

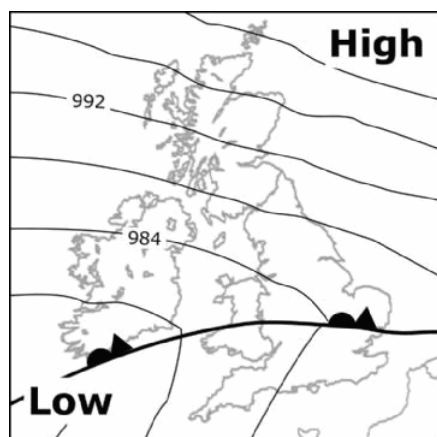
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 6 February, 2026



British Mountain Summary:

Based on forecast chart for noon 6 February, 2026

Widely very poor conditions on the hills: upland gales, and persistent fog and rain, or on higher areas (widely Scottish Highlands) snow. But western Scotland, mainly westernmost slopes, often dry with higher cloud base (sometimes clearing). Wales: some improvement from south during day.

Headline for West Highlands

Upland gales; snow flurries. Fog.

Detailed Forecast for Friday, 6 February, 2026

How windy? (On the Munros)	Easterly 40 to locally 55mph, powerful gusts around higher mountains and particularly downslope (west) of major ridges and summits.
Effect of wind on you?	Difficult mobility, particularly on high terrain, buffeting gusts knocking you off balance or over even on some lower slopes. Severe wind chill.
How wet? (Precipitation and its impact)	Snow mostly central Highlands Snow to the east will spill over to the central highlands, but often only flurries. Elsewhere, just the odd flurry, but substantially dry.
Cloud on the hills?	Blanket of fog most mountains - breaking up toward west coast Persistent cloud base 500 to 700m central highlands. Westward, cloud base rising to 800-1000m may sometimes or rarely clear summits toward the coast (including near Loch Linnhe).
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Largely dull and on eastern hills hazy (appalling visibility in snow). On western hills, particularly near the coast, sunshine, locally extensive and excellent visibility.
How Cold? (at 900m)	-4C north and east, to -2C, locally 0C toward west coast. Will feel as cold as -15 to -20C directly in the wind.
Freezing Level	450m tending to rise toward 600m, but locally as high as 900m near west coast.

All mountain areas of Britain from Saturday, 7 February, 2026

Overall little change in conditions over the coming week: the mountains extensively foggy, precipitation from time to time (although lower total rainfall in eastern Scotland and Wales than recently) and often strong southeast or easterly wind. However, a slight rise in temperature will result in thawing of lying snow from southern Scotland southwards and some thawing up to around 900, sometimes 1050m Scottish Highlands - although the chance of the return of low freezing level toward the middle of next week.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.