

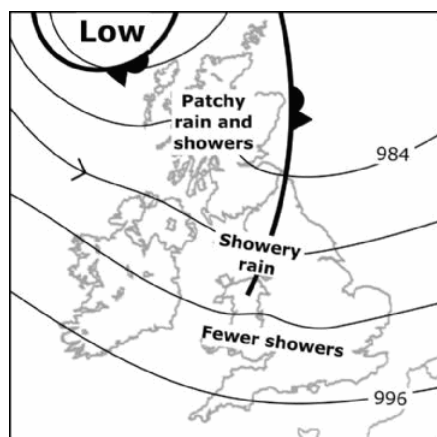
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



If you love Scotland's mountains, join Mountaineering Scotland
www.mountaineering.scot #ThinkWINTER

General Summary for Tuesday, 21 October, 2025



British Mountain Summary:

Based on forecast chart for noon 21 October, 2025

Patchy rain drifts east across the Highlands, breaking up into showers. Staying showery all day toward west coast, locally more frequent rain. Showery rain throughout the day for England and Wales, occasionally heavy. Low cloud most persistent west. Increasingly windy, feeling cold.

Headline for West Highlands

Wind strengthening. Rain fairly persistent, then showers; low cloud.

Detailed Forecast for Tuesday, 21 October, 2025

How windy? (On the Munros)	Southwesterly 15-25mph early morning, or less for a time well inland. Abrupt switch westerly and increasing, near coast in morning, then middle of day inland, 30-35mph, squally gusts possible 40mph high tops.
Effect of wind on you?	Fairly small at first, but blustery higher tops. Becoming more arduous over the hills with time, significant wind chill, soonest coastal areas.
How wet? (Precipitation and its impact)	Rain on and off, some showery bursts Areas of rain affecting the region all day, sometimes more persistent with heavier bursts, particularly hills nearer to the coast morning into middle of day. May break up a little into afternoon, but showers come and go.
Cloud on the hills?	Extensive, rising a little Shrouding the mountains widely in the morning, bases typically 600-700m, lower on some coastal slopes. Tending to rise a little in afternoon to be mostly above 800m, some higher breaks forming inland.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Largely cloudy, rare glimpses of sun mostly well inland. Visibility often reduced around rain, briefly good well inland.
How Cold? (at 900m)	5 or 6C, dropping through afternoon to 3C. Feeling like -5C in exposure to the wind, dropping toward -10C on higher tops.
Freezing Level	Above the summits, then dropping near to Ben Nevis top later in day, more widely to 1200-1300m into night.

West Highlands - Looking Ahead

	Wednesday 22 October	Thursday 23 October
How windy? (On the Munros) Effect of wind on you?	West or southwesterly 15 to 25mph, possibly 30mph at times high tops. Fairly small, but feeling blustery on exposed higher tops, may affect balance on some ridges. Marked wind chill.	Direction and speed may change rapidly, may be mostly W-SW'ly, 15-30mph, risk abruptly reaching 40-50mph. Beware of changing conditions, possibly difficult for several hours; prepare for significant wind chill over the mountains.
How wet? (Precipitation and its impact)	Local coastal showers Showers mostly brief, likely focused toward the west of Loch Linnhe, falling as sleet or snow flurries on higher Munros.	Rain / high-level snow may set in Showery rain, or falling as snow on higher Munros, possible hail - most frequent near coast and islands - may merge into constant precipitation, heavy at times, extending further inland during day.
Cloud on the hills? Chance of cloud free Munros?	Patchy cloud over tops Well broken cloud over higher slopes, mostly above 700-800m coastal areas, 900-1000m inland, with breaks toward higher summits. 50%	Often covering higher areas Cloud may vary, often capping high tops, most persistent toward coast, but shrouding mountains more extensively if precipitation is constant. 30%
Sunshine? Air clarity (below cloud)	Fairly cloudy, a little sun breaking through. Visibility excellent.	Largely cloudy. Visibility very good if dry, but often poor coasts, very poor if precipitation sets in.
How Cold? (at 900m) Freezing Level	2C. Feeling like -5C, nearer -8C high summits in the wind. 1200m or slightly higher.	2 or 3C. If wind speed increases, chill factor feeling near -10C. 1100 to 1200m.

Planning Outlook

All mountain areas of Britain from Wednesday, 22 October, 2025

A complex weather situation through midweek, with various centres of low pressure drifting around slowly. Areas of rain and showers, but also drier moments - Wednesday and possibly Thursday often dry in eastern Scotland and northern England - beware of a deterioration from the northwest during Thursday with gales and rain setting in. Significantly colder later in the week as winds turn northerly. Freezing level dropping to 800-1000m into the weekend, lowest in northern Scotland. A mix of sunshine and showers falling as snow on high terrain, most frequent in north-facing areas.

Forecast issued at 16:30 on Monday, 20 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.