

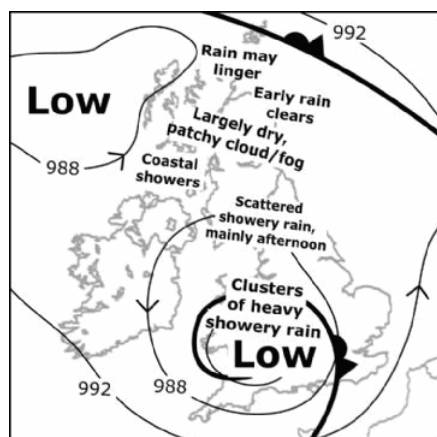
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 20 October, 2025



British Mountain Summary:

Based on forecast chart for noon 20 October, 2025

Much of the Highlands dry all day with light winds; varied banks of cloud will linger, on some lower slopes in morning. Overnight rain clearing may linger in far north. Local showers near west coast. Bursts of rain for Wales, more persistent south, extend increasingly into Peak District. Local showers possible N Eng/S Scot.

Headline for West Highlands

Mostly dry, patchy low cloud banks. Light wind.

Detailed Forecast for Monday, 20 October, 2025

How windy? (On the Munros)	Direction variable, mostly 10mph or less. Coastal areas southeasterly 15-20mph.
Effect of wind on you?	Mostly small
How wet? (Precipitation and its impact)	Largely dry, some coastal showers Substantially dry. An odd patch of drizzle locally in the morning. Some patchy showery rain near southern islands and coasts. Rain tends to push back inland tonight, fairly patchy.
Cloud on the hills?	Varied cloud banks, clearer areas Banks of cloud at various elevations from lower slopes upward from dawn, some slopes may be between cloud layers for a time. Tending to lift mostly above 800-1000m, substantial breaks may form.
Chance of cloud free Munros?	50%
Sunshine? Air clarity (below cloud)	Mix of cloud and sun. Patchy mist early in day, visibility then very good below cloud.
How Cold? (at 900m)	6C, little change all day.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Tuesday 21 October	Wednesday 22 October
How windy? (On the Munros) Effect of wind on you?	Variable 10-15mph or less for a time inland. Becoming W-SW'ly, increasing 20-35mph, soonest coastal areas. Varied - initially small, for longest inland, but expect increasingly blustery conditions to develop, risk more challenging.	West or southwesterly 15 to 25mph, possibly 30mph at times high tops. Fairly small, but feeling blustery on exposed higher tops, may affect balance on some ridges. Marked wind chill.
How wet? (Precipitation and its impact)	Coastal showers Showery rain may be frequent on coastal areas and the islands. Occasional showers drifting inland, fewer lighter showers further inland toward central highlands.	Local coastal showers Showers mostly brief, likely focused toward the west of Loch Linnhe, falling as sleet or snow flurries on higher Munros.
Cloud on the hills? Chance of cloud free Munros?	Patchy cloud at different levels Variable banks of cloud over the hills above 600-800m, or often 1000m well inland. Some fog possible inland glens, lower slopes and over lochs early morning. Local breaks to tops mostly inland. 30%	Patchy cloud over tops Well broken cloud over higher slopes, mostly above 700-800m coastal areas, 900-1000m inland, with breaks toward higher summits. 50%
Sunshine? Air clarity (below cloud)	Largely cloudy, brief glimpses of sun mainly well inland. Visibility very good away from rain.	Fairly cloudy, a little sun breaking through. Visibility excellent.
How Cold? (at 900m) Freezing Level	6C, lowering to 3C by dusk; some glens also cooler at first. Feeling below freezing where the wind increases. Above the summits, then dropping to 1200-1300m into the night.	2C. Feeling like -5C, nearer -8C high summits in the wind. 1200m or slightly higher.

Planning Outlook**All mountain areas of Britain from Tuesday, 21 October, 2025**

A mixed outlook this week as low pressure dominates with areas of rain and showers, which will vary locally day-to-day. Some windows of drier weather, particularly central parts of the Highlands. Wind speeds will also vary, some lulls, but abrupt spells of upland gales possible. Risk of heavier rain spreading from Wales into northern England and southern Scotland later Wednesday into Thursday. Significantly colder later in the week with northerly winds, dropping below freezing on higher mountains, with snow showers especially Scottish Munros.

Forecast issued at 8:01 on Monday, 20 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.