

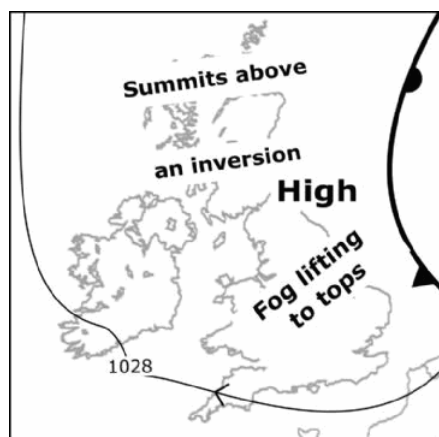
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 13 October, 2025



British Mountain Summary:

Based on forecast chart for noon 13 October, 2025

Inversion conditions widely across Scottish highlands. High tops of Lakeland and Snowdonia also likely above a cloud layer. Feeling quite warm in the autumn sunshine on summits above the cloud; valleys and glens starting cooler. Cloudier over Pennines and east Wales, most fog rising to high terrain with local breaks.

Headline for West Highlands

High summits above mid-level cloud; warm in sunshine

Detailed Forecast for Monday, 13 October, 2025

How windy? (On the Munros)	From dawn southerly 10-15mph, some 20mph gusts on high coastal slopes - lighter and more variable winds inland. Trending west-southwesterly.
Effect of wind on you?	Fairly small, some notable gusts from time to time on exposed terrain near the coast.
How wet? (Precipitation and its impact)	No rain
Cloud on the hills?	Broken cloud lifts to middle elevations Dawn fog in many glens, particularly near the coast and Trossachs with some patches up to middle slopes. Fog will lift and break, becoming banks between 600-800m, some thicker banks lingering around the southern islands and Loch Lomond. Higher terrain above cloud; inland areas may substantially clear by afternoon.
Chance of cloud free Munros?	90% (summits above cloud)
Sunshine? Air clarity (below cloud)	Mostly sunny above the cloud layer, some high cloud may weaken sun at times. Excellent visibility above the cloud layer, some low-level haze, particularly southern islands and near the Central Belt.
How Cold? (at 900m)	12C; glens starting much cooler inland. Feeling warm above the cloud layer where temperatures may rise several degrees.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Tuesday 14 October	Wednesday 15 October
How windy? (On the Munros)	Westerly or variable, 10mph or less, rare gusts 15-20mph.	Variable 10mph or less. Locally gusty at all elevations.
Effect of wind on you?	Small	Negligible
How wet? (Precipitation and its impact)	Rain unlikely Fine drizzle possible on some windward coastal slopes where within cloud banks.	No rain expected
Cloud on the hills?	Varied cloud banks, tops above inversion Cloud banks around some mid to upper slopes, most extensive toward coast, may persist all day. Also some fog around glens and lochs at first. Higher Munros inland likely above the cloud layer all day.	High tops above a patchy cloud layer At dawn, variable patchy cloud at multiple levels (including in the glens) though largely below 900m. Cloud base will lift with patches up to higher slopes though high tops above 1200m likely remain above cloud layer.
Chance of cloud free Munros?	70% (above top of a cloud layer)	70% (highest tops above cloud layer)
Sunshine? Air clarity (below cloud)	Lower areas particularly toward west largely cloudy with glimpses of sun, misty especially morning. Higher terrain likely sunny with very clear air above inversion.	Sunny on the highest tops in very clear air. Patchy sun below the cloud layer where some haze will linger.
How Cold? (at 900m) Freezing Level	8C, small variation from lower slopes upward in morning, whilst highest tops warmer than mid-heights all day. Above the summits. Possible slight frost inland glens at dawn.	6 to 8C, warmer on summits if above cloud. Also possibly warmer near coasts from Mull southward. Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 14 October, 2025**

High pressure resides over the country through the week, maintaining quiet weather. In the mornings, varied low cloud and morning fog is likely while inversion conditions likely to remain over highest mountains for several days. A haze will linger on low slopes below the inversion. During midweek the inversion starts to weaken as pressure begins to fall gradually; cloud will be well-broken for many and begin to lift to higher terrain. Light winds overall, an easterly breeze likely for Wales.

Uncertainty about the weather pattern development toward next weekend: some indication of strengthening winds bringing some rain, but may not reach all areas. Later October has hints of chillier northerly air, especially in Scotland.

Forecast issued at 16:01 on Sunday, 12 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.