

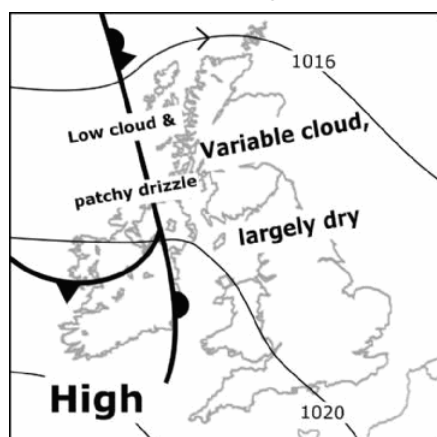
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 30 July, 2025



British Mountain Summary:

Based on forecast chart for noon 30 July, 2025

Generally cloudy conditions, covering some hill slopes in the morning, but breaking and lifting above many tops. Occasional sun breaking through, mainly in the east. In western Scotland, a weak front pushing in will lower the cloud over coastal hills and bring a little drizzle at times. Light winds overall.

Headline for West Highlands

Drizzle mostly coast, some cloud breaks. Light-moderate breeze.

Detailed Forecast for Wednesday, 30 July, 2025

How windy? (On the Munros)	Westerly 10 to 15mph, but may start northwesterly 20mph Arran and near Clyde sea lochs.
Effect of wind on you?	Mostly small
How wet? (Precipitation and its impact)	Occasional drizzle, mainly coast Local patches of drizzle mostly coastal areas at first, odd drizzly showers moving well inland in morning, largely fading out. Drizzle returning from west onto islands and near coast during afternoon, later in day a little drizzle further inland.
Cloud on the hills?	Extensive, rising for a time Shrouding the mountains widely early morning, cloud banks lower elevations upward. Into middle of day, lifting to 600-800m west, breaks higher well inland afternoon. Low cloud likely filling in and lowering again from west later.
Chance of cloud free Munros?	10% rising to 50% inland
Sunshine? Air clarity (below cloud)	Glimpses of sun develop. Misty start across hills, visibility becoming good below cloud, generally better afternoon inland.
How Cold? (at 900m)	9C, little change near coast and islands, rising to 12C well inland afternoon.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Thursday 31 July	Friday 1 August
How windy? (On the Munros)	Northwesterly 15 to 20mph, to 25mph at times higher summits and coastal areas.	Northwesterly 20 to 25mph, to 30mph for periods over higher summits.
Effect of wind on you?	Fairly small, in places more blustery, affecting balance over exposed tops and ridges in west. Feeling cool.	Starting to affect comfortable walking and balance on some higher exposed tops and ridges. Considerable wind chill.
How wet? (Precipitation and its impact)	Showery rain Patchy rain from dawn into early morning, then a scattering of showers, briefly heavier mainly inland areas afternoon.	Occasional showers Showers mostly near to the coast in the morning, some drifting further inland, mostly well scattered. Tending to fade.
Cloud on the hills?	Extensive, lifting to higher slopes Covering the mountains widely in early rain, to mid-slopes in the west. Bases rising as rain eases, some breaks forming to upper slopes, but often capping higher tops. Ragged patches lowering in showers.	Mostly higher tops, some breaks Banks of cloud drifting over hills above 800-1000m in morning, tending to lift mostly above 1000m. Breaks forming to higher slopes more often afternoon.
Chance of cloud free Munros?	30%	60%
Sunshine? Air clarity (below cloud)	Occasional sun breaking through afternoon. Visibility poor in rain, becoming very good when dry afternoon.	Patches of sun, most near coast in afternoon. Visibility very good.
How Cold? (at 900m) Freezing Level	8 to 10C. Feeling close to freezing in the wind on highest tops. Above the summits	6C rising to 8 or 9C. Feeling below freezing in wind, nearer -5C on higher tops Ben Nevis range. Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 31 July, 2025

Westerly winds prevail in the extended outlook, with occasional fronts moving through - western mountains often shrouded in cloud, periods of rain and drizzle. Some showery bursts of rain further eastwards, particularly Thursday-Friday this week, but often smaller amounts of rain toward easternmost hills, and cloud bases often higher with breaks to eastern summits. Moderate breezes, sometimes more blustery - early next week looks windier for a time. Temperatures near average, though rather cool in Scotland late this week and again early next week. Ridges of higher pressure will build occasionally from the southwest for better windows of weather, particularly England & Wales.

Forecast issued at 16:00 on Tuesday, 29 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.