

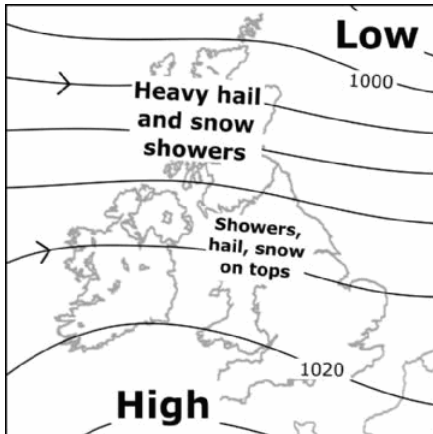
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 5 April, 2026



British Mountain Summary:

Based on forecast chart for noon 5 April, 2026

Notably cold for Easter Sunday, sub-zero across Scottish mountains and high tops in England & Wales, severe chill factor where exposed to gale-force westerly winds over hills. Heavy, squally showers with hail, also snow falling at times to lower elevations; chance of isolated thunder.

Headline for West Highlands

Mountain gales, bitterly cold; heavy showery hail and snow.

Detailed Forecast for Sunday, 5 April, 2026

How windy? (On the Munros)	Stormy conditions overnight lessen before dawn, then westerly 40 to 50mph, squally gusts; briefly less in morning, and tending to ease a little near coast up to dusk.
Effect of wind on you?	Frequent buffeting, walking challenging on higher exposed terrain, sudden powerful gusts making balance difficult. Beware possible storm damage from overnight around forests. Severe wind chill.
How wet? (Precipitation and its impact)	Frequent hail and snow; risk lightning Fresh lying snow to some lower hill slopes, mainly Lochaber. A succession of heavy hail and snow showers; snow falling to lower elevations early in day at least. Isolated thunder & lightning. Intensity of showers slowly easing later in daytime from south.
Cloud on the hills?	Varying over tops Cloud base constantly changing, often capping higher slopes above 800m toward coast & islands; patches to 600m or lower at times, whilst briefly clearing higher up.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Brief bursts of sun and very good visibility, but suddenly appalling in cloud and snow or hail, temporary whiteout.
How Cold? (at 900m)	-2 to -4C, rising slightly afternoon. (Around -6C on Ben Nevis summit). Feeling like -15 to -18C in the wind.
Freezing Level	400 to 600m in morning, rising to 700-800m afternoon, but lowering briefly again around showers.

West Highlands - Looking Ahead

	Monday 6 April	Tuesday 7 April
How windy? (On the Munros) Effect of wind on you?	Southerly 25 to 40mph, strongest west coastal mountains, may increase a little more widely. Affecting ease of walking and balance on ridges and higher tops; notably gusty on some downslopes north of high tops.	Southerly 30 to 50mph, locally very variable, typically strongest Mull, powerful gusts on some downslopes to north. Challenging conditions particularly over coastal mountains, variable but sudden buffeting gusts also in places inland.
How wet? (Precipitation and its impact)	Drizzly rain mostly near coast A little patchy rain or drizzle mostly coastal areas near Mull, perhaps feeling generally damp where in cloud over many coastal tops. Very little if any rain inland areas.	Risk rain later coasts Chance of patchy rain pushing onto coastal areas during day, mostly spots from high cloud, possibly an odd burst of rain forming mainly later in the day. By evening onward, risk of rain setting in from west.
Cloud on the hills?	Mostly coastal slopes, little inland Patchy cloud banks mostly over western mountains in the morning above 800m, well broken inland. Cloud banks may linger or fill in near coast and on some islands, but inland Lochaber often clearer all day.	Little if any much of day Patchy mist some glens at first. The mountains generally clear much of the day, but later some cloud banks may form on islands and near coast, risk filling in further by evening onward into night.
Chance of cloud free Munros?	30% coast/islands, to 70% well inland.	80%
Sunshine? Air clarity (below cloud)	Sun mostly weak through high cloud, but very good visibility inland. Hazier toward coast, thicker overcast skies possible, may become poorer visibility.	Sun best early in day, becoming fairly weak through high-level cloud, tending to thicken to cover the sky. Visibility very good.
How Cold? (at 900m) Freezing Level	-1C from dawn, rising to +2C locally +4C afternoon. Feeling like -7 to -12C directly in wind. Frost in glens in morning, much mountain terrain frozen all day, but air temperature rising above freezing to tops by late in day.	6 to 9C. Directly in the stronger wind, feeling below freezing, in places nearer to -5C. Above the summits. Possible slight frost some sheltered inland glens at dawn.

Planning Outlook

All mountain areas of Britain from Monday, 6 April, 2026

A cold frosty start to Monday, but milder southerly air arrives - dry and many hills clear with hazy sun, but gusty wind, risk of local gales west coastal mountains of Scotland. Quite warm by Tuesday, but strong to gale force southerly winds more widely; dry for many, rain encroaching into western Scotland, thawing of recent snow. Staying warm on Wednesday for many, but likely becoming cooler later in the week. Scotland likely remains changeable, often windy later in the week, rain at times, varying temperatures, at times below freezing on higher Munros. England and Wales sees occasional rain or showers late week, but some drier days and lighter winds.

Forecast issued at 16:00 on Saturday, 4 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.