

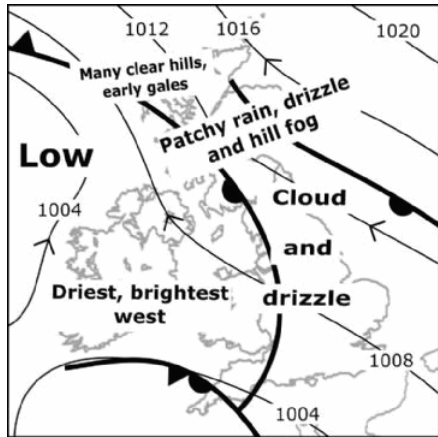
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 21 December, 2025



British Mountain Summary:  
Based on forecast chart for noon 21 December, 2025

A blustery, gusty morning in northern England and Scotland, gales for a time in northwest Scotland, tending to ease. Patchy rain from central Scotland down the spine of the Pennines eases into drizzle over the high tops, drizzle in east Wales too with extensive hill fog in these areas. Best of breaks west Wales and NW Highlands.

Headline for West Highlands  
Windy, risk gales early, easing; patchy rain and hill fog

Detailed Forecast for Sunday, 21 December, 2025

<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Southeasterly 35-40mph from dawn; strong gusts over tops and downslope, may reach 45mph, risk higher Mull/Lochaber early in the day. Easing as the day goes, 20-30mph by dusk.  <b>Blustery, turbulent airflow with sudden strong gusts running downslope and reversals in direction; expect considerable buffeting, stability challenges, and wind chill. Conditions improving with time.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patchy rain and summit snow</b> Rain arrives onto the southern islands around dawn and drifts over the Clyde sea loch and towards Loch Lomond/Glencoe; falling as snow on high ground. Patchier rain drifts up towards Mull/Lochaber too. Largely dry east Lochaber/Creag Meagaidh area.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Most extensive south, best breaks northwest coast</b> Cloud often shrouding the high terrain of central and southern Highlands, some higher breaks for a time but will tend to lower as rain arrives, bases down to 600-700m. Higher bases with some breaks are likely west of Loch Linnhe. Will fill in more extensively into night.  <b>30% south, up to 60% coastal Lochaber</b>
<b>Sunshine?</b> Air clarity (below cloud)	A little weak sun perhaps toward northwest coast. Otherwise cloudy. Visibility good, but poor in any rain or snow.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	1 or 2C, some slopes reaching 3C near Glencoe/Loch Lomond. Feeling closer to -10C in the wind.  Around 1000m, some local frosts in glens inland at dawn. Lifting, rising above the summits by dusk.

## West Highlands - Looking Ahead

	Monday 22 December	Tuesday 23 December
<b>How windy? (On the Munros)</b>	Southeasterly 30 to 40mph; gusty over the tops and downslope, strongest may reach 45mph.	West-southwesterly 10-20mph, may shift northerly afternoon.
<b>Effect of wind on you?</b>	<b>Fairly arduous conditions for several hours, sudden and strong gusts will challenge balance. Significant wind chill.</b>	<b>Fairly small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Morning rain, then drizzle south/west</b> Widespread rain before dawn lingers through morning, some local breaks inland Lochaber. Largely clearing to the northeast, but drizzly rain continues around the southern islands/Glencoe.	<b>Rain on and off</b> Periods of patchy rain for most mountains, likely more frequent on hills nearest the west coast.
<b>Cloud on the hills?</b>	<b>Fairly extensive, but breaks west coast</b>  Fairly extensive banks at varying heights in rain. As rain clears, very disorganised cloud banks, ragged patches clinging to forest canopies for a time, best chance of clear hills coastal Lochaber.	<b>Shrouding the tops with variable lower bases</b>  Fairly extensive over all high terrain, lower bases during rain, down to 400-600m near the coast much of the day, particularly Lochaber; some fog in the glens as well early in the day.
<b>Chance of cloud free Munros?</b>	<b>32%, rising to 50% northwest areas</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mainly overcast. Early rain and an increasing haze will limit visibility through the day.	Mostly cloudy. Good visibility but variable as rain comes and goes.
<b>How Cold? (at 900m)</b>	3 or 4C, but feeling closer to -10C where exposed to the strongest winds.	2 or 3C
<b>Freezing Level</b>	Above the summits	Above the summits, lowering to 1100m afternoon.

## Planning Outlook

**All mountain areas of Britain from Monday, 22 December, 2025**

Cloud and patchy rain lingers for a few more days early next week, then a slow change to drier and chiller weather into the Christmas period as high pressure builds to the north. Easterly winds will be dominant, the strongest winds in England and Wales. Cloud may be fairly sheet-like in the east sometimes, though variably more extensive or broken.

The coldest air will reach England and Wales on the easterly wind with freezing levels reaching as low as 400-600m in Wales, staying slightly warmer in northern Scotland with freezing levels nearer the high summits for a time under the core of high pressure.

**Forecast issued at 16:30 on Saturday, 20 December, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.