

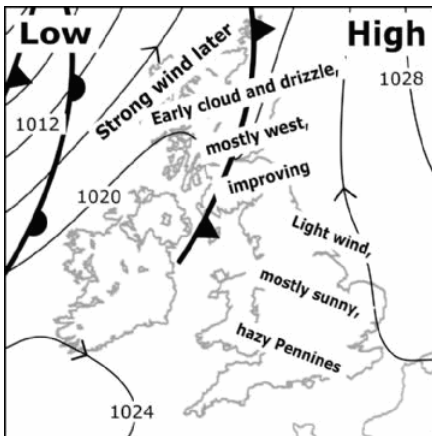
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 8 April, 2026



British Mountain Summary:

Based on forecast chart for noon 8 April, 2026

Light wind and warm England and Wales; mostly clear hills and often sunny; some haze weakens visibility, notably Pennines. Some hill-cloud lingers in Lakeland. Morning cloud and summit drizzle west/central Scotland, cloud moves east but an improving trend; wind strengthens northwest, cooler here too.

Headline for West Highlands

Morning cloud and drizzle, breaking; strengthening wind

Detailed Forecast for Wednesday, 8 April, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>Southwesterly 10-25mph, strongest Lochaber to Mull; gradually strengthening, approaching 25-35mph; lightest wind around Arran/Loch Lomond. Gusts over coastal Lochaber approaching 40mph late in the day.</p> <p>Fairly small inland & south for many hours, but becoming more blustery, locally more gusty and challenging with time along the Lochaber coast.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Some morning drizzle, dry afternoon</p> <p>Through morning, some fine drizzle drifting around the high tops, this gradually easing for a dry afternoon. A chance of some light patchy rain reaching the Lochaber coast as night falls, then rain overnight.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Extensive early, lifting and breaking with time</p> <p>From dawn, a fairly extensive layer of cloud from at least the middle slopes upward, likely to low slopes from Ben Nevis southward. A lifting trend with time, some breaks forming Lochaber through morning, then more widely broken afternoon. Cloud lingers longest from Loch Lomond to central highlands, largely above 1000m.</p> <p>20%, rising to 60%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Overcast in the morning, sun gradually breaking out as hill cloud clears, but high cloud will weaken the sun's strength.</p> <p>Visibility excellent.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>5 to 7C, little change in added height in the morning. Briefly cooler along the Lochaber coast afternoon, 3 to 4C.</p> <p>Later, feeling as cold as -5 to -8C in strongest wind.</p> <p>Above the summits.</p>

West Highlands - Looking Ahead

	Thursday 9 April	Friday 10 April
How windy? (On the Munros) Effect of wind on you?	A gusty westerly 20-30mph, strongest south, particularly afternoon, up to 40mph or stronger high southern tops. Walking inconvenienced in exposure, particularly south where more arduous with significant wind chill.	Southwesterly 20-30mph at dawn, shifting southerly and strengthening to 50-60mph by evening, strongest along the coast. Walking increasingly difficult with severe wind chill; you may struggle to stay on your feet in exposure near the coast.
How wet? (Precipitation and its impact)	Morning rain followed by showers A band of rain passes east across all areas through morning, locally heavy early, soon followed by showers, falling as snow to 500m, some hail mixed in too.	Patchy rain/snow, chance more later Scattered patchy precipitation drifts from the south, mostly coastal slopes, falling as snow to 300m or lower at dawn, but this level rising. A risk of precipitation setting in for periods afternoon, snowfall level approaching 800m.
Cloud on the hills? Chance of cloud free Munros?	Coming and going on high terrain Extensive from dawn to at least middle slopes, lower in the west. As rain eases, cloud lifts and breaks to mostly above 800m, clear summits at times, but returning in showers; west coastal hills most often covered, locally to 600m in showers. Rising to 40%	Coastal high terrain, inland breaks; deteriorating Banks of cloud will often cover coastal slopes above 700-800m, best chance of breaks in the morning; higher bases well inland, breaks off high summits too. Through afternoon, cloud thickening, to lower coastal slopes, mid-slopes inland. 50% briefly, lowering to 20%
Sunshine? Air clarity (below cloud)	Bursts of bright sunshine between showers; cloudier early in the day. Very good visibility.	Sunshine through high cloud through morning, trending cloudy afternoon. Good visibility.
How Cold? (at 900m) Freezing Level	-1 or 0C most of the day, to +1C central highlands in the morning. Feeling like -10 to 13C in direct wind. Lowering from overnight, 1000-1200m at dawn, lowering further to 700-900m, highest Loch Lomond/central highlands.	-2 or -3C, rising to +1C, staying lifted for a few hours into night. Later, feeling as cold as -15C in wind. 400-600m, lowest central highlands, also some light frosts in inland glens. Gradually lifting, to 900-1000m.

Planning Outlook

All mountain areas of Britain from Thursday, 9 April, 2026

Variable weather regimes in the extended forecast. Atlantic west-southwesterly winds will be dominant, with low pressure to the northwest of the country, brining cloud, rain, and mild temperatures, often followed by sun, showers, and cooler temperatures; rain will be increasingly common to the high Munros, but the snowfall level will lower too during periods of cooler weather, and perhaps to high Lakeland fells too, though any snow unlikely to accumulate here.

In the longer term, indications of high pressure increasingly building from the southwest, brining drier, brighter, and milder conditions to England and Wales and occasionally Scotland too, though the risk of occasional rain and cooler temperatures remains.

Forecast issued at 16:10 on Tuesday, 7 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.