MOUNTAIN WEATHER INFORMATION SERVICE

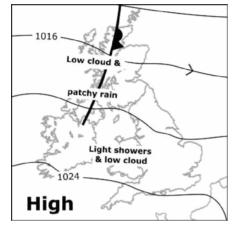
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



If you love Scotland's mountains, join Mountaineering Scotland www.mountaineering.scot #ThinkWINTER

General Summary for Sunday, 15 June, 2025



British Mountain Summary: Based on forecast chart for noon 15 June, 2025

Westerly breezes bring extensive cloud to western hills and mountains, with intermittent drizzly rain or light showers, most persistent western Scotland. Further inland and eastwards, the cloud bases higher and more often dry through the day.

Headline for West Highlands

Breezy, rather cool. Low cloud and drizzly rain or showers.

Detailed Forecast for Sunday, 15 June, 2025

How windy? (On the Munros)	West to southwesterly, 20 to 25mph. Strengthening into night to 35mph.		
Effect of wind on you?	Fairly small, but feeling blustery where exposed on tops and some ridges.		
How wet? (Precipitation and its	Drizzly rain much of day		
impact)	Drizzly rain on and off, though persistently damp most or all day within 10 miles of so of the general lie of the west coast (including near Loch Linnhe) and Loch Etive; fading a little toward evening. Drizzly showers extending increasingly inland.		
Cloud on the hills?	Mostly extensive; very low cloud base near the coast		
	Within 10 miles of so of the general lie of the west coast: cloud base sometimes lower than 300m coastal slopes and rarely above 500m at all. Further inland; cloud base may vary, but often extensive above 600-800m, lowest during drizzle.		
Chance of cloud free Munros?	10%		
Sunshine? Air clarity (below cloud)	Mostly overcast. Often misty near the coast, and where drizzly; good visibility at times well inland below cloud.		
How Cold? (at 900m)	6 to 9C - coldest coastal hills. In the breeze, feeling close to freezing.		
Freezing Level	Above the summits.		

MOUNTAIN WEATHER INFORMATION SERVICE

West Highlands - Looking Ahead

	Monday 16 June	Tuesday 17 June
How windy? (On the Munros) Effect of wind on you?	Southwesterly 25-30mph, occasional 35mph higher summits, more widely strengthening late in day to 40mph. Expect increasing buffeting with height, with considerable wind chill where exposed; deteriorating later in	Southwesterly 25 to 30mph, risk 35-40mph mainly early in the day around Ben Nevis range. Strenuous walking conditions on higher terrain, affecting balance at times on exposed ridges. Noticeable wind chill.
	day.	
How wet?	Small amounts of rain	Early showers fading
(Precipitation and its impact)	A few brief showers, areas of drizzly rain for a time in the morning, fading. Later in day, some areas of patchy rain returning from the southwest, heavier and more widespread into night.	Showery rain mostly early morning, risk more persistent at first, fading to leave just isolated light showers.
Cloud on the hills?	Persistent near coast; cloud base rising to higher tops well inland	Lifting, patches on tops
	Near the coast north from Jura: Hills foggy all day, the cloud base typically 400m. Elsewhere: cloud base rising to 800 to 1050m, highest well inland, some breaks for a time in afternoon.	Fairly extensive above 800m from dawn, lower patches toward the coast. Bases rising above 1000m, with breaks forming to higher slopes increasingly inland; patches may come and go nearer to coast.
Chance of cloud free Munros?	30%	50%
Sunshine? Air clarity (below cloud)	Patches of sunshine and very good visibility; but sun rare and hazy near the coast (north from Jura).	Glimpses of sun coming through. Visibility becoming very good.
How Cold? (at 900m)	7 to 11C, warmest well inland afternoon. Will feel close to freezing point directly in the wind.	6C. Feeling sub-zero directly in the wind, nearer -5C early in day.
		Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 16 June, 2025

Little rainfall most of the week ahead and increasingly warm, although western Scotland cooler with occasional rain as weakening fronts affect particularly the NW Highlands early week. By midweek, fine for a few days everywhere. Lowering pressure by next weekend brings a risk of showery rain returning with cooler temperatures, although detail very uncertain by this stage.

Forecast issued at 7:00 on Sunday, 15 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.