

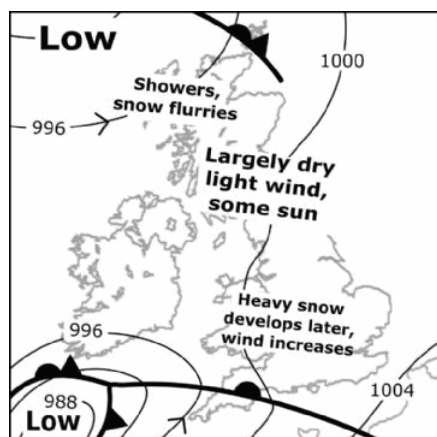
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 8 January, 2026



British Mountain Summary:

Based on forecast chart for noon 8 January, 2026

Fairly benign conditions, breezier in northern Scotland. Local snow flurries, patchy cloud and some sun. A developing system to the southwest moves into Wales with heavy snow setting in increasingly widely later, extending into the Peak District by evening, accompanied by gales.

Headline for West Highlands

Light-moderate wind. Local flurries, varied cloud.

Detailed Forecast for Thursday, 8 January, 2026

How windy? (On the Munros)	South or southwesterly, 10 to 20mph, strongest around Ben Nevis to Mull, in places 25mph in morning.
Effect of wind on you?	Fairly small, but noticeable chill factor and blustery around some northern tops in the morning.
How wet? (Precipitation and its impact)	Patchy light snow, showers coasts Occasional snow flurries, showers most common toward Mull, sleet or rain lower coastal slopes. Often dry well inland.
Cloud on the hills?	Varied to fairly extensive Cloud banks around upper slopes and corries, in places persistent to mid-slopes. Some mist lower down inland.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Mostly cloudy, some glimpses of sun. Visibility very good where dry, reducing in showers. Beware difficult navigation if in fog over snow cover on tops.
How Cold? (at 900m)	-3C, up to -1C nearest coast / on islands. Where exposed to wind, feeling nearer -10C, particularly Lochaber.
Freezing Level	Most terrain frozen and snow covered, some glens stay sub-zero. Just above freezing to 600-700m coasts & islands.

All mountain areas of Britain from Friday, 9 January, 2026

Terrain remaining widely frozen into the weekend, extensive deep snow cover for Highlands, less nearer the central belt. A fresh good covering for Wales and south Pennines from Thursday night too. Quiet weather for Saturday daytime. Then into Sunday, southerly winds strengthen to gales - as a frontal system approaches, snow then freezing rain is likely. A rise of freezing level from the southwest - some thawing develops, rising just above freezing toward higher slopes; more pronounced thawing in England and Wales to the tops. Uncertain patterns next week, colder air may return across Scotland, whilst further south often generally milder. Some further hill snow mainly in Scotland.

Forecast issued at 16:16 on Wednesday, 7 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.