

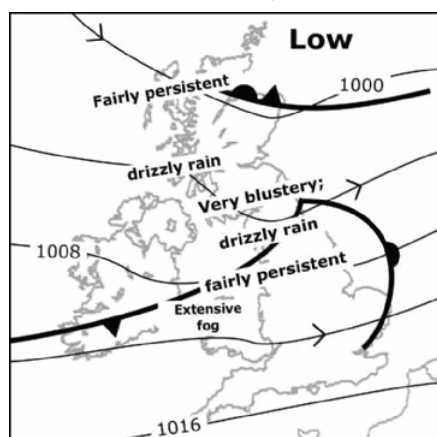
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 24 June, 2025



British Mountain Summary:

Based on forecast chart for noon 24 June, 2025

Frequent rain/drizzle onto most west coastal slopes, steadier rain for a time in the morning slipping east. High terrain mostly foggy, down to lower slopes in places along west coasts; best of breaks east Scotland and North Pennines. Blustery for most with risk of gales high terrain of England and north Wales.

Headline for West Highlands

Frequent rain/drizzle, often poor visibility; feeling chilly

Detailed Forecast for Tuesday, 24 June, 2025

How windy? (On the Munros)	Westerly 20 to 25mph, locally 30mph from Ben Cruachan southward. Risk up to 40mph over tops here morning and midday.
Effect of wind on you?	Breezy, starting to affect comfortable walking and balance on exposed ridges toward south. Stronger winds south in the morning will make walking strenuous. Marked wind chill.
How wet? (Precipitation and its impact)	Frequent showers and drizzle onto the coast, regularly slipping inland Rain and drizzly showers fairly persistent for much of the day, at times heavy over higher terrain. Breaking up into light showers, though coastal areas (north of Mull in particular) may remain often drizzly much of the day.
Cloud on the hills?	Fairly extensive Shrouding hills most or all day, from mid-to-lower slopes up along the coast and in rain. Bases may rise a little inland, some breaks to 800-900m around Creag Meagaidh.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Largely overcast, little or no sun. Visibility good below cloud inland, but often rather misty over hills, particularly coasts.
How Cold? (at 900m)	6C, a degree or so warmer Arran/Argyll and nearby inland areas. Feeling sub-zero on high tops in the wind.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Wednesday 25 June	Thursday 26 June
How windy? (On the Munros) Effect of wind on you?	Southwest then southerly, 15 to 20mph, occasional 25mph higher slopes in west. Fairly small, may feel noticeable on exposed ridges in west.	West-southwesterly 30-35mph most of the day. Shifting southwesterly into the evening and rising to 45mph, higher near the coast. Balance and stability often challenged, walking becoming arduous into evening. Significant wind chill.
How wet? (Precipitation and its impact)	Little or no rain during daytime Occasional drizzle, mainly coastal hills. Into the night, rain likely to develop from the southwest.	Substantially dry after dawn Patchy rain at dawn soon clears to the east. A few drizzly moments come and go on high tops of coastal slopes west of Loch Linnhe. Into evening, rain setting in again from the west, becoming persistent with heavy moments.
Cloud on the hills? Chance of cloud free Munros?	Fairly extensive, higher inland Often covering coastal mountains above 600 to 800m, most widely in the morning. Higher cloud bases further inland, but often capping tops above 900-1000m, tending to rise a little. Breaks to tops best toward/north of Glen Spean. 20% coasts, to 40% inland, 60% NE.	Soon breaking for regularly clear tops Fairly extensive over high terrain early, low bases along coastal slopes. Cloud soon breaks for regularly clear tops. Cloud caps will come and go over high terrain, most frequent near the coast. Cloud may begin rebuilding more widely as evening approaches. Becoming 80% well inland
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of sun mostly inland Lochaber. Visibility very good out of cloud.	Often sunny, notably on lower slopes after dawn. Excellent visibility.
How Cold? (at 900m) Freezing Level	6C, rising up to 10C inland afternoon. Above the summits	6 or 7C, slightly warmer at daybreak. Islands west of Loch Linnhe slightly cooler. Feeling as cold as -5C in strongest wind. Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 25 June, 2025

West to southwesterly winds prevail this week and a series of frontal systems come in from the Atlantic. Rain and drizzle most frequent in west with low cloud often covering hills, typically most extensive in Scotland. Higher cloud bases and drier further eastwards. Temperatures near average, or lower at times in Scotland. Often windy, risk of more extensive upland gales and some heavier rain as deeper areas of low pressure likely move in later in the week. Some indication of a brief settled spell into the weekend and rising temperatures, though northwest Scotland remaining at risk of frontal weather systems.

Forecast issued at 16:28 on Monday, 23 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.