#### MOUNTAIN WEATHER INFORMATION SERVICE

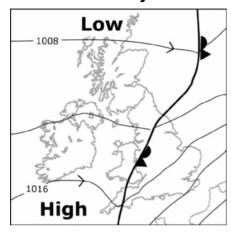
# **West Highlands**

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Saturday, 22 November, 2025



# British Mountain Summary: Based on forecast chart for noon 22 November, 2025

As less cold air penetrates the UK, only higher summits in Scotland will remain below freezing point. Nevertheless, much mountains terrain will remain frozen and icy. Rain and strong winds overnight will have eased to in Scotland and through the morning will clear Wales and N England.

#### **Headline for West Highlands**

Showery; mountains extensively foggy. Terrain mostly frozen.

# Detailed Forecast for Saturday, 22 November, 2025

How windy? (On the Munros)	Westerly 20 to 25mphs.  May tend to ease through the afternoon.	
Effect of wind on you?	Mostly fairly small, although particularly in the morning still considerable wind chill where exposed.	
How wet? (Precipitation and its	,	
impact)	Showers, sometimes frequent.  Fresh snow and hail lying above 900 or 1000m.	
Cloud on the hills?	Extensive - although well inland a few higher slopes may clear	
	Very varied; overall the mountains persistently foggy in some areas from just above valleys.	
	Nevertheless, particularly afternoon toward central highlands, breaks to higher slopes - locally above fog lower down.	
Chance of cloud free Munros?	10%	
Sunshine? Air clarity (below cloud)	Brief glimpses of sun mostly east. Visibility varied, areas of persistent fog, even on lower slopes, and poor in snow, but otherwise excellent.	
How Cold? (at 900m)	1C. Feeling like -7C directly in the wind.	
Freezing Level	1050m; but much terrain from valleys (particularly away from immediate west coast) largely frozen.	

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#### West Highlands - Looking Ahead

	Sunday 23 November	Monday 24 November
How windy? (On the Munros)	Easterly, speeds at present uncertain, but probably in the range 20 to 35mph.	Northerly, between 20 and 30mph.
Effect of wind on you?	Expect blustery conditions, perhaps considerable buffeting and wind chill over some mountains.	Will impede ease of walking across the hills, and near precipitation in gusty conditions, balance may be tricky.
How wet?	Rain or hill snow - frequent L. Lomond NP	Snow/hail showers, mainly Lochaber
(Precipitation and its impact)	Loch Lomond NP and Arran: Rain, or above 600-900m snow frequent, perhaps almost constant; risk whiteout. Further north: Little precipitation, particularly W Lochaber: Showers, or most likely central highlands rain on and off (snow above 600-900m).	Hail and above 400m snow showers, mainly Lochaber. Fewer showers southward - precipitation rare (only flurries) if any Loch Lomond NP and Arran.
Cloud on the hills?	Extensive; highest cloud base west across Lochaber	Extensively covering higher tops Lochaber; may clear elsewhere
	Persistent fog most mountains, widely above 500 to 700m, often lower Loch Lomond NP and Arran. North and west across Lochaber, most cloud near or perhaps above 900m, but patches nearer 500m, particularly central highlands.	Cloud base varying as showers coming and going: typically 900-1200m, lowest Lochaber, but shafts of cloud below 700m near precipitation. Cloud rare on summits south of Glencoe.
Chance of cloud free Munros?	10%	20% north to 70% south
Sunshine? Air clarity (below cloud)	A little weak sun mostly near and west of Loch Linnhe. Visibility very varied; areas of persistent fog, but in Lochaber out of cloud widely excellent.	Patches of bright sunshine, particularly south of Lochaber. Very poor visibility in snow, but otherwise, very good.
How Cold? (at 900m)	Around 0C. Will feel as cold as minus 10C directly in the wind.	-1C Will feel as cold as minus 10C directly in the wind.
Freezing Level	700 to 1050m; some lower areas may still be partly frozen.	700m.

## **Planning Outlook**

#### All mountain areas of Britain from Sunday, 23 November, 2025

Another brief burst of cold air on Monday and Tuesday will bring further snow to northern Scotland. By Wednesday, milder air together with rain and strong wind will be extending across Britain. Rain and strong wind will be frequent, particularly on western mountains for the remainder of the week. In Scotland temperatures on the Munros will sometimes be below freezing point, but fresh snow probably transient, whereas elsewhere, snow rare if any.

#### Forecast issued at 16:11 on Friday, 21 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.