

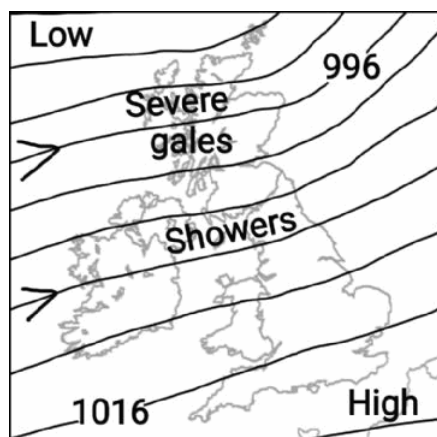
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 19 December, 2025



British Mountain Summary:

Based on forecast chart for noon 19 December, 2025

Southwesterly gales, severe across the Highlands, giving significant wind chill and showers. Showers frequent western Scotland, with snow falling down to 800m with hail and risk lightning. Scattered showers for England and Wales where hill fog confined to western tops.

Headline for West Highlands

Severe gales; significant wind chill. Frequent showers, snow tops. Risk thunder.

Detailed Forecast for Friday, 19 December, 2025

How windy? (On the Munros)	Southwesterly 50 to 70mph, may start to lessen a little later in south.
Effect of wind on you?	Difficult conditions over the mountains, frequent buffeting from modest elevations upward. Significant wind chill.
How wet? (Precipitation and its impact)	Frequent showers, hail, snow tops Showers merging into near constant precipitation in the morning over western hills, with hail, also falling as snow above 800m; risk lightning. Tending to become fewer and less intense showers afternoon.
Cloud on the hills?	Varied but often capping high tops Often shrouding higher terrain, cloud base constantly changing, bases 600 to 900m, brief lower patches coastal areas. Occasional breaks toward upper slopes.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Brief bursts of sun mainly well inland. Visibility intermittently very good, but at times very poor in precipitation.
How Cold? (at 900m)	0 to 1C, slight rise later. Feeling like -15C directly in the wind.
Freezing Level	900 to 1000m, may then rise a little to 1200m onward into the night.

All mountain areas of Britain from Saturday, 20 December, 2025

A switch to east-southeasterly winds by Sunday into early next week, some residual rain and high-level snow, but a drier and colder theme develops into the Christmas period and perhaps into the New Year, as high pressure builds to the north and northeast. An extensive cloud sheet will likely come in from the North Sea over many days with light snow showers or flurries likely, rain to lower slopes, but many areas dry. Best breaks in the west.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.