#### MOUNTAIN WEATHER INFORMATION SERVICE

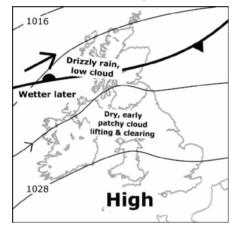
# **West Highlands**

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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# General Summary for Monday, 16 June, 2025



# British Mountain Summary: Based on forecast chart for noon 16 June, 2025

A front draped over the Highlands brings low cloud and drizzly rain to western areas, heavier rain pushing northwards in the afternoon. Southwesterly winds will strengthen later in Scotland, becoming gales on higher mountains by evening. Dry with sunny spells and cloud clearing the tops in England & Wales.

#### **Headline for West Highlands**

Wind strengthening to gales later. Rain & drizzle, setting in heavier.

# **Detailed Forecast for Monday, 16 June, 2025**

How windy? (On the Munros)	Southwesterly 25-30mph in morning, strengthening through afternoon to reach 35-40mph, up to 50mph coastal mountains particularly Mull, later more widely, by dusk risk 60mph at least in gusts.	
Effect of wind on you?	Expect increasing buffeting with height, affecting comfortable walking and balance where exposed on tops and ridges, becoming increasingly difficult later. Considerable wind chill.	
How wet? (Precipitation and its impact)	Drizzle, some steady rain  Generally damp with drizzle persistent many hills in morning, least amounts toward  Creag Meagaidh. Fading for a time, but then into afternoon more persistent steady rain	
ппрасту	moves in from southwest, lasting a few hours, mainly areas from Mull in to Lochaber.  Fading to drizzle again into evening. Least drizzle overall around Arran.	
Cloud on the hills?	Extensive low cloud	
	Shrouding the hills most likely all day above 500 to 700m, lower at times toward coasts and in more persistent rain. Higher bases inland east from Ben Nevis, at times above 800m. May rise late in day from south, soonest Arran.	
Chance of cloud free Munros?	10%	
Sunshine? Air clarity (below cloud)	Mostly cloudy, misty with poor visibility in rain. May improve a little later in day from south.	
How Cold? (at 900m)	7C rising to 9C. Will feel close to freezing point directly in the wind, sub-zero by evening.	
Freezing Level	Above the summits.	

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#### West Highlands - Looking Ahead

	Tuesday 17 June	Wednesday 18 June
How windy? (On the Munros)	Southwesterly 20 to 30mph, risk 35-40mph mainly early in the day around Ben Nevis range; may increase again by dusk.	West to southwesterly 25mph, occasionally 30-35mph on higher tops around Ben Nevis.
Effect of wind on you?	Blustery on higher terrain, affecting balance at times on exposed ridges. Noticeable wind chill.	Blustery over the mountains, may start to affect balance on exposed ridges. Feeling noticeably chilly.
How wet?	Early showers then drizzle fading	A little rain and drizzle
(Precipitation and its impact)	Rain from before dawn fading to leave showery rain for a few hours into morning, fading to become light and patchy, then more often dry by afternoon.	Amounts small, but occasional light rain or drizzle coming in from the Atlantic, mostly onto coastal hills areas near and west of Loch Linnhe.
Cloud on the hills?	Lifting, patches on tops	Low cloud likely to persist
	Fairly extensive above 800m from dawn, lower patches toward the coast. Bases rising above 1000m, with breaks forming to higher slopes increasingly inland; patches may come and go nearer to coast.	Shrouding many mountains most or all day, cloud bases 500 to 700m, lowest near to coasts, may rise a little during day, some breaks above 800m well inland. Cloud lowering widely if rain turns heavier.
Chance of cloud free Munros?	50%	30%
Sunshine? Air clarity (below cloud)	Glimpses of sun coming through. Visibility becoming very good.	Largely cloudy, hazy or misty especially coastal areas. Some glimpses of sun and visibility good inland below cloud.
How Cold? (at 900m)	6C, rising slightly into afternoon. Feeling sub-zero directly in the wind, nearer -5C early in day.	5C near coast and more widely in morning, to 7C well inland afternoon. Feeling like -5C in exposure to stronger wind.
Freezing Level	Above the summits	Above the summits

### **Planning Outlook**

# All mountain areas of Britain from Tuesday, 17 June, 2025

Humid southwesterly winds early this week brings low cloud and spells of drizzly rain to western hills. High pressure to the south will tend to expand northwards during midweek, with dry conditions and warm air for all regions, sunshine and fair-weather cloud. Winds becoming light south to southeasterlies later in the week. Uncertainty by next weekend into early the following week, a risk of some rain or showers returning as pressure tends to fall.

#### Forecast issued at 16:00 on Sunday, 15 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.