

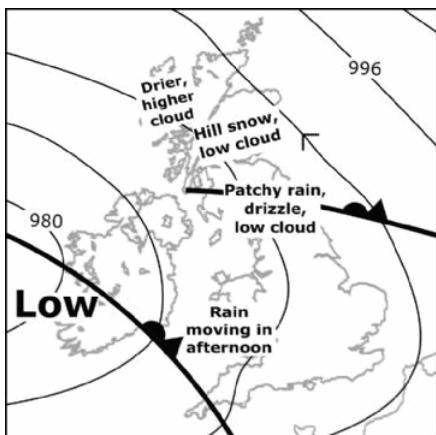
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 10 February, 2026



British Mountain Summary:

Based on forecast chart for noon 10 February, 2026

Windy and significant chill factor for the Highlands - murky and snow falling over the hills most persistent in eastern Scotland, rain below 600m. Better toward northwest, some cloud breaks toward coast. In northern England, lessening wind, patchy rain fading, low cloud rising higher. Drier until later for Wales.

Headline for West Highlands

Strong, gusty wind. Patchy hill snow, cloud breaks west.

Detailed Forecast for Tuesday, 10 February, 2026

How windy? (On the Munros)	Southeasterly 30 to 40mph.
Effect of wind on you?	Walking increasingly arduous with height: here and there sudden gusts reaching lower slopes northwest of major summits. Significant wind chill.
How wet? (Precipitation and its impact)	Rain and snow on and off Rain, drizzle or above about 700m snow, although toward the coast in Lochaber, the precipitation infrequent and amounting to little, here also mostly rain toward higher elevations.
Cloud on the hills?	Most mountains persistently foggy: base rising and breaking toward coast Persistent fog above 300 to 450m, most of region. Better conditions Mull and Lochaber, especially near and west of Loch Linnhe, cloud base typically 600 to 900m, but may break off some higher summits if only briefly.
Chance of cloud free Munros?	Almost nil, 10% westernmost areas.
Sunshine? Air clarity (below cloud)	Widely dull and murky. Toward the coast north from Mull mostly cloudy but often very good or excellent visibility, particularly west of Loch Linnhe.
How Cold? (at 900m)	0 or -1C, slightly higher on/near islands. Will feel near -12C directly in the wind.
Freezing Level	Between 800 to 1050m, lowest well inland, more variable up to some higher slopes near to the coast and on islands.

West Highlands - Looking Ahead

	Wednesday 11 February	Thursday 12 February
How windy? (On the Munros)	Easterly 30 to 40mph, may be slightly less for a time toward central belt.	East northeasterly 35-50mph.
Effect of wind on you?	Arduous or difficult walking and significant wind chill more northern ranges may spread south during day.	Conditions arduous, likely challenging in exposure with severe wind chill. Crouching may be needed for stability at times.
How wet? (Precipitation and its impact)	Rain and snow Frequent perhaps constant rain and snow for periods, although mostly rain below 450 to 800m - colder air extending south. Little precipitation in total near and west of Loch Linnhe.	Most snow early From dawn, snow affecting most inland hills, also affecting Mull and southward, falling as rain up to 500m in the morning. A breaking trend from the north, though spots of snow linger.
Cloud on the hills?	Extensive, but cloud base higher toward west Most hills persistently cloud covered above 500 to 750m. Western mountains may have higher cloud base, possibly for periods 800 to 1000m.	Improving from the north with time Shrouding most high terrain with patches to middle slopes from Mull/Ben Nevis area southward in the morning, the lowest bases in the south. A breaking trend from the north with time, becoming patches on higher summits.
Chance of cloud free Munros?	Less than 10%	30%, rising to 60% northern Munros
Sunshine? Air clarity (below cloud)	Little or no sun. Very poor or appalling visibility in snow, locally mostly very good in west.	Mostly cloudy to start, though sun breaking out from the north with time. Very poor visibility from dawn in snow, turning very good from the north.
How Cold? (at 900m)	+1 to -2C: tending to lower from north. Will feel as cold as -10 to -15C directly in the wind.	-3 or -4C, mildest southern islands, perhaps a degree warmer early. Feeling like -20 to -25C in strongest wind.
Freezing Level	Dropping from north to between 700 and 1100m.	400-600m, locally higher in the southern islands early, lowering with time.

Planning Outlook

All mountain areas of Britain from Wednesday, 11 February, 2026

Becoming colder for all areas during this week, with much mountain terrain frozen again to increasingly lower elevations - soonest toward the north and east of Scotland. East to northeasterly winds in the second half of the week, turning northerly toward the weekend - the distribution of snow showers shifting with time from eastern hills to more north-facing mountains, particularly Scotland. Away from showers later in the week, brighter than recently with sunshine and clearer hills.

Forecast issued at 16:07 on Monday, 9 February, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.