

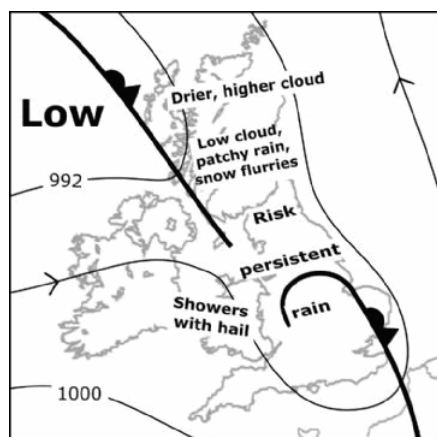
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 4 December, 2025



British Mountain Summary:

Based on forecast chart for noon 4 December, 2025

A complex weather situation with areas of frequent or persistent rain and hill snow, focused from the southern Highlands to northern England; often strong SE'ly winds. Further north in the Highlands, generally drier with higher cloud breaks. In Wales, becoming showery westerlies with risk of hail.

Headline for West Highlands

Strongest wind likely morning. Patchy rain, hill snow; low cloud.

Detailed Forecast for Thursday, 4 December, 2025

How windy? (On the Munros) Effect of wind on you?	Southeasterly, becoming variable or south-southwest near to coast, 30-40mph in morning, gusty in places around high tops and locally downslope to north for a time; tending to ease, may drop below 15-20mph afternoon. Likely increasing into night. Strenuous walking in exposure early in day, marked wind chill; some buffeting gusts around higher mountains. Generally improving, may become small, particularly near coast.
How wet? (Precipitation and its impact)	Areas of rain and upland snow Fairly persistent rain, snow above 800-900m, most widespread from Mull and Glencoe southward. A few patches drift north. Trending patchier more widely as the day goes on, though around Loch Lomond may remain damp.
Cloud on the hills? Chance of cloud free Munros?	Most persistent and lowest in south Fairly extensive in morning above 600-800m from Mull and Glencoe southward, lower bases near coasts. Higher bases Lochaber, a few local breaks north/west of Loch Linnhe. Some improvement south coast hills afternoon, but staying persistent inland into central highlands. 10% rising to 30% west & northwest.
Sunshine? Air clarity (below cloud)	Generally overcast, dull toward south. Visibility poor in rain/snow, may improve a little afternoon, better visibility mainly at low-mid levels in Lochaber.
How Cold? (at 900m) Freezing Level	0 or 1C, some variability, locally a degree or so higher western Lochaber. Feeling like -10C in strongest wind. 900-1000m, highest along the coast and some variability, may rise higher some slopes.

West Highlands - Looking Ahead

	Friday 5 December	Saturday 6 December
How windy? (On the Munros) Effect of wind on you?	Southerly, shifting southeasterly, 30-35mph. Rising to 45-55mph, strongest coast, further deteriorating into night. Comfortable walking affected from dawn, deteriorating first southwest then more widely into night. Significant wind chill.	South or southeasterly 15 to 25mph, gusty in places around some tops and high passes, but locally often less. Fairly small many areas, but risk sudden gusty spots around higher mountains.
How wet? (Precipitation and its impact)	Rain sets in widely afternoon Patchy morning sleet/snow drifts north and fades to only isolated pockets, if any. Rain (snow on high terrain) arrives to the southern islands afternoon, spreading widely and persistent into night; heaviest falls near Loch Lomond.	Patchy rain, mostly south Rain on and off, greatest risk Loch Lomond NP, may be often damp. Some showery rain coastal areas near Clyde. May be more often dry Ben Nevis group and out west toward Knoydart.
Cloud on the hills? Chance of cloud free Munros?	Southern coasts and near inland often shrouded Persistent cloud from middle slopes upward on coastal areas from Mull to Arran, as well as inland from Loch Lomond to Loch Lyon. More variable north, particularly Lochaber with some high breaks possible. Filling in more widely late into night. 40% Lochaber for a few hours, lowering to 20%	Covering many hills, lowest south Risk fairly extensive low cloud more southern areas all day, to mid-elevations or perhaps some lower slopes. Cloud base higher northward, but may often cover tops, some breaks west from Ben Nevis. 20%
Sunshine? Air clarity (below cloud)	No sun expected. Good visibility in northern areas at first, turning poor as cloud and rain set in.	Sun unlikely south, weak glimpses Lochaber, mainly in west. Misty particularly southern areas, better visibility further northwest, locally good.
How Cold? (at 900m) Freezing Level	Around 0C, slightly warmer southern islands. Will rise a few degrees in the overnight hours. Feeling like -15C in wind. Poorly defined, 600-800m though frost at lower elevations, including in glens. Rising overnight.	3C. Wind chill feeling like -5C if exposed to stronger speeds. 1300m.

Planning Outlook

All mountain areas of Britain from Friday, 5 December, 2025

Generally unsettled through the weekend and into next week with areas of low pressure circulating near to the British Isles. Temperatures often near to freezing point on higher Scottish mountains, at times on tops elsewhere, though some thawing will occur periodically even to high tops in the Highlands. A complex series of frontal systems bringing spells of rain and some upland snow, mixed with showers with hail mostly near western coasts. Wind speeds will also vary, often south to southwesterlies, at times reaching gale force on tops, but intermittent lulls.

Forecast issued at 16:25 on Wednesday, 3 December, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.