

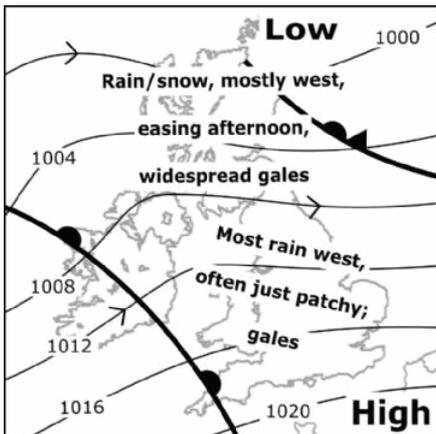
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Monday, 23 February, 2026



### British Mountain Summary:

**Based on forecast chart for noon 23 February, 2026**

Widespread gales, severe for several hours on higher terrain. Early showers from the west affect many hills, particularly Scotland where rain will be frequent; snow on high terrain. Rain slowly eases afternoon, then a warm front approaches Wales, bringing more rain and rising temperatures here, spreading widely overnight.

### Headline for West Highlands

Gales, severe for a time; early frequent rain, easing

## Detailed Forecast for Monday, 23 February, 2026

<b>How windy? (On the Munros)</b>	West to southwesterly, 45-50mph from dawn, strengthening and shifting westerly as midday approaches, speeds up to 60mph for several hours fairly widespread. Easing afternoon, reaching 25-30mph into evening, restrengthening later overnight.
<b>Effect of wind on you?</b>	<b>Difficult conditions widespread for several hours before and around midday with severe wind chill; crouching likely necessary for stability. Effects easing afternoon, but wind remains a nuisance.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Frequent heavy rain early, fading afternoon</b> Frequent showery precipitation overnight and through morning, at times heavy with hail and merging into more constant areas of rain; snow above 900m. Fading from late morning to lighter showers, only few patches by late afternoon. Rain returns overnight.
<b>Cloud on the hills?</b>	<b>Extensive early, improving, best inland</b> Fairly extensive early across high terrain, bases often down to 600-700m in rain or lower along the west coast. Tending to lift and break toward upper slopes afternoon, but may often cap highest tops. Lowering into evening.
<b>Chance of cloud free Munros?</b>	<b>30%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Occasional sun breaking through, best chance inland but high cloud soon thickens through afternoon. Poor visibility early in fog and rain, improving as rain eases, very good inland during dry periods.
<b>How Cold? (at 900m)</b>	1C from dawn, lifting to 2C through daylight, further rising a few degrees overnight. Feeling like -15 to -18C in strongest wind.
<b>Freezing Level</b>	1000 to 1100m, only a slight rise afternoon, then lifting from the south as evening approaches, to above the summits overnight.

## West Highlands - Looking Ahead

	<b>Tuesday 24 February</b>	<b>Wednesday 25 February</b>
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Southwesterly 35 to 50mph, the strongest wind coastal Lochaber and also gusty.  <b>Arduous walking over the mountains, difficult in places higher up. Significant wind chill despite milder air.</b>	South-southwesterly 20-30mph, notable gusts, not just high slopes. A risk of strengthening later though low confidence.  <b>Walking affected by inconvenient buffeting, at times strenuous in highest wind.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain/drizzle high slopes</b> Drizzle affects high slopes in cloud, particularly near the west coast, at times drifting inland too. With time, a greater risk of light rain west of Loch Linnhe. Wet underfoot where snow melts upper-mid slopes.	<b>Persistent rain</b> Rain affects most mountains nearly all day, persistent to nearly constant near the coast from Mull/Ben Nevis northward and with heavy falls. Some breaks further south, but these fleeting.
<b>Cloud on the hills?</b>	<b>Extensive, lowest south and coasts</b>  Shrouding the mountains widely, from lower slopes up coast & islands, 600-800m inland Lochaber, highest near Glen Spean/Creag Meagaidh.	<b>Extensive</b>  Cloud shrouds nearly all hills to the middle slopes, often to lower slopes, most persistently lower near the northern coastal areas. Some higher breaks possible towards Creag Meagaidh, but unlikely above 700m at best.
<b>Chance of cloud free Munros?</b>	<b>10%</b>	<b>10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Generally cloudy, murky many areas, poor visibility.	Overcast and dull. Very poor visibility in cloud and rain.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	3 to 5C. In exposure to wind, feeling like -8 to -10C.  Above all summits with thawing toward upper slopes.	5C; little change with added height. Feeling as cold as -5C in direct wind.  Above the summits.

**Planning Outlook****All mountain areas of Britain from Tuesday, 24 February, 2026**

West to southwesterly winds prevail during the week ahead as areas of low pressure move toward northwest Scotland ; regular rainfall here, most frequent and heavy over western mountains. Weak high pressure keeps the weather drier to the south and east early in the week. Sustained gales over the mountains, only brief lulls around mid-week. Temperatures rising into mid-week with freezing levels soon lifting off summits in England and Wales for substantial snow thaws . Some thawing in Scotland too. Later in the week, becoming more widely unsettled again with cooler temperatures, at times showery with hail, some snow on Scottish Munros. The final days of February favour colder northwesterly air and a drop of freezing level; a dry and bright spell is possible early weekend.

**Forecast issued at 16:28 on Sunday, 22 February, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.