

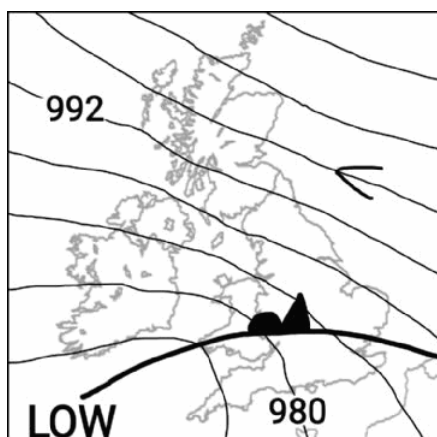
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



New SWIFT LT - Ultra-compact, featherweight lighting - USB-C rechargeable, rain resistant headlamp. 380 Lumens, perfect for lightweight adventures or as a reliable backup. Find out more at [petzl.com](https://www.petzl.com)

General Summary for Thursday, 5 February, 2026



British Mountain Summary:

Based on forecast chart for noon 5 February, 2026

Gale-force easterly winds, up to storm-force over the tops of the Highlands with severe wind chill; powerful gusts downslope into the glens. Further snowfalls over E & SE Highlands, sleet or rain lower down; low cloud and whiteout over hills. England and Wales: Rain and upland snow focused east Wales and into Pennines.

Headline for West Highlands

Stormy east winds, powerful gusts into glens. Flurries well inland. Best breaks west coast.

Detailed Forecast for Thursday, 5 February, 2026

How windy? (On the Munros)	Easterly 50 to 70mph, strongest sustained speeds toward the south, powerful gusts of 80mph or more around higher mountains. Strongest on and near Arran.
Effect of wind on you?	Difficult mobility, violent gusts may knock you over in places. Sudden ferocious gusts running downslope into some glens. Severe wind chill.
How wet? (Precipitation and its impact)	Snow flurries inland tops Snow flurries mostly higher areas inland south and east from Rannoch Moor, initially rain below 600-700m. Substantially or completely dry west coast.
Cloud on the hills?	Varied over inland tops, less west Cloud banks most persistent inland mountains across much of Loch Lomond NP to Arran, mostly above 800 to 1000m. Higher and more broken cloud westwards, frequently clearer hills west of Loch Linnhe.
Chance of cloud free Munros?	40%, but 70% west of Loch Linnhe.
Sunshine? Air clarity (below cloud)	Sunniest toward coast from Jura and Mull northward with very good visibility. More cloud well inland, hazier, locally poor visibility in precipitation.
How Cold? (at 900m)	-1 or -2C, dropping during day inland, but near coast just above 0C early in day. Wind chill feeling like -15 to -20C.
Freezing Level	800m, tending to drop to 600m later inland, but locally varied higher toward coast and on islands.

[illegible]

All mountain areas of Britain from Friday, 6 February, 2026

Cold east or southeasterly winds prevail, but less cold widely over the weekend as freezing level lifts somewhat from the south, rising just above freezing point in Scotland toward 1000m. Colder air then likely returns from east next week. Further snowfalls mostly over eastern hills in Scotland, occasionally hills in England & Wales, mixed with rain here. Indications of less precipitation and lower wind speeds for periods during next week. Highest cloud breaks west & northwest Scotland, where terrain will be very dry toward west coast.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.