

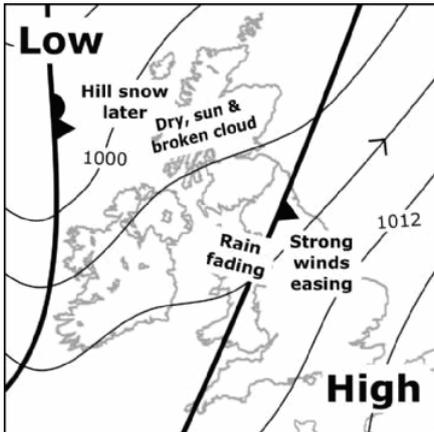
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 2 March, 2026



British Mountain Summary:

Based on forecast chart for noon 2 March, 2026

A slow-moving front brings rain, drizzle and low cloud to England and Wales, also eastern Scotland at first. To the east of this, strong to gale-force winds at first east. Lighter winds for much of the Highlands all day, cloud lifting with sunny spells. Later in day, rain and hill snow moves in from west.

Headline for West Highlands

Fairly light wind. Dry much of day, snow on tops later.

Detailed Forecast for Monday, 2 March, 2026

How windy? (On the Munros)	South turning southwesterly; 15 to 25mph, may increase a little afternoon. Turning west then northwesterly after dark.
Effect of wind on you?	Fairly small, but occasionally blustery in places on higher terrain, feeling chilly.
How wet? (Precipitation and its impact)	Dry much of day; rain/snow later west Patchy rain up to and around dawn fading and clearing eastwards to leave largely dry conditions much of day. From late afternoon, showery rain moves onto coast, then inland from dusk, turning to snow above 800m.
Cloud on the hills?	Broken cloud toward the tops Varying cloud, some banks at different heights from dawn, tending to thin and break, often clearing many summits, local patches may come and go. Later in day, lowering onto coastal tops then inland.
Chance of cloud free Munros?	70%
Sunshine? Air clarity (below cloud)	Occasional sun breaking through, mostly inland Lochaber, later clouding over west. Visibility excellent much of daytime, reducing in showers by evening west.
How Cold? (at 900m)	1C, dropping later to 0C or just below. If exposed to wind, feeling like -7C.
Freezing Level	Above summits prior to dawn, but lowering, to around 1000m into daytime, by dusk onward likely 800m.

West Highlands - Looking Ahead

	Tuesday 3 March	Wednesday 4 March
How windy? (On the Munros) Effect of wind on you?	Variable direction 10-15mph or less. At first northwesterly 15-20mph near coast. Mostly small.	Southerly 25 to 40mph, strongest toward Mull but also very gusty around Ben Nevis range and downslope to north. Blustery over higher terrain, affecting comfortable walking and balance on exposed ridges. Considerable wind chill.
How wet? (Precipitation and its impact)	Precipitation unlikely	Damp air mostly south A little drizzle at times, mostly south-facing hills toward the Clyde sea lochs. Some fine drizzle elsewhere around cloud.
Cloud on the hills? Chance of cloud free Munros?	Mostly little Thin patchy cloud may occasionally drift over tops above 900m in western Lochaber, otherwise the hills largely clear. Some lower mist / cloud fragments at first. 80%	Most persistent south Cloud banks over southern areas Arran to Loch Lomond up to Mull and Glen Etive above 700m, may lift a little. Further north, bases higher, breaks to upper slopes. 30% south, to 60% north Lochaber.
Sunshine? Air clarity (below cloud)	Good amounts of sunshine, patchy cloud mostly west of Loch Linnhe. Visibility excellent.	Glimpses of sun most common toward Glen Spean, otherwise risk largely cloudy, rather hazy; good visibility inland Lochaber.
How Cold? (at 900m) Freezing Level	0C rising to +2C. 900m plus frost inland glens from dawn, rising to 1100-1200m afternoon.	1 or 2C. Directly in the wind feeling like -10C. Patchy frost in glens and sheltered higher areas from dawn, staying around freezing point above 1200-1300m.

Planning Outlook**All mountain areas of Britain from Tuesday, 3 March, 2026**

Varying conditions over the next couple of weeks as areas of high pressure build across the British Isles then slip eastwards. Some dry and bright days with light winds mixed with periods of strengthening southerly winds bringing occasional rain coming in from the west - Thursday this week sees rain move increasingly onto western hills. Temperatures will vary, often lifting just above freezing to higher tops, but occasionally dropping back below freezing - chillier air briefly later this week. Some frosts into valleys. Remaining old snow cover on Scottish mountains stays largely consolidated with little change, patchy around highest tops in England and Wales.

Forecast issued at 16:31 on Sunday, 1 March, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.