West Highlands - Looking Ahead

	<b>Saturday 25 April</b>	<b>Sunday 26 April</b>
<b>How windy? (On the Munros)</b>	Variable 10mph or less. Some light upslope breezes may form with time.	South-southwesterly 10-15mph, some variability, and some stronger gusts.
<b>Effect of wind on you?</b>	<b>Negligible.</b>	<b>Mostly small, though some local gusty spots, and not just on high terrain.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain expected</b>	<b>Most Munros stay dry</b> A few odd spots of rain affecting coastal slopes.
<b>Cloud on the hills?</b>	<b>None expected</b>	<b>Afternoon cloud northern and coastal hills</b> Patchy mist in the glens, thicker and up to middle slopes well-inland; summits above dawn cloud. Cloud lifts upslope after sunrise and dissipates, little or none for several hours. Afternoon, cloud returns to high terrain of Mull and Lochaber, gradually spreading. Staying clearest near Loch
<b>Chance of cloud free Munros?</b>	<b>Above 90%</b>	<b>90%, lowering to 50% later</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive sunshine. Visibility very good, slight low-level haze near central belt.	Patchy sunshine, generally weakened by high cloud, sometimes cloudier. Very good visibility.
<b>How Cold? (at 900m)</b>	8 to 10C, locally warmer afternoon.	6 or 7C; notable local variability, mildest east.
<b>Freezing Level</b>	Above the summits. Patchy frost at dawn inland glens and sheltered higher areas.	Above the summits.

**Planning Outlook****All mountain areas of Britain from Saturday, 25 April, 2026**

A generally dry spell of weather continues into the weekend and next week, with mostly light winds and pleasantly warm temperatures, reaching 10C+ on many tops. Valleys and some sheltered higher areas will see some frosty and misty dawns but by the afternoons many valleys will warm up toward 20C. Briefly cooler air drifts back into northeastern areas later on Saturday, with a risk of some patchy nuisance rain here and there Sunday into Monday. Strong April sunshine widely across the mountains, beware risk of sunburn. Some uncertainty about the location of the centre of high pressure, with a risk of strong, gusty winds across England and Wales next week.

**Forecast issued at 15:20 on Thursday, 23 April, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.