

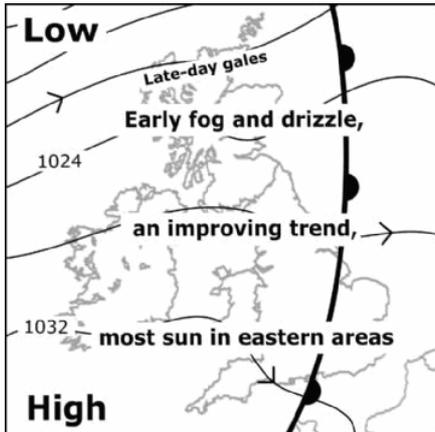
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 31 March, 2026



British Mountain Summary:

Based on forecast chart for noon 31 March, 2026

A foggy, drizzly start for most, fog to lower slopes in western coastal areas. Fog lifts with time and drizzly rain eases, bursts of sun breaking out east, and perhaps more widely afternoon. Fog and drizzle lingers longest west Scotland and south Pennines. Blustery early, easing for most; a mild feel in England and Wales.

Headline for West Highlands

Blustery and gusty; fog and drizzle, mostly west

Detailed Forecast for Tuesday, 31 March, 2026

How windy? (On the Munros)	West to southwesterly, 25 to 35mph, very gusty in places around exposed high tops and ridges, some gusts to the south perhaps with variable direction.
Effect of wind on you?	Blustery over high terrain, affecting comfortable walking and balance on some exposed ridges with considerable wind chill.
How wet? (Precipitation and its impact)	Drizzly rain Drizzly much of the day on high terrain, most persistent westwards, some steadier light rain at times too. Combined with some snow melt, rock surfaces will be very slippery. Smaller amounts of occasional drizzle well inland. An easing trend is probable, though spotty rain may continue in the south.
Cloud on the hills?	Extensive, lowest toward coast Blanket low cloud across the mountains, from lower elevations upward near to coast and islands in the morning. Tending to rise a little during day, but likely to shroud hills all day above 600-800m, highest inland, a few higher breaks forming afternoon but unlikely to break above 1000-1100m for any extended period.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Cloudy and misty, some brighter moments may emerge mainly well inland, where visibility good if below cloud, but generally poor over the hills.
How Cold? (at 900m)	4 or 5C. Feeling like -5C directly in the wind.
Freezing Level	Above freezing up to all summits.

West Highlands - Looking Ahead

	Wednesday 1 April	Thursday 2 April
How windy? (On the Munros) Effect of wind on you?	Southwesterly 35 to 50mph, stronger gusts for a time; later, sudden switch to northerly 20-30mph. Arduous walking conditions with buffeting gusts in exposure around high tops, may lessen later. Significant wind chill.	Variable 15mph or less morning, turning southerly and strengthening, to 20-35mph late, strongest coastal hills. Small in the morning, gradually deteriorating, walking becomes strenuous in the west with notable wind chill.
How wet? (Precipitation and its impact)	Rain turns heavy, then to snow later Rain and drizzle most persistent Lochaber early in day, gradually becoming more widespread, risk widely heavy for a time, turning to snow on high terrain, possibly to lowering elevations in Lochaber.	Substantially dry A few odd spots of snow flurries/drizzly rain on coastal hills, but otherwise dry well into the day. As evening approaches, an increasing risk of rain arriving from the west, snow above 600-700m.
Cloud on the hills?	Extensive Shrouding the mountains likely all day, base may vary at 500-800m, lowest over western mountains during constant precipitation.	Mostly higher terrain Patchy cloud at several heights at dawn, soon lifting and dissipating from many hills. For a time, cloud likely confined just to the high summits, some breaks likely. Afternoon into evening brings rising risk of a layer of cloud forming on high coastal terrain.
Chance of cloud free Munros?	Below 10%	50%
Sunshine? Air clarity (below cloud)	Overcast, poor visibility in rain, becoming very poor if in snow and cloud on tops.	Busts of sunshine, some high cloud at times weakening the sunshine. Very good visibility.
How Cold? (at 900m) Freezing Level	4C at dawn, tending to drop, to 0C during day, later -2C Lochaber/Loch Lochy. Feeling like -10C in exposure to wind. Above all summits for several hours at least, then dropping onto high tops, later possibly more rapidly to 600m Lochaber.	-3C lifting to -1C. Feeling as cold as -10C in wind later in the day. Poorly defined early; 500-600m, frosts at lower elevations too, including glens. Rising, approaching 800m.

Planning Outlook**All mountain areas of Britain from Wednesday, 1 April, 2026**

A drop of temperature is expected across Scotland during Wednesday as a band of rain drifts slowly southwards, turning to heavy upland snow. Atlantic weather patterns and west-southwesterly winds follow behind into the start of the Easter period at least, but day-to-day detail is uncertain. Temperature and wind will be variable, periods of gales and possibly often cold over the mountains with snow and hail showers at times to lower elevations at least in Scotland, sometimes more widely, mixed with some spells of rain - precipitation generally most frequent west and northwest, though bands of heavy rain will sweep east at times. Some windows of drier and brighter conditions, as well as milder days in England and Wales, occasionally milder Scotland too.

Forecast issued at 15:51 on Monday, 30 March, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.