

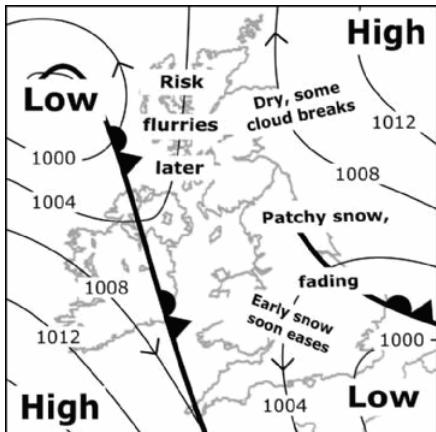
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 19 February, 2026



British Mountain Summary:

Based on forecast chart for noon 19 February, 2026

Most mountain terrain remains frozen. Gusty southeasterly wind with significant chill factor. Some snow flurries towards southwest of Highlands with low cloud banks, clearer northward. Light snow fading Peak District and Pennines, low cloud persists here. Generally dry Wales but increasingly windy.

Headline for West Highlands

Strong gusty wind. Cloud banks south, snow flurries later.

Detailed Forecast for Thursday, 19 February, 2026

How windy? (On the Munros)	Southeast turning southerly 25 to 35mph, speed tending to increase, in afternoon 40mph, soonest coastal hills, more widely up to dusk.
Effect of wind on you?	Blustery and increasingly significant wind chill over the mountains, walking becoming more challenging in afternoon in exposure.
How wet? (Precipitation and its impact)	Patchy coastal precipitation Patchy light snow affecting moving in from southwest at times, rain below 300-400m; occasional patches will spread further inland, more likely by late afternoon.
Cloud on the hills?	Fleeting caps on some summits The hills largely free of cloud in Lochaber well into day. Cloud banks drift onto tops from Arran to Mull and Loch Lomond NP, and fills in more widely on high terrain from southwest with time.
Chance of cloud free Munros?	80%, dropping to 50% north, 30% southern hills.
Sunshine? Air clarity (below cloud)	Sun mostly weakened by high cloud, tending to become cloudier. Very good visibility, some haze south.
How Cold? (at 900m)	-3 or -2C, locally variable and only little change with added height. Feeling like -15 to -18C in direct wind.
Freezing Level	300m but frosts in glens as well, lifting though spatially variable, 400-600m, likely highest coastal Lochaber.

West Highlands - Looking Ahead

	Friday 20 February	Saturday 21 February
How windy? (On the Munros)	Southwesterly 25-35mph, very soon rising near the coast, 45-55mph, spreading widely with a westerly shift; gusty.	Southwesterly 35 to 50mph; gales from overnight may briefly lessen, then tending to re-strengthen during the day.
Effect of wind on you?	Walking becoming challenging with significant wind chill on high terrain; maintaining stability a constant effort.	Expect arduous walking conditions over exposed high terrain most of day, perhaps a brief relative lull in morning.
How wet? (Precipitation and its impact)	Precipitation most of the day Persistent snow from before dawn, rain to low slopes at first. Tending to break into a showery regime with the rain level rising to high slopes; dry periods likely only short-lived.	Rain most of day, heavy at times Rain affects most places throughout the day, but for a few hours may be on and off, starting as sleet or wet snow on high tops, locally fading occasionally inland Lochaber. Likely to set in widely heavier.
Cloud on the hills?	Fairly extensive Cloud shrouds the mountains from middle slopes upward most of the day, often reaching the low slopes during rain. Some variability during cessations in rain, a chance of fleeting higher breaks.	Extensive Blanketing the mountains all day, from lower elevations upward toward the coasts and islands. Bases rarely above 600m inland, highest toward Loch Laggan.
Chance of cloud free Munros?	20%	Below 10%
Sunshine? Air clarity (below cloud)	Likely cloudy, a few bright moments here and there inland. Visibility often poor, but excellent during breaks in cloud and rain.	Overcast and dull. Visibility generally poor.
How Cold? (at 900m)	0 or -1C at and before dawn, soon rising, reaching +2C. Feeling like -13 to -15C in direct wind.	2C rising to 4C. Where exposed to stronger winds on tops, feeling like -10C.
Freezing Level	500-600m, though variable, some low frosts at dawn, but also higher thaws Skye; rising with time to 1000-1100m.	1100-1200m from dawn in Lochaber, rising above the highest summits.

Planning Outlook

All mountain areas of Britain from Friday, 20 February, 2026

Toward the weekend, a switch to southwesterly winds, bringing milder conditions - lifting above freezing to tops in England and Wales with substantial thawing, and generally higher freezing levels in Scotland; periods of thawing to Munro summits will occur but also further snowfall and refreezing on higher terrain during the day-to-day variability of precipitation and freezing levels onward into early next week. Often windy with periods of upland gales. Some spells of heavy rain over all western hills and low cloud frequently covering the hills.

Forecast issued at 16:29 on Wednesday, 18 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.