

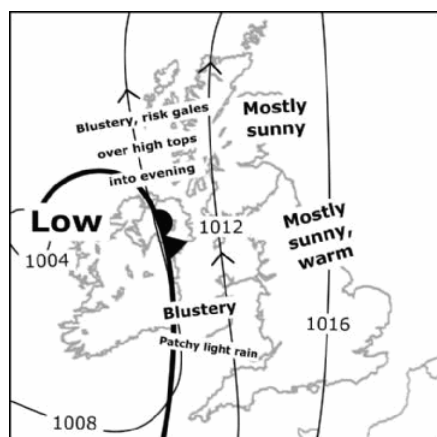
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Tuesday, 9 September, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 9 September, 2025

Windy near west coasts of Scotland and Wales, risk of gales over high tops later in the day; local cloud and light morning rain, then dry and largely clear. Some morning light rain and cloud for Lakeland too, also clearing. Mostly clear hills east Scotland though blustery. Mostly sunny and warm along the Pennines.

### Headline for West Highlands

Blustery, risk of gales later on western tops; some light coastal rain

## Detailed Forecast for Tuesday, 9 September, 2025

<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Southerly 20-30mph, strongest winds along the coast, nearer 35mph over summits. Rising towards 30-45mph afternoon, strongest along the coast and islands, reaching up to 55mph over tops into evening.  <b>Comfortable walking affected, notably near the coast, deteriorating to arduous conditions, requiring careful attention for balance. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Dry mainland, some patchy light rain on islands</b> Patchy drizzly rain affecting southern coastal slopes, most frequently around Arran, Islay, and Mull. Some local spots of showery rain may form for a few hours inland afternoon, amounting to little.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Breaks to some tops well inland, more persistent on islands</b> From dawn, local patchy fog in sheltered glens with variable banks on high terrain; most extensive from Arran to Mull and nearby inland tops. Bases tend to lift with breaks to tops, though cloud may be quite persistent on high terrain of islands and coastal mountains.  <b>Rising to 70% well inland, 40% islands</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchy sunshine in the morning, best inland. High cloud builds from the west, leaving only glimpses of sun. Very good visibility.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	8C from dawn, some locally cooler areas well inland under clear skies; rising towards 9C most areas. Feeling below freezing in strongest wind.  Above the summits

## West Highlands - Looking Ahead

	Wednesday 10 September	Thursday 11 September
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Southerly 40-50mph, strongest gusts over highest tops up to 60mph for a time. May ease into evening and shift SW'ly.  <b>Arduous walking likely all day. Gusts over tops may blow you over. Significant wind chill.</b>	Southwesterly 20-30mph, risk of much stronger peak speeds, especially over high tops - forecast uncertain.  <b>Comfortable walking impacted, though some risk of arduous or difficult conditions on exposed tops.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain becoming widespread</b> Rain on and off near the coast from dawn with patches increasingly forming inland, later setting in more widely from the south with local heavy spots - risk of thundery bursts late in the day.	<b>Showers, at times frequent and heavy</b> Often raining along the coast with heavy bursts coming and going. Showers developing inland. Periods of frequent, heavy showers may occur with risk of hail/thunder.
<b>Cloud on the hills?</b>	<b>Increasingly extensive</b>  Fairly extensive above 700-800m from dawn, a few breaks to higher inland terrain possible in the early hours; more extensive and lower along the coast. Becoming more widely extensive as rain sets in.	<b>Becoming extensive</b>  Fairly extensive along the coast from middle slopes up. More patchy at first well inland, with higher bases, possibly an odd break to some summits. Cloud sets in more widely as showers come and go.
<b>Chance of cloud free Munros?</b>	<b>Becoming 10%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Likely overcast. Good visibility out of rain, increasingly poor as rain and cloud sets in.	Some bursts of inland sun in the morning, though likely becoming mostly cloudy. Visibility often poor in rain.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	7 or 8C, may rise slightly on slopes toward central highlands. Feeling like -3C in strongest wind.  Above the summits	5 or 6C. Feeling like -5C in exposure, through risk much cooler.  Above the summits

## Planning Outlook

## All mountain areas of Britain from Wednesday, 10 September, 2025

Low pressure over the north Atlantic dominates the weather pattern for the week ahead, maintaining unsettled conditions. West to southwesterly winds prevail bringing frequent rain and cloud to western areas, regularly becoming more widespread as weather features come and go. Breaks may form with some bursts of sunshine, though likely short lived. Early indications suggest a deeper area of low pressure late weekend and early next week will bring widespread gales, possibly severe on highest terrain. Becoming more mixed after mid-month with longer periods of dry weather, but a persistent southwesterly regime will continue to draw unsettled spells of weather into Britain, notably in the north.

## Forecast issued at 16:15 on Monday, 8 September, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.